
Connecticut's Integrated HIV Prevention and Care Plan

2017 - 2021



September 2016

State of Connecticut Department of Public Health, TB, HIV, STD, & Viral Hepatitis Program
410 Capitol Avenue, PO Box 340308, Hartford, CT 06134 | www.ct.gov/dph

ACKNOWLEDGEMENTS

The Connecticut HIV Planning Consortium (CHPC) appreciates the enduring support and commitment from the Connecticut Department of Public Health (DPH). Several DPH staff members provided significant, steadfast assistance to the CHPC, its committees, and its activities to push and facilitate statewide planning efforts, chief among whom include:

Laura Aponte	Heidi Jenkins
Marianne Buchelli	Andrea Lombard
Gina D'Angelo	Michael Ostapoff
Pamela Foster	Ramon Rodriguez-Santana
Deborah Gosselin	Suzanne Speers

The Department of Public Health extends great appreciation to the following parties:

- The **CHPC co-chairs** and **CHPC committee co-chairs** for the ongoing leadership and dedication that promotes effective dialogue among and between diverse stakeholders and facilitates meaningful partnerships and collaboration at the statewide, regional and local levels.
- The **CHPC members** whose diverse voices represent the many perspectives of truth associated with HIV.
- **Cross Sector Consulting, LLP**, the contractor that provides planning support to the Connecticut Department of Public Health and the Connecticut HIV Planning Consortium.

The Department of Public Health and the CHPC members extend great thanks to all of the appreciated partners and members of the public who have attended meetings, shared their perspectives and experiences, and/or assisted in the completion of statewide HIV prevention and care planning tasks, and who may also play a critical role during Plan implementation between 2017 and 2021.

For additional information, please contact:

Gina D'Angelo

HIV Prevention Health Program Associate
TB, HIV, STD, & Viral Hepatitis Program
Department of Public Health
410 Capitol Avenue MS #11 APV
Hartford, CT 06134-0308
860.509.8130
e-mail: Gina.Dangelo@ct.gov

LETTER FROM DPH COMMISSIONER, DR. RAUL PINO

STATE OF CONNECTICUT
DEPARTMENT OF PUBLIC HEALTH



Raul Pino, M.D., M.P.H.
Commissioner

Dannel P. Malloy
Governor
Nancy Wyman
Lt. Governor

TB, HIV, STD & Viral Hepatitis Program

September 30, 2016

Dear Public Health Partner:

I am proud to present Connecticut's 2017-2021 Integrated HIV Prevention and Care Plan. This Plan represents the steadfast commitment of the Connecticut HIV Planning Consortium (CHPC) to end the HIV epidemic. I attest that this plan captures contributions from countless stakeholders, resource partners, and agency staff members. Most importantly it includes input from people living with and affected by HIV in Connecticut.

The CHPC held a business meeting on August 17, 2016, attended by roughly 70 stakeholders. Prior to the CHPC members' vote to unanimously approve this plan, we discussed challenges related to funding, outreach, and engagement, and addressed disruptions caused by healthcare system changes, among other topics. We also spoke about opportunities associated with ending the HIV epidemic and the emergence of revolutionary developments: A cure for hepatitis C; pre-exposure prophylaxis (PrEP) to prevent the chance of HIV transmission for high risk individuals; and medication regimens for Persons Living with HIV (PLWH) that help them celebrate birthdays 30 plus years after their initial diagnosis.

I challenged the CHPC to set aspirational goals, particularly with respect to reducing health disparities. I emphasized the need to rekindle the fire across all stakeholders to end this epidemic. To that end, I formally announced the commitment by the Department of Public Health to launch a statewide campaign to end the HIV epidemic in Connecticut. This plan will play a pivotal role in accomplishing that goal.

We hold the knowledge, skills and ability to dramatically reduce the number of new HIV cases through targeted outreach and prevention efforts. We operate models that connect individuals to care and help them achieve viral suppression on a statewide level. Together, we can strengthen efforts, build capacity, leverage resources, and ultimately eliminate HIV in Connecticut. This plan provides an effective road map to help us reach our goals which mirror the goals of the National HIV/AIDS Strategy as well as the goals in our State Health Improvement Plan.

Sincerely,

A handwritten signature in blue ink that reads "Raul Pino".

Raul Pino, M.D., M.P.H.
Commissioner



Phone: (860) 509-7801 • Fax: (860) 509-7853
410 Capitol Avenue, P.O. Box 340308
Hartford, Connecticut 06134-0308
www.ct.gov/dph

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EXECUTIVE SUMMARY

Since 1981, over 20,000 HIV cases have been reported in Connecticut. Despite a swift response to the epidemic, its impact remains strong. As of December 2014, 10,727 people were living with HIV in Connecticut based on diagnosis. However, its burden is disproportionate: of all known HIV cases in Connecticut, 66% are Black or Hispanic individuals (groups which, when combined, represent 23% of the state’s population). HIV burden is geographically skewed, as well; though it has impacted almost the entire state, in 2014, 43% of all Connecticut PLWH lived in one of three major cities. Between 2010 and 2014, 1,658 HIV disease cases were newly diagnosed and reported; of these, 31% AIDS criteria at diagnosis, representing an alarmingly high “late tester” population.

Over the past seven years, the Connecticut Department of Public Health (DPH) relied on its partnership with the Connecticut HIV Planning Consortium (CHPC) to develop and update Connecticut’s Statewide Integrated HIV Prevention and Care Plan. The CHPC represents diverse partners and stakeholders, including Persons Living with HIV (PLWH), committed to a coordinated statewide prevention and care system. The CHPC will begin 2017 with 35 members. See page 9 for more membership data; a demographic breakdown exists in the Appendix.

Connecticut applied an integrated approach long before federal requirements were in place: planning efforts have included both prevention and care perspectives since 2008 with the creation of its first Integrated Plan.

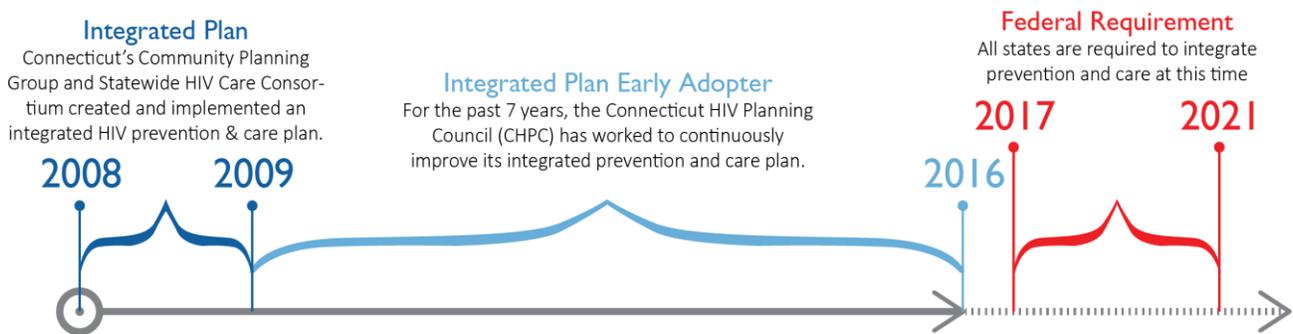


Figure 1. Timeline of Major Milestones in Connecticut’s Planning Process

The CHPC’s planning process complied with federal guidelines and best public health planning practices. The process included reviewing epidemiological data, existing HIV prevention and care services, policies, and PLWH needs assessments. The CHPC annually “updates” the Plan by refreshing data sets, documenting resource and policy changes, and reviewing progress; members review the update and conduct a vote of support for the Plan.

At the August 17, 2016 CHPC meeting, 24 members voted unanimously for concurrence of the Plan. The DPH and the diverse organizations receiving federal and state HIV prevention and care funding will utilize this document as a reference point for service delivery system improvement, and the CHPC will conduct annual updates.

The mission of this Plan is to create a coordinated statewide prevention and care system in which the rate of new HIV infections is reduced, and those who are living with and affected by HIV/AIDS are connected to appropriate care and support services. The Plan aligns with the National HIV/AIDS Strategy and positions the state to achieve the goals and objectives identified in Healthy People 2020 as well as requirements associated with the Affordable Care Act (ACA). Page 6 contains a summary of Connecticut’s 2017 to 2021 Goals and Objectives. Page 7 contains a summary of Connecticut’s Statewide Progress Indicators.

Connecticut's 2017 to 2021 Goals and Objectives

GOAL 1. Reduce New Infections	
Objective 1.1	Decrease the number of new infections by 25%, from 291 in 2014 to 218 in 2021.
<i>Focus Area A</i>	Strengthen statewide communication platform to deliver prevention and health promotion messaging
<i>Focus Area B</i>	Increase access to PrEP and n-PEP
<i>Focus Area C</i>	Promote "Treatment as Prevention"
Objective 1.2	Increase number of people being tested through CT funded initiatives (Routine testing, Outreach Testing & Linkage or OTL) from 13,579 in 2014 to 15,000 in 2021.
<i>Focus Area A</i>	Improve evidence-based HIV outreach, testing and linkage services
<i>Focus Area B</i>	Increase access to clean needles and syringe exchange services

GOAL 2. Increase access to care and improve health outcomes for PLWH	
Objective 2.1	Increase linkage to HIV care for newly diagnosed persons (aged 13+) from 91% in 2014 to 95% in 2021.
<i>Focus Area A</i>	Promote and facilitate access to healthcare (<i>high risk populations & PLWH</i>)
<i>Focus Area B</i>	Strengthen access to care initiatives, including re-engagement in care, for PLWH and priority populations
Objective 2.2	Increase viral load suppression among persons in HIV medical care from 86% in 2014 to 90% in 2021.
<i>Focus Area A</i>	Optimize and Increase Resources Available to Impact PLWH
<i>Focus Area B</i>	Strengthen Connecticut AIDS Drug Assistance Program
<i>Focus Area C</i>	Strengthen capacity to implement quality improvement initiatives (<i>PLWH in-care and to increase retention in care</i>)

GOAL 3. Reduce HIV-related disparities and health inequities	
Objective 3.1	Reduce new HIV diagnoses by 15% by 2021 in the following groups: men who have sex with men (MSM), and Black/African-American/Latino men and women.
<i>Focus Area A</i>	Analyze data sets by income, race/ethnicity and factors relevant to social determinants of health
<i>Focus Area B</i>	Introduce and scale effective Evidence Based Strategies to reach high priority populations
<i>Focus Area C</i>	Increase HIV workforce competencies and cultural and linguistic capacity to serve priority populations
Objective 3.2	Increase involvement in social justice initiatives and partnerships that reduce viral loads to the point of suppression (objective 2.2.) and reduce health disparities in new diagnoses (objective 3.1).
<i>Focus Area A</i>	Partner in a statewide campaign to end HIV
<i>Focus Area B</i>	Partner in core medical / healthcare service delivery initiatives that impacts health equity
<i>Focus Area C</i>	Partner in supportive service initiatives that impact health equity

GOAL 4. Achieve a more coordinated statewide response to the HIV epidemic	
Objective 4.1	Build capacity of Connecticut HIV Planning Consortium to develop and advance statewide planning efforts as well as to diffuse and sustain effective models.
<i>Focus Area A</i>	Increase organizational effectiveness of CHPC to conduct planning, coordination and stakeholder engagement
<i>Focus Area B</i>	Enhance communications and information sharing across CHPC stakeholders
<i>Focus Area C</i>	Increase HIV workforce competencies and cultural and linguistic capacity to serve priority populations
Objective 4.2	Increase capacity of HIV stakeholders and partners to implement the Statewide HIV Plan.
<i>Focus Area A</i>	Improve integration of Program Collaboration Services Integration model (PCSI)
<i>Focus Area B</i>	Establish HIV Funders Leadership Group
<i>Focus Area C</i>	Review and monitor progress of Plan

Connecticut Statewide Progress Indicators

Indicator 1	HIV Positivity Rate (Biological): Number of newly diagnosed (dx) in the 12-month calendar year per 100,000 people. 2021 Goal: 276 newly diagnosed (Baseline: 350 in 2011, 295 in 2012)
Indicator 2	Seropositivity Rate (Service/Access): Number of OTL and ETI HIV positive tests in the 12-month calendar year. 2015 Goal: 0.2% ETI; 0.3% OTL (Baseline: 0.19% ETI, 0.26% OTL (2013); 0.13% ETI, 0.26% OTL (2014))
Indicator 3	Viral Load Suppression Among Persons in HIV Medical Care: Number of persons with an HIV diagnosis with a viral load <200 copies/ml at last test in the 12-month calendar year. 2021 Goal: 90% (Baseline: 80% 2012, 84% 2013)
Indicator 4	Linkage to HIV Care (Biological): Number of persons who attended a routine HIV medical care visit within 3 months of HIV diagnosis. 2021 Goal: 95% (Baseline: 86.4% 2011, 87.3% 2012, 89% 2013)
Indicator 5	Retention in HIV Medical Care (Service/Access): Number of patients who had at least one HIV medical visit in each 6-month period of the 24-month measurement period with a minimum of 60 days between first medical visit in the prior 6-month period and the last medical visit in the subsequent 6-month period. 2015 Goal: 65% (Baseline: 64% 2011-2012, 67% 2012-2013)
Indicator 6	Late HIV Diagnoses (Late Testers) (Biological): Number of people who had their first HIV positive test less than 3 months before receiving AIDS diagnosis. 2015 Goal: 35% (Baseline: 40% 2012, 34% 2013)
Indicator 7	Antiretroviral Therapy (ART) Among Persons in HIV Medical Care (Service/Access): Number of persons with HIV diagnosis who are prescribed ART in the 12-month calendar year. 2015 Goal: 95% (Baseline: 91% 2012, 97% 2013)
Indicator 8	Partner Services (Service/Access): Number of newly diagnosed interviewed (i.e., linked) by Partner Services. 2015 Goal: 95% (Baseline: 90% 2013)
Indicator 9	Housing Status (Service/Access): Number of persons with an HIV diagnosis who were stably housed in the 12-month calendar year. 2015 Goal: 80% (Baseline: 76% 2012, 82% in 2013)
Indicator 10	Syringe Services Program (SSP) (Service/Access): 10a: Number of SSP clients served: (Baseline: 2,500 [YR 2014]) 10b: Number of syringes collected: (Baseline: 250,000 [YR 2014]) 10c: Number of syringes distributed: (Baseline: 251,000 [YR 2014]) Goal: To be determined
Indicator 11	Disparities in New HIV Diagnoses: Number of newly diagnosed (dx) in the 12-month calendar year for each of the following groups: Men who have sex with men (MSM), Black/African American men and women. Goal: Reduce disparities in the rate of diagnoses by 5%.



THE CONNECTICUT HIV PLANNING CONSORTIUM (CHPC)

What is the CHPC?

- ◆ *Primary planning vehicle for statewide HIV prevention and care planning*
- ◆ *Convenes diverse stakeholders, including persons living with HIV (PLWH), for the specific purpose of creating a coordinated statewide prevention and care system*

Who comprises the CHPC?

- ◆ *In January 2016, CHPC membership included:*
 - *15 PLWHA and 18 providers*
 - *14 Female members and 18 male*
 - *66% minority membership (Black/Hispanic/Latino)*

What does the CHPC do?

- ◆ *The CHPC works toward creating a coordinated statewide prevention and care system in which the rate of new infections is reduced, and those living with and affected by HIV can access appropriate services.*
- ◆ *The CHPC's two committees are responsible for **setting goals, assessing data, recruiting new members, producing newsletters, designing survey tools, and other planning tasks.***

THE CONNECTICUT HIV PLANNING CONSORTIUM (CHPC)

Why I Joined the CHPC

By Priscilla Pitts



A couple of years ago, I heard about this group called the Connecticut HIV Planning Consortium (CHPC) from Ronald Lee. I wanted to become a CHPC member because I have been HIV positive since 1992 and I wanted to learn more about my disease and my future.

When I started coming to CHPC meetings, there was a lot of information. Even after a year as a member, I am still learning and catching on. But everyone supports me and makes it easy to ask questions. And I enjoy the company and support everyone gives.

Now that I am in my second year as a member, I wanted to help a new member with things they don't understand. So, I volunteered to be a mentor to one of the new members. It feels good to give back. It also feels good to be part of a group that makes HIV care and prevention services better for everyone in Connecticut.

In my situation, the CHPC has made a great difference in my life and helped me change my way of life. I am taking all of my medications now, and I have learned to turn everything over in a good way. My family is sticking behind me in every way possible. I try my best to help people out in this kind of way.

Connecticut's Statewide HIV Planning Body



The Connecticut Department of Public Health (DPH) recognizes the Connecticut HIV Planning Consortium (CHPC) as its primary planning vehicle for statewide HIV prevention and care planning. The CHPC convenes diverse stakeholders, including persons living with HIV (PLWH), for the specific purpose of creating a coordinated statewide prevention and care system. A CHPC Charter informs the consortium structure.

Mission and Values. The CHPC exists to create

a coordinated statewide prevention and care system in which the rate of new infections is reduced, and those living with and affected by HIV can access appropriate services.

The CHPC values inclusion, representation and parity of community representatives. The CHPC reflects these values in its diverse membership; **Figure 2** illustrates the diversity of the CHPC according to its January 2016 membership. The appendix contains a comprehensive diversity grid of CHPC members.

Figure 3 (page 10) shows the CHPC organizational chart. The CHPC receives planning and technical assistance from numerous Department of Public Health staff members affiliated with the TB, HIV, STD and Viral Hepatitis Section. Three units in particular deliver mission critical support for the CHPC: the HIV Prevention Unit; the Health Care and Support Services Unit, and the HIV/AIDS Surveillance Unit. See *“Relationship to the Connecticut Department of Public Health”* (page 81) for more information.

Figure 2. Diversity of CHPC Membership

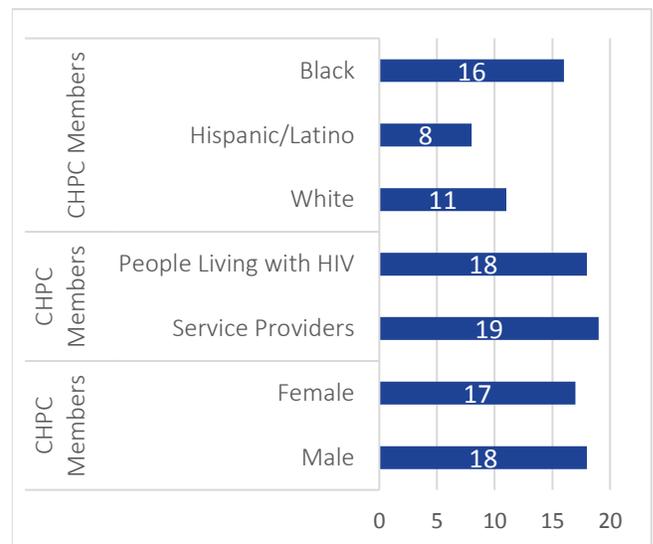
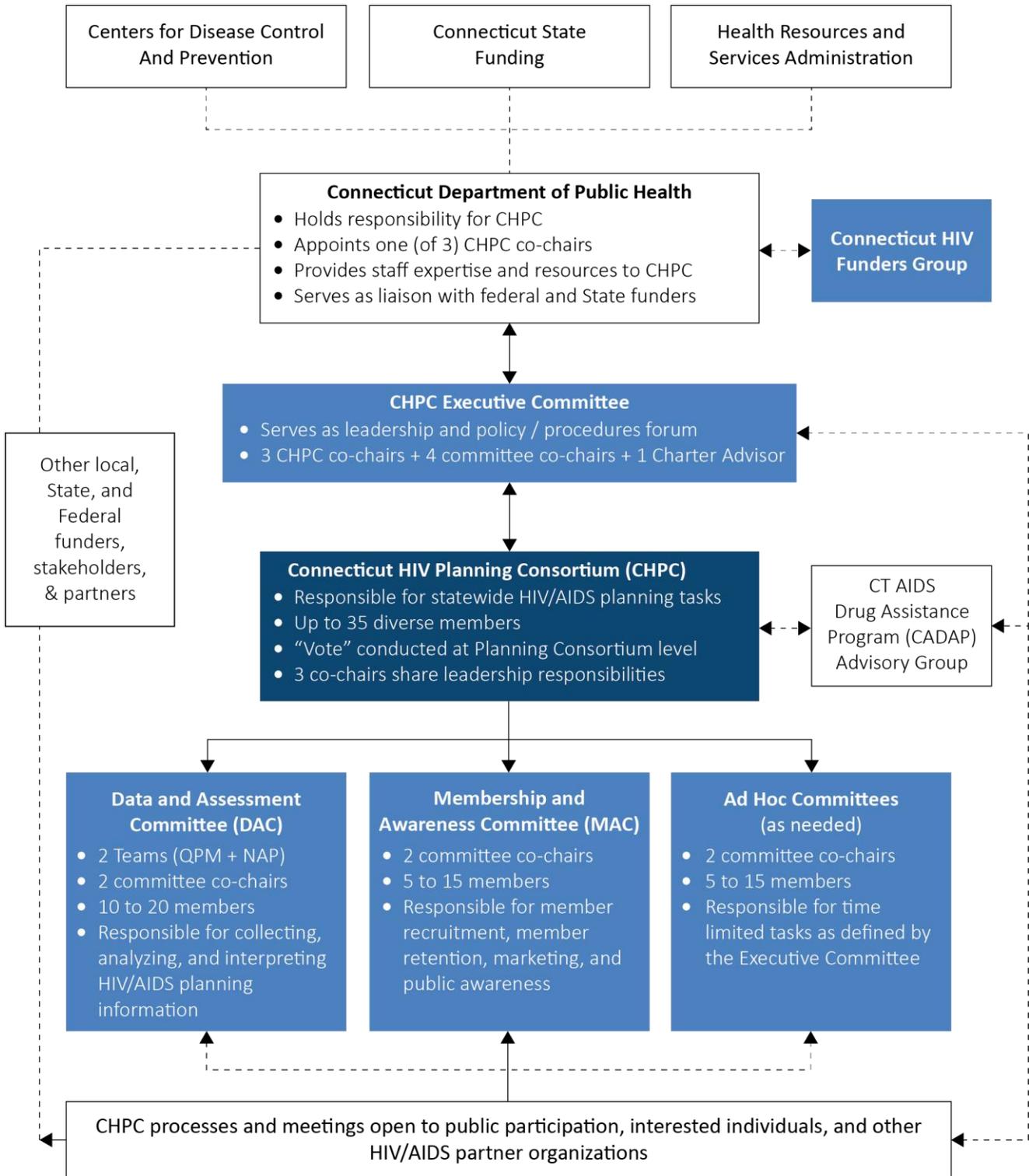


Figure 3. Organizational Structure of the CHPC



The Connecticut HIV Planning Consortium (CHPC)

In 2014, the CHPC created two teams to serve as a united Data and Assessment Committee (DAC). The teams a) work in conjunction to review and compile existing data to implement planning work and aid in required document production, and b) perform separate sets of data-related functions (see [Figure 4](#)).

Committees. The CHPC is comprised of two committees:

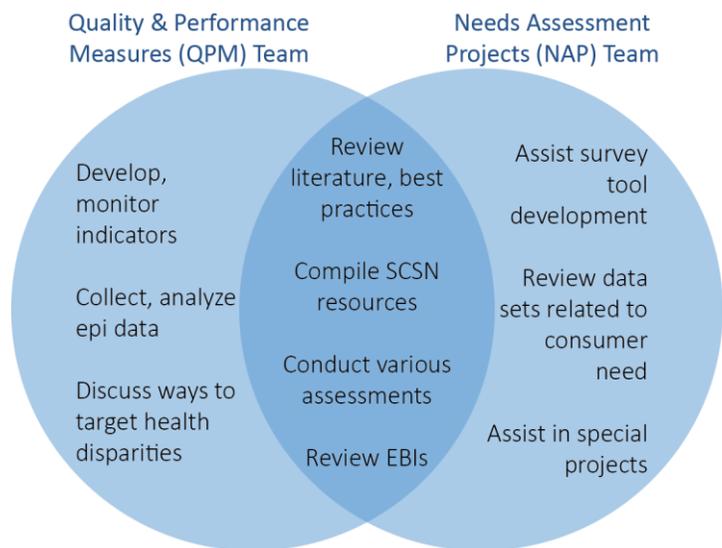
Membership Awareness Committee (MAC). The MAC serves as the CHPC’s group focused on member recruitment, selection, and retention. MAC is also responsible for marketing initiatives and general CHPC public awareness. In 2015, MAC implemented a mentoring program to match experienced CHPC members with new members. The program was created to help ease the transition and clarify some of the terms and references for new members. The MAC is responsible for producing three newsletters each year, from brainstorming topics to identifying authors to assembling and distributing the newsletters around the state. The MAC is a communications- and members-focused committee. The MAC will revise its roles and responsibilities to support implementation of the 2017 – 2021 Plan.

Data and Assessment Committee (DAC). In 2014, the CHPC created two teams to serve as a united Data and Assessment Committee (DAC). [Figure 4](#) shows that the teams: a) work in conjunction to review and compile existing data to implement planning work and aid in required document production, and b) perform separate sets of data-related functions. These teams will revise their roles and responsibilities to support implementation of the 2017 – 2021 Plan.

Decision-making. The CHPC uses a consensus model of decision-making. CHPC members vote on issues only as a full group and use a simple and transparent voting process that all members can understand. CHPC leaders and members create a welcoming, respectful and productive meeting climate by embracing practices that facilitate dialogue.

Leadership. Three co-chairs lead the CHPC. The DPH appoints one CHPC co-chair who serves as a liaison between CHPC and DPH. CHPC members elect CHPC co-chairs, who must hold at least one year of CHPC experience.

Figure 4. CHPC Data and Assessment Committee (DAC) Teams



Meet the CHPC Co-Chairs (Gina, Aurelio, and André)



CHPC members serve as chairs or co-chairs of the CHPC committees. CHPC members apply for leadership positions such as co-chairs of the committees and a CHPC Charter Advisor. CHPC co-chairs, committee chairs and the Charter Advisor comprise the Executive Committee.

Meetings. The CHPC holds eight full-day meetings on the third Wednesday of the month. In 2016, these meetings occurred from January through August to support the Plan development process. These public meetings occurred in publicly accessible spaces in New Haven or Hartford. The CHPC integrates committee meeting time into the CHPC meeting agenda to create optimal member, partner and public participation. The Executive Committee meets immediately after the CHPC meeting to create operating efficiencies. During 2016, the CHPC average total attendance hovered around 70 individuals (CHPC members + public participants).

Continuous Quality Improvement. The CHPC assesses the meeting experiences of participants at every meeting. At the end of committee meetings, the committee chair asks the participants the general question, “how did we do?” At the end of the CHPC meetings, members and public participants complete a meeting feedback form containing yes/no questions and open-ended questions related to the committee meetings and the general CHPC meeting. These questions encourage feedback to help leaders improve future meeting processes.

Executive Committee members review the meeting feedback immediately after the CHPC meeting to discuss feedback and any areas for improvement. CHPC staff compile the information into a “meeting dashboard” that allows CHPC leaders to review monthly and cumulative meeting feedback results. In 2016, the CHPC identified three “focus areas” tracked at each meeting which include: 1) increasing member attendance; 2) increasing public participation; and 3) maintaining the overall satisfaction rating. Please see [Table 1](#) for the final 2016 averages in each of the focus areas.

Table 1. CHPC Attendance and Participation in 2016

Focus Area	2016 Average
Member Attendance	82% Member Attendance
Public Participation	32 Public Participants per Meeting
Overall Satisfaction Rating	99% Overall Satisfaction Rating



CONNECTICUT'S PLAN DEVELOPMENT PROCESS

Who was involved?

- ◆ *The process involved several jurisdictions including the State (DPH), Ryan White Parts (e.g., A, B, C, D, F), and other federally funded HIV prevention programs and organizations.*
- ◆ *The CHPC, persons living with HIV, and members of the public*

What did the process look like?

- ◆ *2016 marked the beginning of the 5-year planning cycle.*
- ◆ *The process began with an updated epidemiological profile to examine the current situation to identify needs, gaps and barriers.*
- ◆ *The CHPC engaged diverse stakeholders at the consortium, community, and statewide levels to develop specific, measurable, action-oriented, reasonable, and timely (SMART) objectives.*

What are the next steps?

- ◆ *In 2017 the CHPC and its body of diverse stakeholders will begin Plan monitoring and implementation.*
- ◆ *Continuous improvement efforts involve assessing progress to update and improve the plan during implementation.*

PLAN DEVELOPMENT PROCESS

Process

Connecticut’s Plan represents one Integrated HIV Prevention and Care Plan for submission on behalf of several jurisdictions such as the State, Ryan White Parts (e.g., A, B, C, D, F, Transitional Grant Areas), and prevention. The DPH will submit the same Plan to CDC and HRSA.

Figure 6 (page 15) shows the process used by the Connecticut Department of Public Health (DPH) and the Connecticut HIV Planning Consortium (CHPC) to develop the Integrated HIV Prevention and Care Plan (hereinafter referred to as the “Plan”). The process followed the Integrated HIV Prevention and Care Plan Guidance issued by the Centers for Disease Control and Prevention (CDC) Division of HIV/AIDS Prevention and the U.S. Department of Health and Human Services (DHHS) HIV/AIDS Bureau (HAB).¹

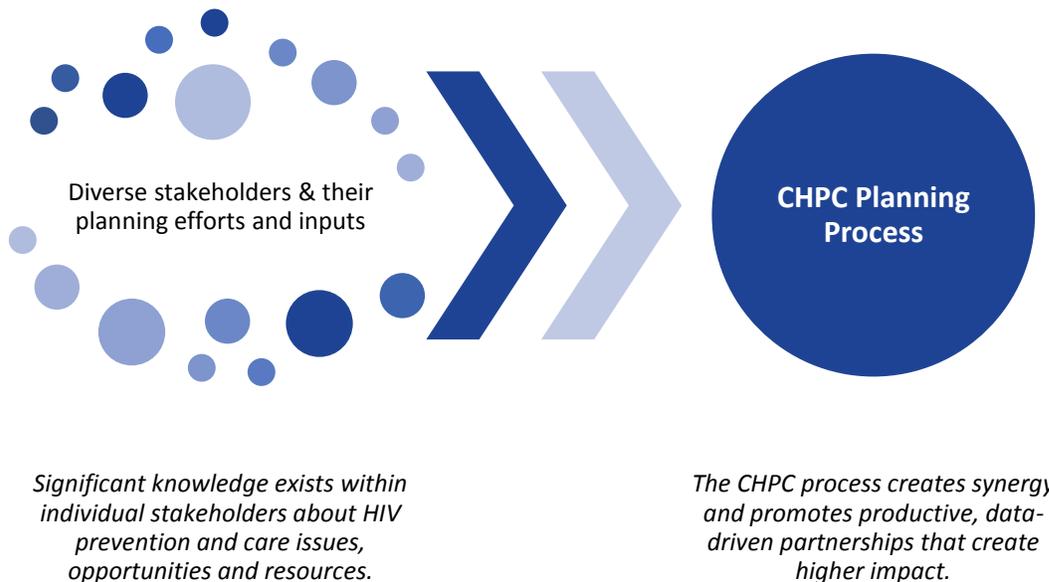
Expectation for Integrated Planning

Connecticut integrated separate statewide HIV planning groups in 2008: The Community Planning Group (prevention; CDC requirements) and the HIV Care Consortium (care; HRSA requirements). The integration process occurred over a two-year time period and included a complete revision of by-laws and organizational structure. The CHPC developed Connecticut’s first integrated HIV prevention and care plan in 2011. The 2017 to 2021 Plan builds on these past integration efforts.

Stakeholder Engagement

The CHPC exists to develop the Statewide HIV Prevention and Care Plan. **Figure 5** illustrates the intent of the CHPC’s collaborative process, including a commitment to directly include the voices of PLWH.

Figure 5. The value of engaging and partnering with diverse stakeholders

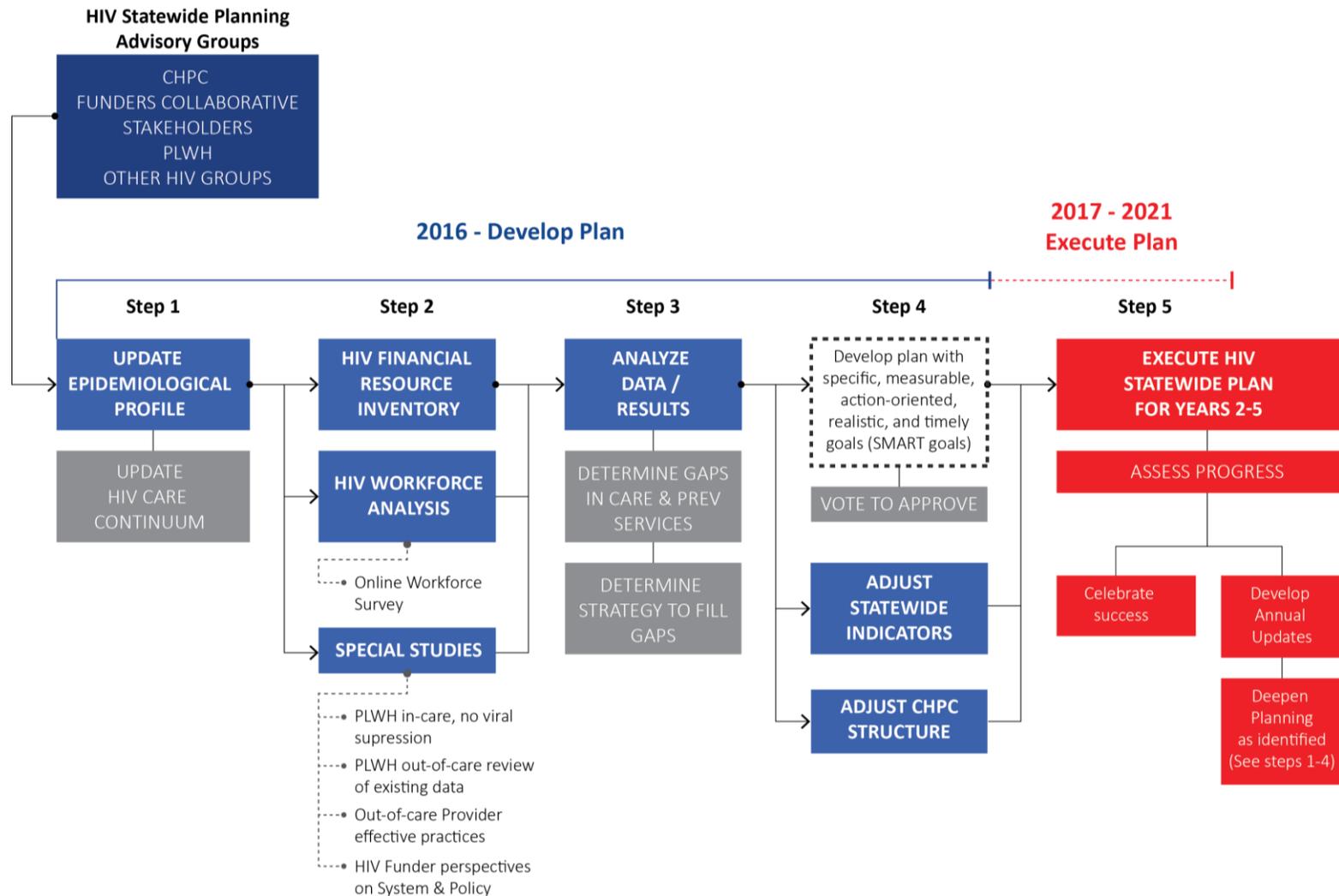


¹ The DPH convened the HIV Funders Collaborative in November 2015, at which point the decision was made on behalf of the aforementioned jurisdictions to submit one plan following all guidelines.

Five-Year Planning Cycle

Connecticut's previous prevention and care plans followed a three-year planning cycle required by federal funding agencies at the time. The 2017-2021 Statewide Integrated HIV Prevention and Care Plan follows a five-year planning cycle. **Figure 6**, below, outlines this process in Connecticut:

Figure 6. Connecticut's Statewide Data-Driven Development Process



Engaging Stakeholders

The CHPC engages diverse stakeholders at the consortium, community, and statewide levels. These partners play a critical role in the development and implementation of the Plan. For example:

- Thirty-two diverse individuals represented CHPC membership in January 2016. These members reflect the cultural and geographic diversity of Connecticut’s HIV epidemic, as well as both the care and prevention arenas. The CHPC sets a [membership composition goal of 50% PLWH and 50% providers](#). In January 2016, membership included 15 PLWH and 18 providers. Thirty-four percent of members were white, 22% Hispanic or Latino and 44% black. Thirty-one percent of members identified themselves as gay, lesbian or bisexual.
- CHPC members participate in all CHPC meeting-related activities, as well as on the [Membership and Awareness Committee \(MAC\)](#) or one of the two Data and Assessment Committee (DAC) teams – [the Needs Assessment Projects \(NAP\) Team](#) and the [Quality and Performance Measures \(QPM\) Team](#). Additional opportunities to participate exist through an Ad Hoc Charter Review committee and the CHPC mentoring program.
- The CHPC promotes public participation across all CHPC activities. The CHPC convened in both New Haven, Connecticut and Hartford, Connecticut in 2016. The alternate locations helped expand the CHPC network, inviting new voices and perspectives to the table.
- CHPC members participate actively in other statewide and regional HIV/AIDS prevention and care initiatives funded by the Department of Public Health or other funders.
- The CHPC promotes partner participation in all aspects of the planning process. CHPC partners offer presentations on relevant topics and information critical to complete planning tasks. CHPC members and participants network and share opportunities to get involved in other policy, research, evaluation, and training opportunities available throughout the state.
- The CHPC piloted a [“visiting community” strategy](#), inviting PLWH and providers from an area under-represented on the CHPC to attend a CHPC meeting to recruit members, raise awareness of the CHPC, and learn about that community. The statewide campaign to end HIV will most likely include community listening sessions.

June CHPC Meeting

At its June 2016 meeting, the CHPC split into four groups, each charged with one of the Plan’s four goals. Each group generated an extensive list of possible strategies and activities that might fit with their designated goal. The groups identified many priority implementation activities for 2017 – 2018, and many more for consideration in future years or by the statewide Task Force that will develop the campaign to end HIV.

Finally, in 2015, DPH established an advisory group of HIV Funders for the express purpose of facilitating data access, coordinating data collection and expediting input into planning activities. The majority of these funders also serve as CHPC members or regularly attend CHPC meetings. Page 73 describes the HIV Funders Collaborative.



SECTION I

STATEWIDE COORDINATED STATEMENT OF NEED / NEEDS ASSESSMENT

Where are Connecticut's greatest HIV/AIDS needs?

- ◆ *Forty-three percent of all PLWH in the state reside in one of three cities: Bridgeport, Hartford, or New Haven.*
- ◆ *The highest HIV prevalence rates occur in Connecticut's urban centers.*

Who is the HIV/AIDS epidemic affecting the most in Connecticut?

- ◆ *Gender: 67% male, 33% female*
- ◆ *Race/Ethnicity: 33% black, 32% Hispanic, and 32% white*
- ◆ *Age: 39% were 30-49 years of age at diagnosis, 6.3% were 20-29 years of age, and 36.4% were 50-59 years of age*
- ◆ *Risk Factor (prevalence cases): 31% cited injection drug use (IDU) as a probable source of infection; 28% were men who have sex with men (MSM), 27% cited heterosexual risk*

What else should I know about HIV/AIDS needs in Connecticut?

- ◆ *Connecticut ranks 7th nationally in the rate of persons living with AIDS across the state*
- ◆ *Connecticut's Plan focuses on emerging high priority populations in response to national and statewide data (see page 22).*

SECTION I. STATEWIDE COORDINATED STATEMENT OF NEED/NEEDS ASSESSMENT

A. Epidemiological Overview

Method

The Department of Public Health (DPH) epidemiologists update surveillance data and program reports and refresh HIV data relevant to indicators used by the CHPC or shown in the Statewide Health Improvement Plan. Additionally, every few years, DPH publishes a full epidemiological profile for the benefit of HIV planning. The appendix contains the full epidemiological profile released in July 2016.

About Connecticut

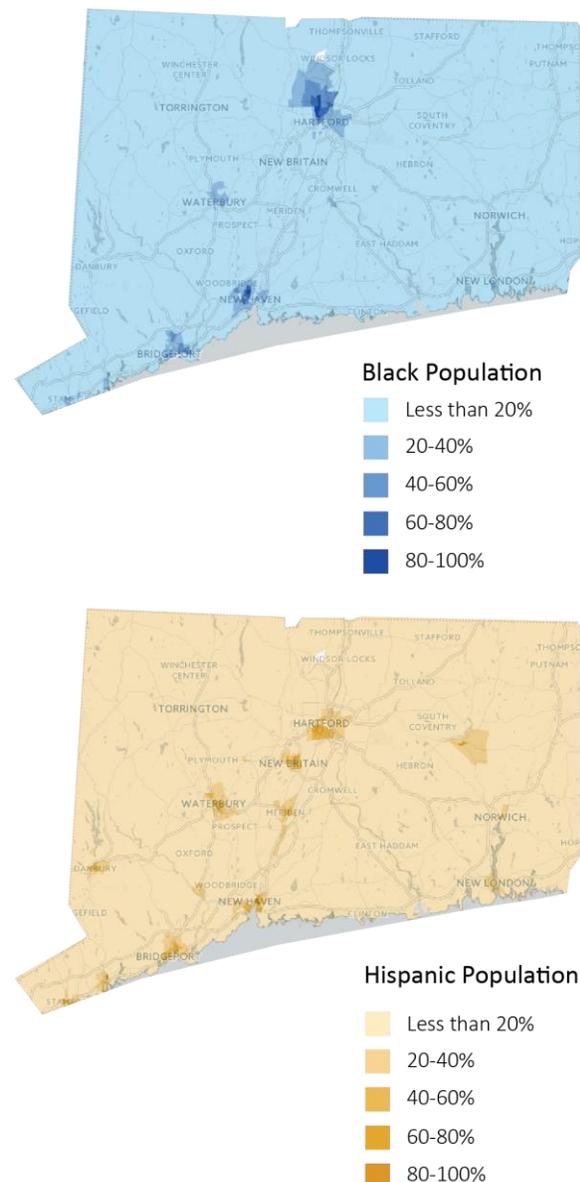
Located in the southernmost portion of the New England region of the United States, Connecticut is the third smallest state by area but one of the most densely populated in the country with nearly 3.6 million residents.

According to the 2010 Census, 78% of Connecticut residents were white, 10% black, 4% Asian, 4% other, and 3% identified as two or more races. Thirteen percent of Connecticut's population identified as Hispanic or Latino, and 22% speak a language other than English at home.

The median household income in Connecticut from April 2010 to 2014 was \$69,899, and the per capita income during the same period was \$38,480. Nearly 11% of Connecticut's residents are living in poverty.²

Almost all of Connecticut's cities and towns have been touched by the HIV epidemic, although 43% of all PLWH in the state reside in Bridgeport, Hartford, or New Haven. Please see [Figure 8](#) on page 19 for a map of prevalent HIV infection cases by residence at diagnosis (2014). State planning leaders are dedicated to addressing and improving the lives of those infected, affected, and at high risk for contracting HIV. Connecticut is committed to preventing new HIV cases and connecting those living with HIV/AIDS to appropriate care and resources. Accomplishing these goals requires foresight, adaptability and diligence.

Figure 7. Black and Hispanic Population Concentrations in Connecticut (2010 U.S. Census)

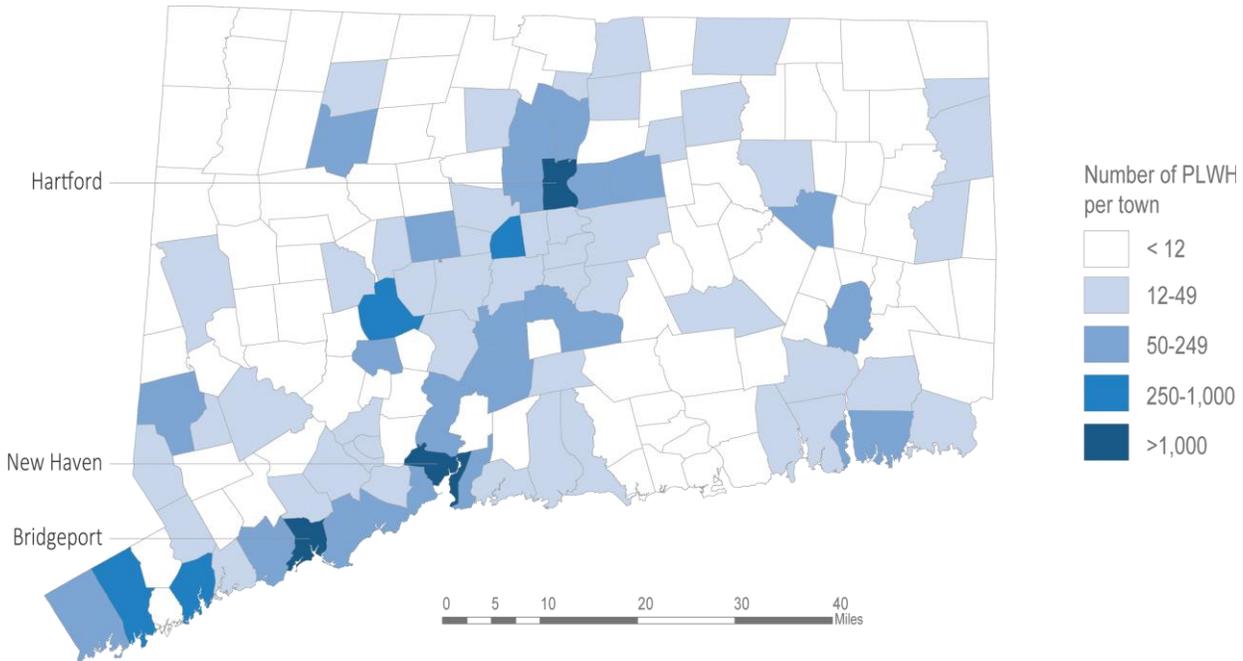


² 2010 United States Census, QuickFacts. U.S. Census Bureau.
[Connecticut's Integrated HIV Plan: 2017-2021](#)

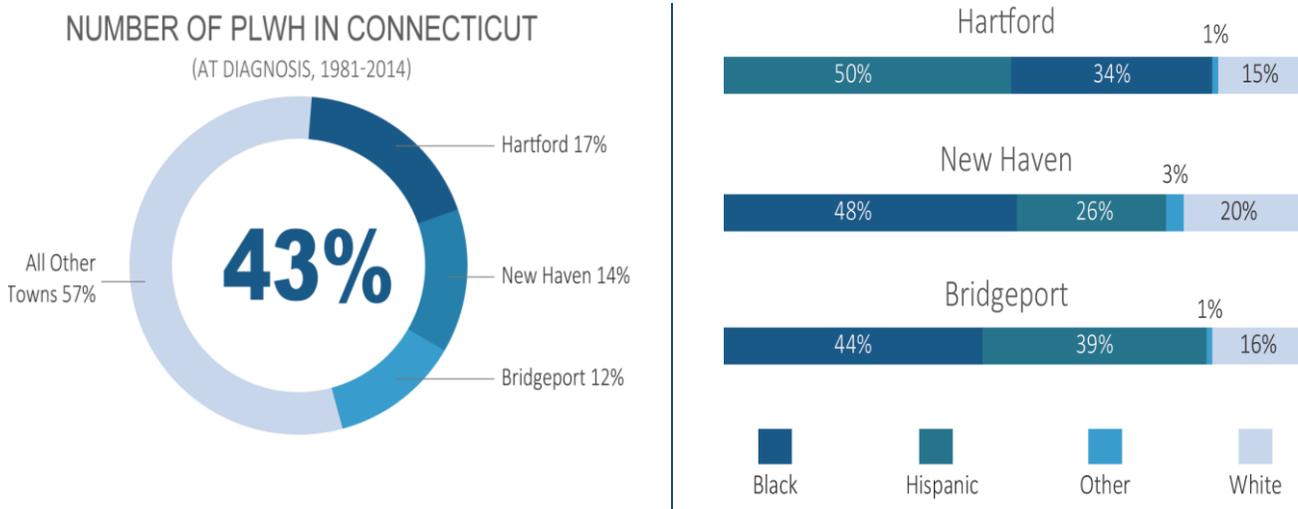
HIV Incidence and Prevalence in Connecticut³

Connecticut ranks 7th nationally in the rate of people living with AIDS. In December 2014, 10,727 people were living with HIV in Connecticut (298 per 100,000). **Figure 8** shows the prevalence of HIV Infection cases (N=10,727) in Connecticut as of 2015.

Figure 8. Prevalence of HIV Infection Cases (N=10,727), Connecticut 2014 (as of 2015 and 2010 Census)

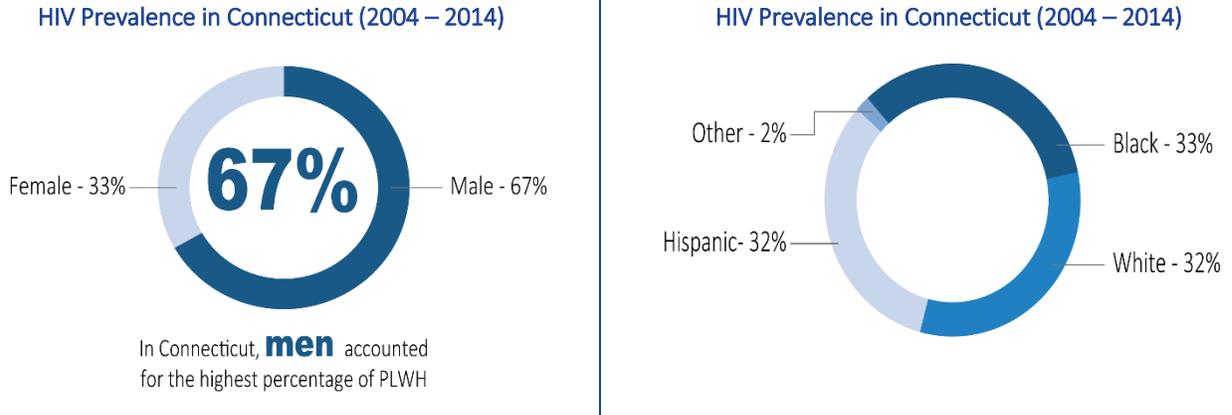


The highest prevalence rates occur in Connecticut’s urban centers, which also have the highest percentages of minority residents. Of the 10,727 people living with HIV, 43% reside in Hartford, New Haven, or Bridgeport.



³ Please refer to the appendices for additional epidemiological tables.

I. Statewide Coordinated Statement of Need / Needs Assessment
 A. Epidemiological Overview

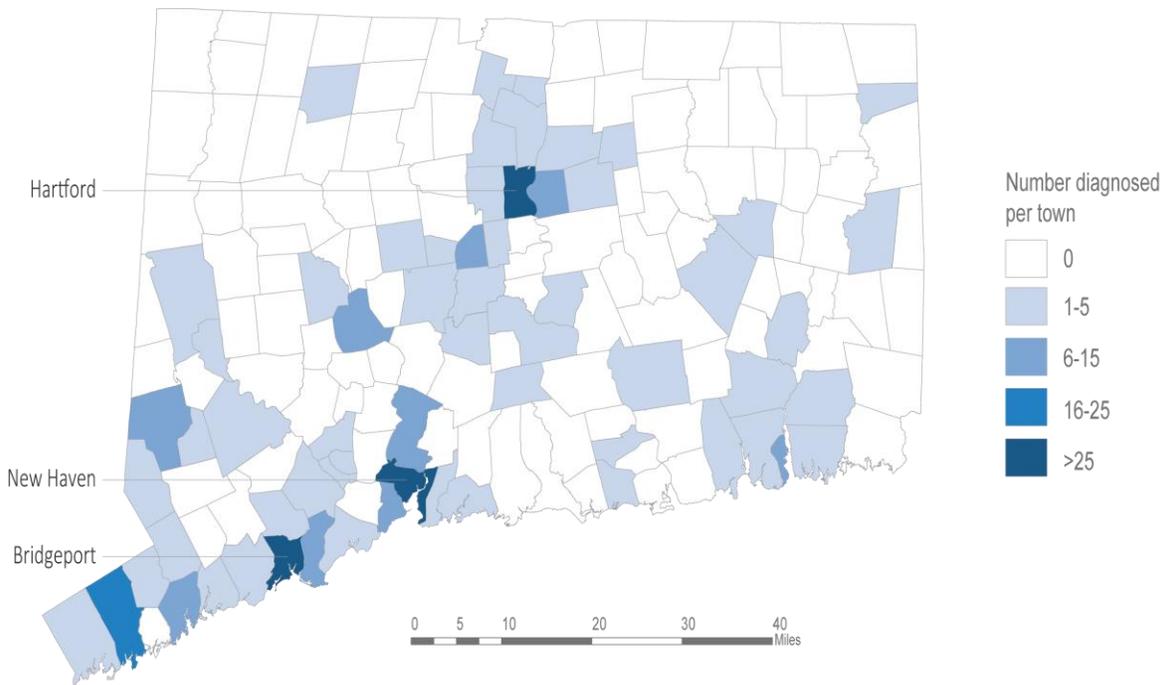


Since 1981, over 20,000 cases of HIV have been reported to Connecticut’s Department of Public Health, and of these almost half have died. Among all HIV cases reported in Connecticut:

- 67% were male, 33% female
- 33% black, 32% Hispanic, and 32% white
- 39% were 30-49 years of age at diagnosis, 6.3% were 20-29 years of age, and 36.4% were 50-59 years of age
- 31% cited injection drug use (IDU) as a probable source of infection; 28% were men who have sex with men (MSM), 27% cited heterosexual risk, and 2% were infected by transmission at birth

Figure 9 shows the incidence of newly diagnosed HIV infection cases (N=291) in Connecticut for 2014.

Figure 9. Newly Diagnosed HIV Infection Cases (N=291), Connecticut, 2014 (as of 2015)



I. Statewide Coordinated Statement of Need / Needs Assessment
A. Epidemiological Overview

Figures 10, 11, 12, and, 13 below show the majority of newly diagnosed cases in Connecticut from 2004 – 2014 were men (75%), and nearly half were men who have sex with men (46%), and black (41%).

Figure 10. HIV Incidence in Connecticut (2010 – 2014)



In Connecticut, **men** accounted for the highest percentage of recently diagnosed HIV cases

Figure 11. HIV Incidence in Connecticut (2010 – 2014)

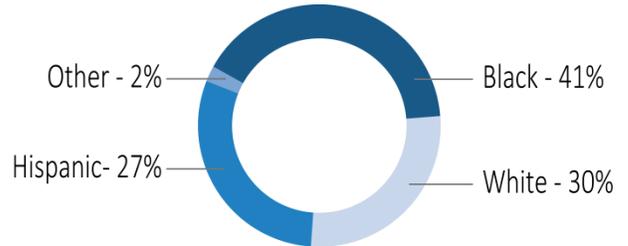
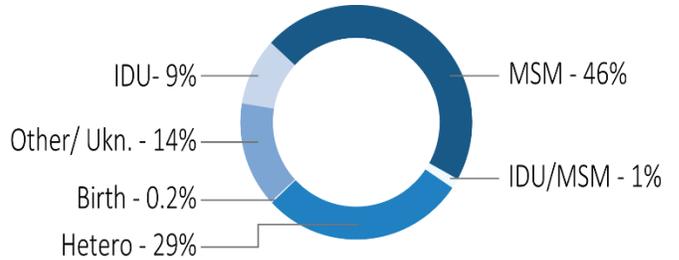


Figure 12. HIV Incidence in Connecticut (2010 – 2014)



In Connecticut, **MSM** was the most at-risk population, accounting for the highest percentage of recently diagnosed HIV cases

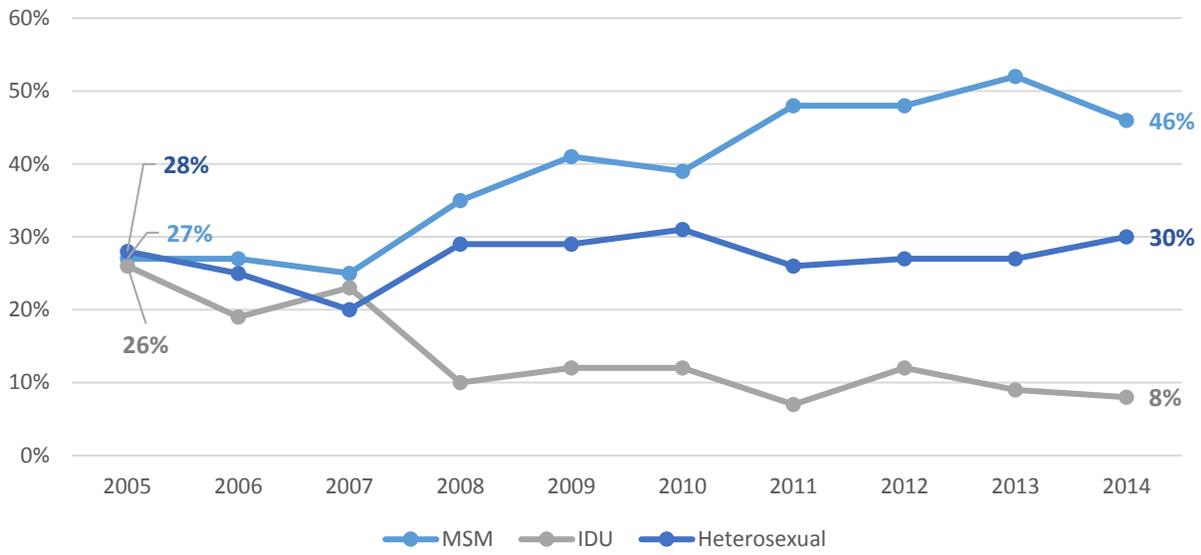
Figure 13. HIV Incidence in Connecticut (2010 – 2014)



I. Statewide Coordinated Statement of Need / Needs Assessment
 A. Epidemiological Overview

Figures 10 – 13 show the five-year overall trend in the frequency of transmission methods of HIV in Connecticut for a period from 2010-2014. Consistent with emerging national patterns, gay and bisexual men are most affected by the burden of HIV over the last several years with the most common transmission method being contact between men who have sex with men (46% overall from 2010-2014). In 2014, heterosexual contact was the most common method of transmission among females (52%).

Figure 14. Connecticut HIV Infection Cases by Year of First Diagnosis and Risk (2005 to 2014)



Emerging Priority Planning Populations

HIV disproportionately affects certain groups including Black and Hispanic individuals who, although they make up only 25% of Connecticut’s population, represent 65% of all HIV cases. Priority planning issues based on epidemiology include (in alphabetical order):

- African American men who have sex with men.
- Hepatitis C Virus co-infected.
- Heterosexual African American men and women.
- Heterosexual Latinas.
- Injection drug users.
- Late testers.
- Latino men who have sex with men.
- Lesbian, gay, bisexual, transgender populations.
- PLWH (retain in care).
- PLWH who are over the age of 50.
- Un- or under-insured.
- Youth up to age 24 (prevention).

I. Statewide Coordinated Statement of Need / Needs Assessment
 A. Epidemiological Overview

Connecticut recognizes the need to address all factors, including behaviors, virus coinfection, age, and socioeconomic factors, when prioritizing populations at high risk. Please see [Figures 15 – 17](#) for details regarding some of these priority populations.

Figure 15. HIV/HCV Co-infected Rates (2014)

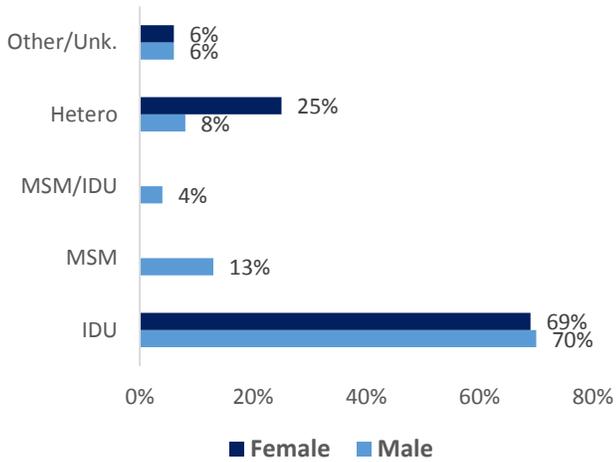


Figure 16. 2014 HIV Diagnoses by Age

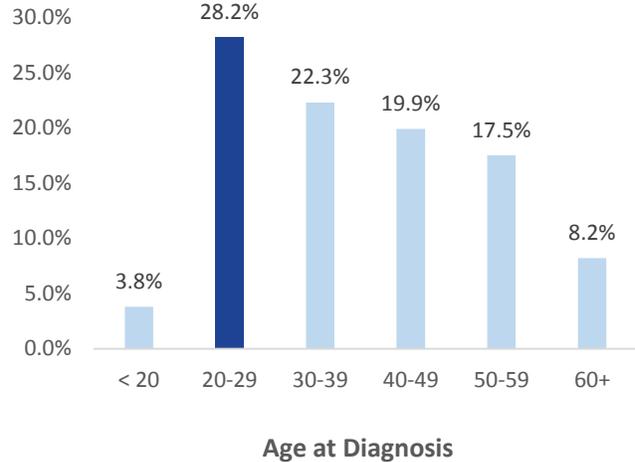
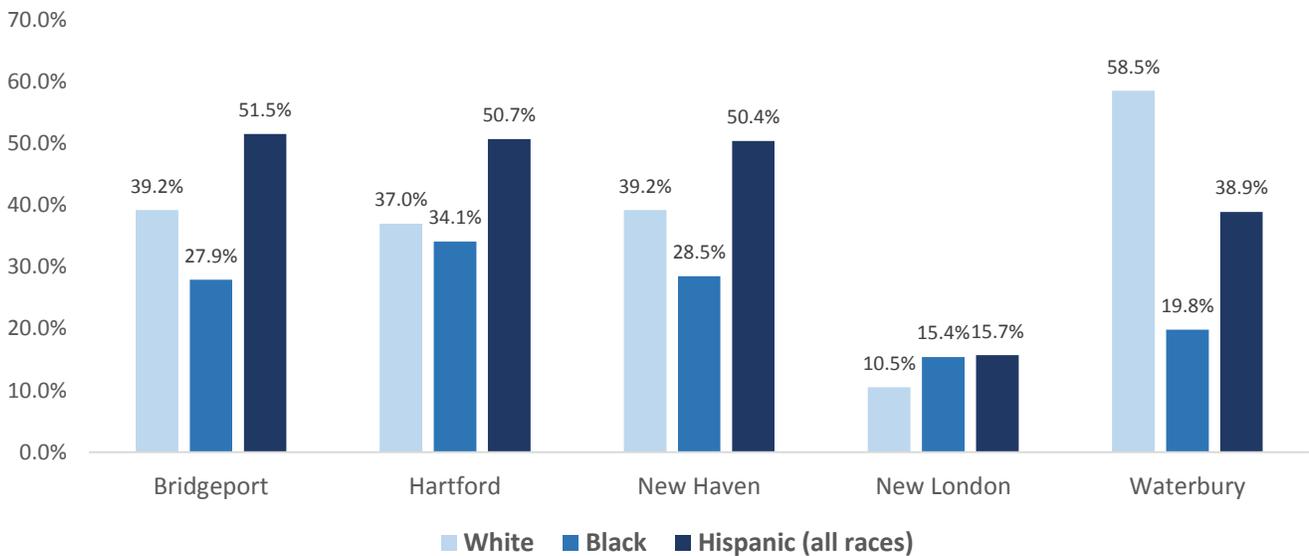


Figure 17. Percent uninsured by race/ethnicity in 5 Connecticut cities with the highest rate of PLWH (2014)



I. Statewide Coordinated Statement of Need / Needs Assessment

A. Epidemiological Overview

Table 2. PLWH in Connecticut by Sex, Race/Ethnicity, Risk

Highlighted values identify those in the top 15% of their respective category (sex, race/ethnicity, risk)

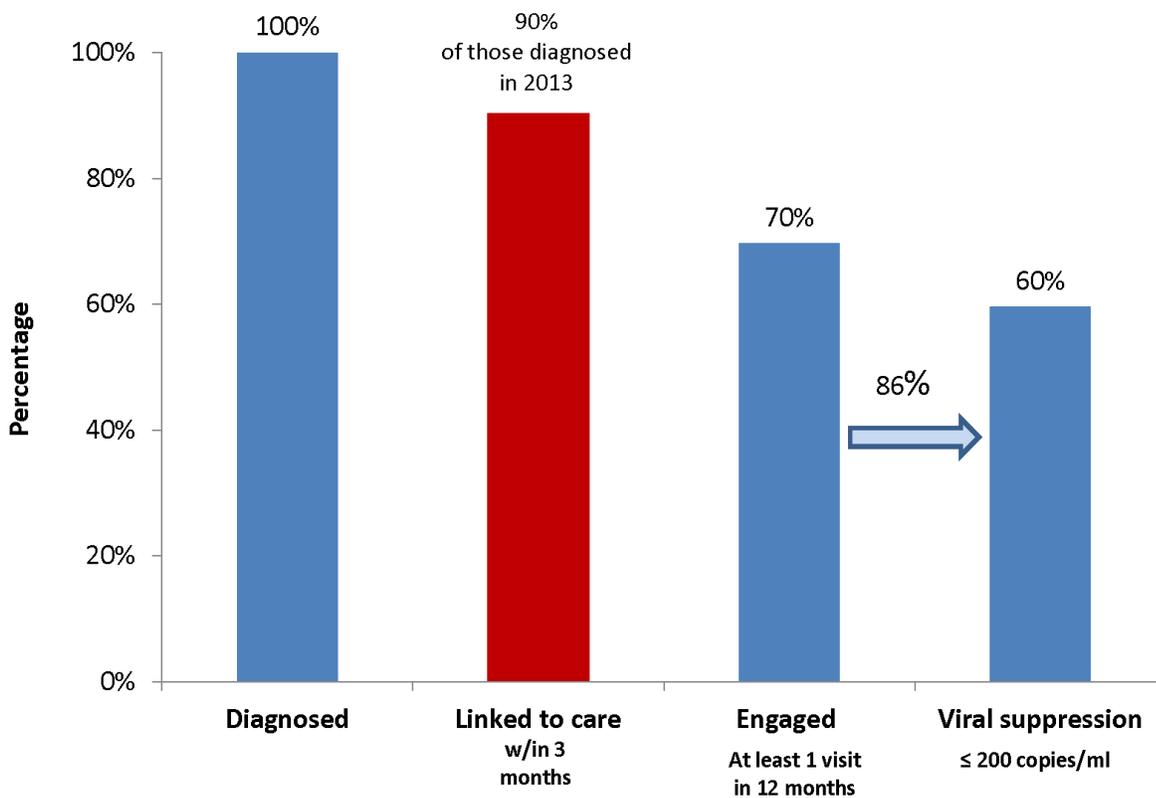
Residence when diagnosed with HIV	Total Number	Sex		Race/Ethnicity				Risk					
		Male % Total	Female % Total	Black % Total	Hispanic % Total	White % Total	Other % Total	IDU % Total	MSM % Total	MSM/IDU % Total	Hetero % Total	Pedi % Total	Oth/Unk % Total
Bloomfield	88	69.3	30.7	72.7	8	17	2.3	25	33	1.1	26.1	0	14.8
Bridgeport	1,333	59.7	40.3	44.9	39	15.2	0.8	31	19.1	1.6	34	1.5	12.8
Bristol	94	68.1	31.9	7.4	30.9	60.6	1.1	30.9	42.6	1.1	19.1	1.1	5.3
Danbury	233	65.7	34.3	24.5	36.9	33.9	4.7	25.3	29.6	0.9	31.8	0.9	11.6
East Hartford	217	62.2	37.8	41.5	31.3	25.3	1.8	27.2	23	3.2	30.9	0.9	14.7
East Haven	90	72.2	27.8	14.4	36.7	46.7	2.2	30	31.1	3.3	23.3	0	12.2
Fairfield	52	71.2	28.8	11.5	13.5	73.1	1.9	13.5	38.5	0	21.2	3.8	23.1
Greenwich	82	79.3	20.7	13.4	13.4	70.7	2.4	13.4	52.4	3.7	13.4	0	17.1
Groton	56	73.2	26.8	26.8	17.9	50	5.4	17.9	41.1	5.4	21.4	3.6	10.7
Hamden	171	67.3	32.7	50.9	13.5	32.7	2.9	24	29.8	1.8	33.3	1.2	9.9
Hartford	1865	65.7	34.3	34.9	50.1	13.8	1.2	44.1	18.1	2.6	24.6	2	8.5
Manchester	113	60.2	39.8	24.8	18.6	53.1	3.5	23	34.5	0	26.5	0	15.9
Meriden	201	61.7	38.3	15.9	46.3	37.8	0	28.4	26.9	1	30.8	0.5	12.4
Middletown	159	67.9	32.1	30.8	22	47.2	0	32.1	32.7	1.9	24.5	0.6	8.2
Milford	69	79.7	20.3	10.1	13	76.8	0	14.5	47.8	4.3	15.9	1.4	15.9
Naugatuck	51	78.4	21.6	21.6	27.5	51	0	29.4	39.2	0	23.5	0	7.8
New Britain	403	65	35	19.6	55.6	24.1	0.7	34.7	24.1	1.2	28.5	2.5	8.9
New Haven	1452	64	36	50.8	26	20.5	2.7	36.4	23.6	2.5	28.7	2.5	6.4
New London	191	58.6	41.4	33.5	33	30.4	3.1	30.9	23.6	1.6	34.6	2.6	6.8
Norwalk	333	64.9	35.1	36.6	25.2	34.5	3.6	24	31.2	0.9	27.3	2.7	13.8
Norwich	150	60	40	28.7	13.3	54	4	26.7	30.7	1.3	33.3	0.7	7.3
Stamford	524	69.8	30.2	45.8	27.1	25	2.1	26	27.3	0.8	29.8	2.9	13.4
Stratford	100	73	27	43	14	42	1	11	36	1	32	1	19
Torrington	61	75.4	24.6	6.6	14.8	73.8	4.9	23	41	4.9	19.7	0	11.5
Wallingford	60	86.7	13.3	11.7	18.3	70	0	13.3	53.3	3.3	15	3.3	11.7
Waterbury	734	63.1	36.9	29.3	43.5	26.3	1	40.2	23.4	1.9	24.3	2.5	7.8
West Hartford	78	74.4	25.6	10.3	21.8	64.1	3.8	17.9	51.3	0	17.9	1.3	11.5
West Haven	210	62.4	37.6	43.8	23.8	29.5	2.9	26.7	27.6	1	31.9	3.8	9
Windham	107	62.6	37.4	15.9	56.1	27.1	0.9	51.4	15	1.9	24.3	1.9	5.6
Windsor	52	69.2	30.8	38.5	26.9	34.6	0	21.2	36.5	3.8	25	0	13.5
Other towns	1398	79	21	10.9	12.1	75	2	18.2	47.1	1.9	18	1.4	13.4
Total	10,727	66.7	33.3	33.3	32.4	32.5	1.8	31.3	27.8	1.9	26.6	1.9	10.5

B. HIV Care Continuum

HIV Care Continuum

This Continuum of Care is based on persons receiving HIV care in 2014 among persons older than 13 years of age at diagnosis, resided in Connecticut (based on residence of diagnosis), diagnosed with HIV infection through 2013, and living with HIV on 12/31/2014. Persons who have at least one CD4, viral load or HIV-1 genotype test are considered as receiving HIV care. Tests that have been done in the same month are considered as one care visit. The overall HIV population is overestimated because cases are only followed up for 11 months after 12/31/2014. The CDC suggests that every case should be followed up at least 18 months to collect death certificate information.

Figure 18. Connecticut HIV Care Continuum



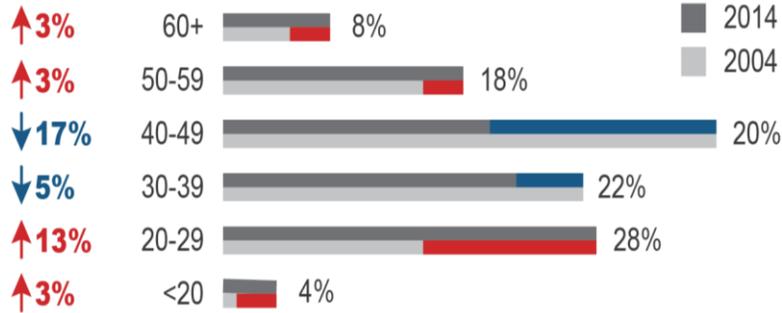
Based on persons receiving HIV care in 2014 among persons ≥ 13 years old at diagnosis, resided in Connecticut (based on residence of diagnosis) and diagnosed with HIV infection through 2013 and living with HIV on 12/31/2014. Persons who have at least one CD4, viral load or HIV-1 genotype test are considered as receiving HIV care. Tests that have been done in the same month are considered as one care visit. The overall HIV population is overestimated because cases are only followed up for 11 months after 12/31/2014. CDC suggests that every case should be followed up at least 18 months to collect death certificate information.

Source: HIV surveillance registry through 2015.

Disparities in Engaging Key Populations

Figure 19 shows shifts in HIV incidence by age and areas where Connecticut must improve in testing, outreach and linkage to care. During the time period of 2004 to 2014, the greatest shift occurred in the 20-29 age group, which increased by 13%. During this same period of time the number of new cases among 40-49 year olds dropped by 17%, and 30-39 year olds by 5%. Page 22 identifies priority populations for prevention, testing, outreach and linkage.

Figure 19. Shifts in HIV Incidence in Connecticut (Age): 2004 to 2014



In Connecticut, from 2004 to 2014, the percentage of total patients ages 20-29 diagnosed with HIV has

increased by 13%

Figures 20 and 21 show that health disparities exist in terms of hospitalizations and HIV-related deaths, areas that relate to access to care, quality of care, and medication adherence, among others.

Figure 20. HIV-Related Hospitalizations

Per 100,000 Population (2014)

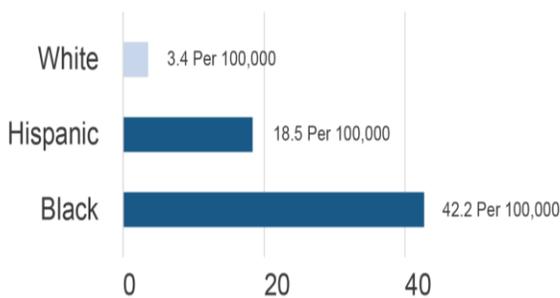
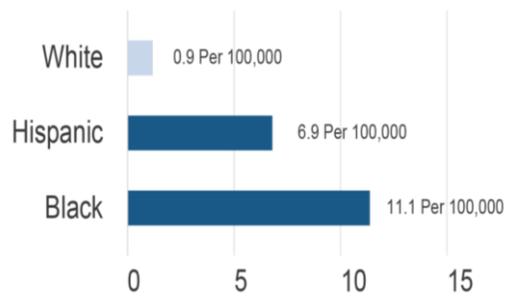


Figure 21. HIV-Related Deaths

Per 100,000 Population (2014)



I. Statewide Coordinated Statement of Need / Needs Assessment
 B. HIV Care Continuum

Use of the HIV Care Continuum

Indicators used by the DPH and CHPC correspond with various steps of the HIV continuum of care. In many instances, these indicators create the basis for several of the measurable objectives for the Plan. The HIV stakeholders and HIV funding partners use data-driven planning to optimize and to coordinate HIV funding streams.

Connecticut Statewide Progress Indicators

Indicator 1	HIV Positivity Rate (Biological): Number of newly diagnosed (dx) in the 12-month calendar year per 100,000 people. 2021 Goal: 276 newly diagnosed (Baseline: 350 in 2011, 295 in 2012)
Indicator 2	Seropositivity Rate (Service/Access): Number of OTL and ETI HIV positive tests in the 12-month calendar year. 2015 Goal: 0.2% ETI; 0.3% OTL (Baseline: 0.19% ETI, 0.26% OTL (2013); 0.13% ETI, 0.26% OTL (2014))
Indicator 3	Viral Load Suppression Among Persons in HIV Medical Care: Number of persons with an HIV diagnosis with a viral load <200 copies/ml at last test in the 12-month calendar year. 2021 Goal: 90% (Baseline: 80% 2012, 84% 2013)
Indicator 4	Linkage to HIV Care (Biological): Number of persons who attended a routine HIV medical care visit within 3 months of HIV diagnosis. 2021 Goal: 95% (Baseline: 86.4% 2011, 87.3% 2012, 89% 2013)
Indicator 5	Retention in HIV Medical Care (Service/Access): Number of patients who had at least one HIV medical visit in each 6-month period of the 24-month measurement period with a minimum of 60 days between first medical visit in the prior 6-month period and the last medical visit in the subsequent 6-month period. 2015 Goal: 65% (Baseline: 64% 2011-2012, 67% 2012-2013)
Indicator 6	Late HIV Diagnoses (Late Testers) (Biological): Number of people who had their first HIV positive test less than 3 months before receiving AIDS diagnosis. 2015 Goal: 35% (Baseline: 40% 2012, 34% 2013)
Indicator 7	Antiretroviral Therapy (ART) Among Persons in HIV Medical Care (Service/Access): Number of persons with HIV diagnosis who are prescribed ART in the 12-month calendar year. 2015 Goal: 95% (Baseline: 91% 2012, 97% 2013)
Indicator 8	Partner Services (Service/Access): Number of newly diagnosed interviewed (i.e., linked) by Partner Services. 2015 Goal: 95% (Baseline: 90% 2013)
Indicator 9	Housing Status (Service/Access): Number of persons with an HIV diagnosis who were stably housed in the 12-month calendar year. 2015 Goal: 80% (Baseline: 76% 2012, 82% in 2013)
Indicator 10	Syringe Services Program (SSP) (Service/Access): 10a: Number of SSP clients served: (Baseline: 2,500 [YR 2014]) 10b: Number of syringes collected: (Baseline: 250,000 [YR 2014]) 10c: Number of syringes distributed: (Baseline: 251,000 [YR 2014]) Goal: To be determined
Indicator 11	Disparities in New HIV Diagnoses: Number of newly diagnosed (dx) in the 12-month calendar year for each of the following groups: Men who have sex with men (MSM), Black/African American men and women. Goal: Reduce disparities in the rate of diagnoses by 5%.

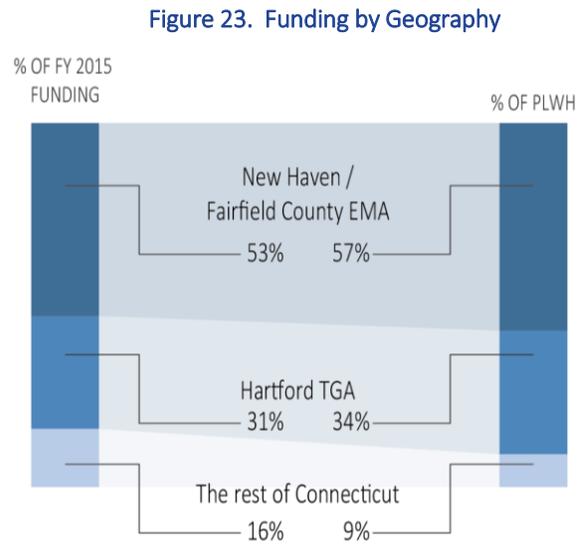
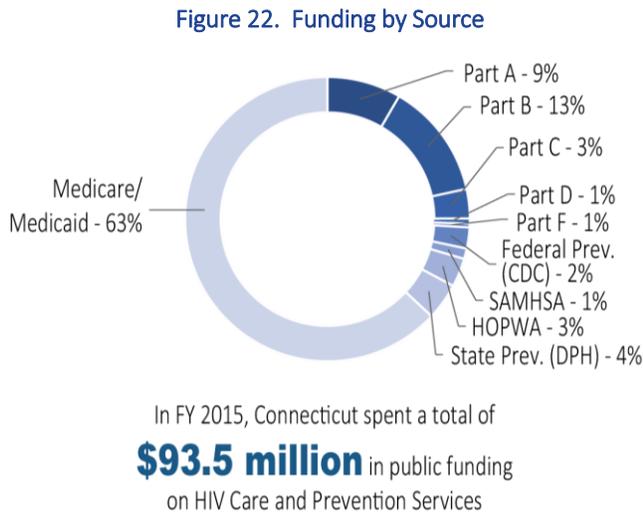
C. Financial and Human Resources Inventory

HIV Resource Inventory

DPH convened an HIV Funders Collaborative to facilitate data collection and data sharing to complete financial and human resource inventories. **Table 3** (page 29) contains the financial inventory for Fiscal Year 2015 (the most complete data set) along the HIV continuum: prevention services, core medical-related services, supportive services, HIV testing, HIV education and the HIV care continuum. The table organizes information according to three geographic areas: Ryan White Part A New Haven & Fairfield Counties, the Ryan White Part A Transitional Grant Area – Hartford, and “Balance of the State” (or non-Ryan White Part A areas). The appendix contains a complete set of financial tables.

Figure 22 shows the proportion of statewide public HIV funding sources in Connecticut. Medicaid and Ryan White Part A (care) and Part B (including ADAP) account for the majority of funding.

Figure 23 shows the percentage of fiscal funding allocated by geographic area and the correspondence to the percentage of PLWH in those areas.



Connecticut's HIV Workforce Capacity

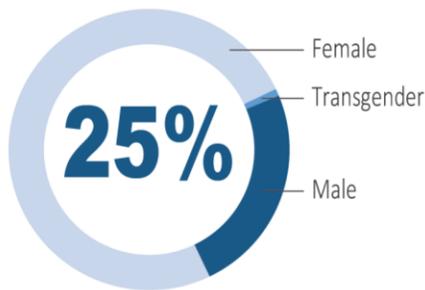
In the spring of 2015, representatives from the State's HIV Funders Collaborative, with CHPC input, implemented the first ever survey of the state's HIV/AIDS workforce. The electronic survey was sent to 349 individuals that make up the core of Connecticut's publicly funded HIV/AIDS workforce. Two hundred and forty eight (248) people responded to the survey, representing a 71% response rate.

The survey contained methodological limitations. However, the high response rate allows funders and planners to create general, point-in-time impressions about the workforce in terms of gender, race, ethnicity, sexuality, geography, education, and experience. The appendix contains a full summary.

In summary, survey results indicated the workforce is predominantly female (74%) and straight/heterosexual (85%), and the majority of respondents indicated their race/ethnicity as Black/Hispanic/other (64%). Only 6% of survey respondents indicated they were HIV positive. The majority of respondents (65%) indicated they hold a bachelor's degree or higher. A majority (55%) of respondents also indicated they have provided HIV prevention/care for 10 years or more. Seventy percent (70%) of respondents indicated they had taken a cultural diversity/sensitivity training within the past twelve months. The survey revealed emerging themes and provided a sense of direction for planning efforts. The figures below offer a brief overview of the survey results:

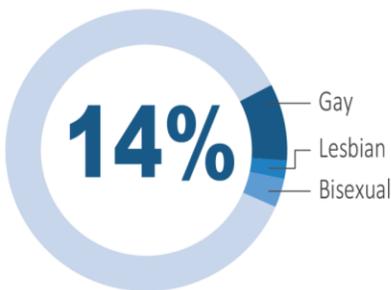
Self-Reported HIV Workforce Demographic Characteristics

GENDER IDENTITY



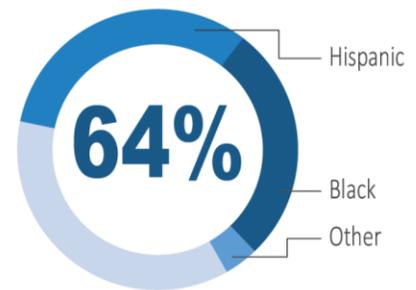
Only 25% of Connecticut's HIV workforce is **male**

SEXUAL ORIENTATION



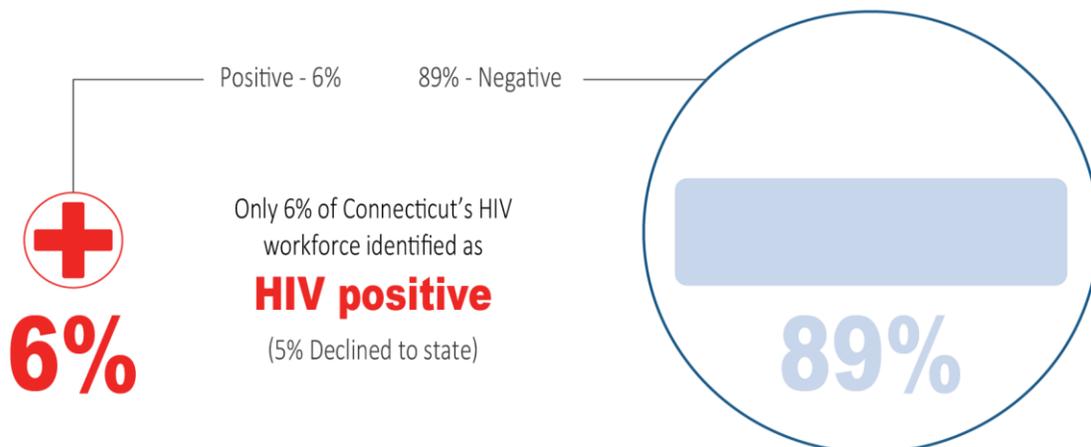
Only 14% of Connecticut's HIV workforce is **LGBT**

RACE / ETHNICITY



64% of Connecticut's HIV workforce identifies as a **minority**

HIV STATUS



I. Statewide Coordinated Statement of Need / Needs Assessment
C. Financial and Human Resources Inventory

The HIV workforce experiences high turnover rates and difficulty attracting qualified candidates to fill positions, and these trends apply to medical care as well. Unfortunately, even with access to care, PLWH may not be connected to a physician with an extensive background in the virus. The New England AIDS Education and Training Center (AETC) works within its funding capability to recruit and train physicians to treat PLWH. Connecticut boasts a high number of physicians (non-specific to HIV), suggesting a sound infrastructure with sufficient workforce capacity overall. Please see **Figures 24 – 27** for a look at **how Connecticut compares to a median value representing all states**; Connecticut ranked between 3rd and 12th in the following categories, nationwide⁴:

Figure 24. Total Active Physicians in Connecticut per 100,000 Population

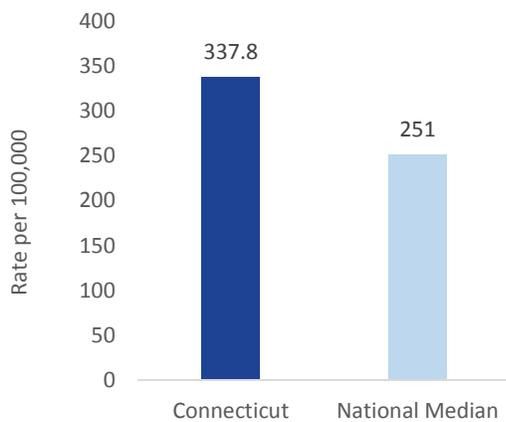


Figure 25. Total Active Patient Care Physicians in Connecticut per 100,000 Population

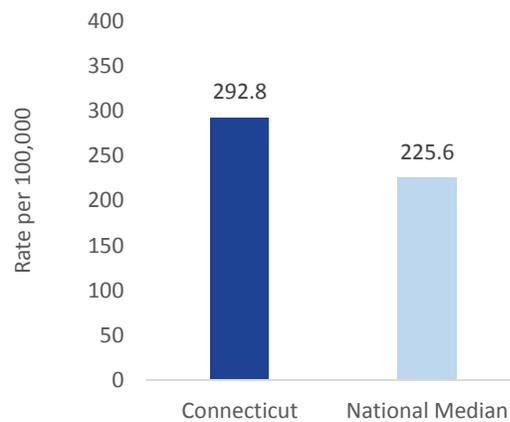


Figure 26. Total Active Primary Care Physicians in Connecticut per 100,000 Population

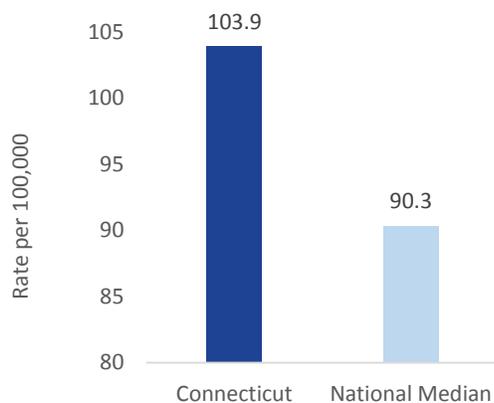
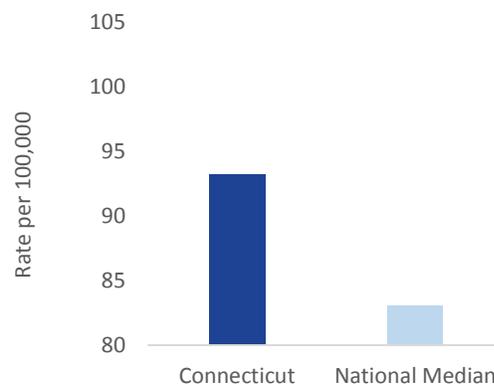


Figure 27. Total Active Patient Care Primary Care Physicians in Connecticut per 100,000 Population



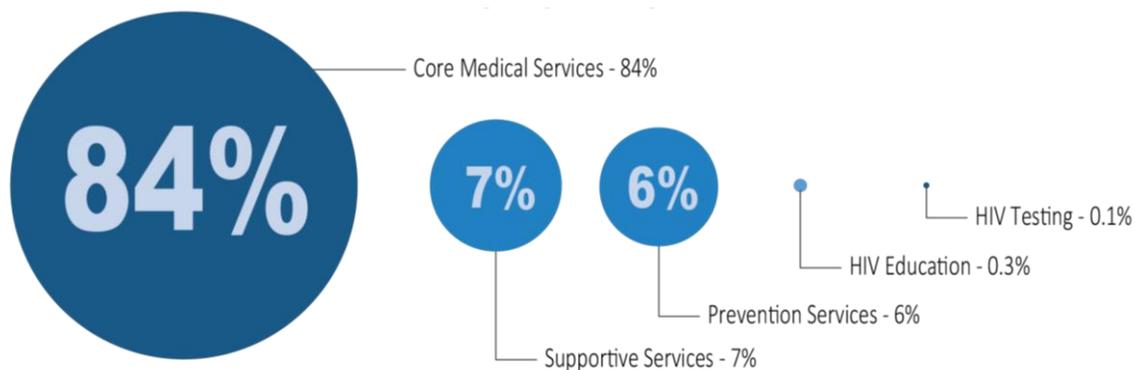
⁴ Data from 2015 State Physician Workforce Data Book, AAMC

HIV Prevention, Care, and Treatment Services Funding Sources

In Fiscal Year 2015, Connecticut’s public funding was representative of diverse sources including: Ryan White Parts A, B, C, D, and F, SAMHSA, HOPWA, as well as Federal prevention funding from the CDC, and State prevention funding from the Connecticut Department of Public Health. Additionally, nearly \$59 million in Medicare/Medicaid funding was spent on HIV/AIDS services in Connecticut. See [Table 3](#) on page 29.

[Figure 28](#) shows proportion of funding by type of service.

Figure 28. Funding by type of service



Resource Needs / Service Gaps, and Steps to Secure Them

Several themes emerge from review and discussions about resources, needs and service gaps, chief among which include:

- Increasing the amount of HIV prevention resources and improving collaboration with the stakeholders such as the local departments of public health, the Connecticut State Department of Education and the Department of Mental Health and Addiction Services Prevention and Health Promotion Unit.
- Allocating the Ryan White Part A funding (care) into supportive services (non-core medical) and establishing effective partnerships with other funders in housing, education, workforce development and employment.
- Increasing access to health care – including insurance coverage and support for medication co-pays.
- Positioning service providers to adjust service models and to innovate in the Affordable Care Act environment.
- Supporting workforce development, particularly to improve implementation of evidence-based strategies and promising models.
- Improving data collection systems and increasing communication and collaboration among HIV funders (and other stakeholders).
- Establishing a statewide campaign to end HIV.

The 2017 to 2021 Plan creates pathways to address each of these issue areas, as well as others.

D. Data: Access, Sources, and Systems

Main Data Sources

The [Epidemiological Profile](#) exists as the state's comprehensive resource on the current state of the epidemic; its data drives the planning process. The current Epidemiological Profile uses data through 2014.

The DPH convened a funders collaborative to facilitate data access and to coordinate data collection (e.g. financial inventory, workforce survey, planning processes conducted by various stakeholder groups). The 2016 [Funders & Leaders Survey](#) was completed by 13 individuals representing publicly funded HIV sources identifying perceived system strengths, weaknesses, and priorities. Please see the Appendix for survey summary results.

In addition to surveys, data sources included [eHARS](#), the HIV surveillance registry, [CareWare](#), the Ryan White case management system, and [Evaluation Web](#), the HIV testing and funding intervention database. The data for HIV care continua for the entire state and for the focus areas (the New Haven Eligible Metropolitan Area (EMA) and the Hartford Transitional Grant Area (TGA)) were derived from eHARS. Using CD4, viral load, or genotype results as markers for care, DPH determines who is a) [out of care](#), b) [connected to care](#), and c) [virally suppressed](#).

Data Policies

DPH uses name based reporting, requiring both detectable and non-detectable viral load laboratory findings. Prior to January 2014, only AIDS defining CD4 results were reportable; Connecticut now mandates the reporting of all CD4 laboratory findings to DPH, improving the ability to capture care continuum data. DPH staff in HIV Surveillance work closely with Prevention and Care on a regular basis to provide data and maps for targeting programs, monitoring trends, and evaluating disparities. The DPH is committed to improving systemic data sharing capabilities, such as participating in the HIV Affinity Group with the Department of Social Services (DSS) to access Medicaid data to improve HIV care and prevention services. The DPH is implementing Program Services Collaboration Integration (PCSI) model; the Plan includes capacity building in this area, as well.

Collaboration

The HIV funders collaborative identified future roles and responsibilities to improve the planning and data collection processes, share best practices, create economies of scale and optimize funding. Please see pages 13-16 for more details on Connecticut's interactive, collaborative, and communicative planning process.

Special Projects: Implementation Science

Since the inception of the DPH lead Connecticut HIV/AIDS Identification and Referral (CHAIR) Task Force, several projects have been implemented throughout the last year. This emphasizes the strong collaboration with DPH's academic research and evaluation partners in Connecticut. The following three projects highlight DPH engagement and collaboration with our partners in regards to evaluating evidence based interventions and identifying newer effective interventions that show promise in [improving the quality](#) of current funded efforts. These projects were highlighted at the New England HIV Implementation Science Network 3rd Annual Symposium held on June 2, 2016 and sponsored by the Center for Interdisciplinary Research on AIDS (CIRA) at Yale University and the Center for AIDS Research (CFAR). These data were published in New England HIV Implementation Science Network *Spotlight*.

According to the National Institute of Health (NIH), [implementation science](#) is the study of methods to promote the integration of research findings and evidence into healthcare policy and practice; it seeks to understand the behavior of healthcare professionals and stakeholders as a key variable in sustainable uptake, adoption, and implementation of evidence-based interventions (EBIs).

Special Projects (1) – Developing a Comprehensive HIV Care Continuum (HCC) Model in 9 Small Cities⁵

The HCC model is used at local, state, and federal levels to assess PLWH treatment delivery; however, less is known about the use of the model in small United States cities. CT DPH and its partners are assessing HCC data, as well as geospatial and qualitative data, to improve the model for nine small cities located in Connecticut, Massachusetts, and Rhode Island. These efforts will help the cities to more effectively address the service delivery system in their respective communities, as well as provide important information about the state of the epidemic along each continuum step.

As of June 2016, 40 in-depth key informant interviews were conducted with state health department staff and service providers within the nine cities. A coding schema is being developed, and quantitative data analysis is underway. HCC service provider addresses have been geocoded in participating cities, leading to the creation of descriptive maps identifying services and outcomes. These tools will help develop the HCC in these cities, highlighting crucial information about HIV/AIDS treatment delivery and ultimately revealing system gaps.

Please see **Figure 29** on page 35 for a look at the Connecticut HCC (also featured on page 25); this will serve as an assessment reference point for smaller communities on a local level.

Special Projects (2) – Project STOP: The Syphilis to PrEP Cascade⁶

Project Syphilis to PrEP (STOP) connects individuals reported to CT DPH for syphilis and partners of newly diagnosed HIV cases to Pre-Exposure Prophylaxis (PrEP). CT DPH disease intervention specialists (DIS) worked to refer all cases reported between September 2015 and March 2016 to a central PrEP navigator, who then provided education and linkage to services for these individuals. Despite improvements to the outreach process, DIS and PrEP navigators encountered the following barriers:

1. Communication related to protocol
2. DIS willingness to conduct referrals
3. Difficulty reaching PrEP candidates
4. Availability of services dependent on area

Within the aforementioned six-month period, 71 individuals were identified as potential candidates for PrEP. Ultimately, twelve individuals reported to CT DPH for either syphilis or as a partner of newly diagnosed HIV case were provided individualized information on PrEP as a method of HIV risk reduction and six were assisted in accessing PrEP medical services. Identifying barriers in the process revealed areas for improvement and introduced possible model refinements. Please see **Figure 30** on page 35 for more information.

⁵ Team and partners include: Thomas Stopka (Co-PI-Tufts); Laretta Grau (Co-PI-Yale); Robert Heimer (Co-I-Yale); Amy Nunn (Co-I-Brown). Staff: Marga Hutcheson (Tufts); Caitlin Towey (Brown); Abbie Kundishora (Yale). State Health Departments: MA, RI, CT. Several community based agencies and AIDS service organizations from the nine (9) participant cities also contributed.

⁶ Team and partners include: Krystn Wagner (PI-Fair Haven Community Health Center), Daniel Davidson (CT DPH), Sarah Calabrese (Yale), A.C. Demidont (Circle Care Center), Marianne Buchelli (CT DPH), and members of the CT DPH PrEP Workgroup (Peg Weeks and JiangHong Li (Institute for Community Research), Jim Pettinelli and Dini Harsono (Center for Interdisciplinary Research on AIDS at Yale University), Heidi Jenkins (CT DPH)).

Figure 29. Connecticut HIV Care Continuum

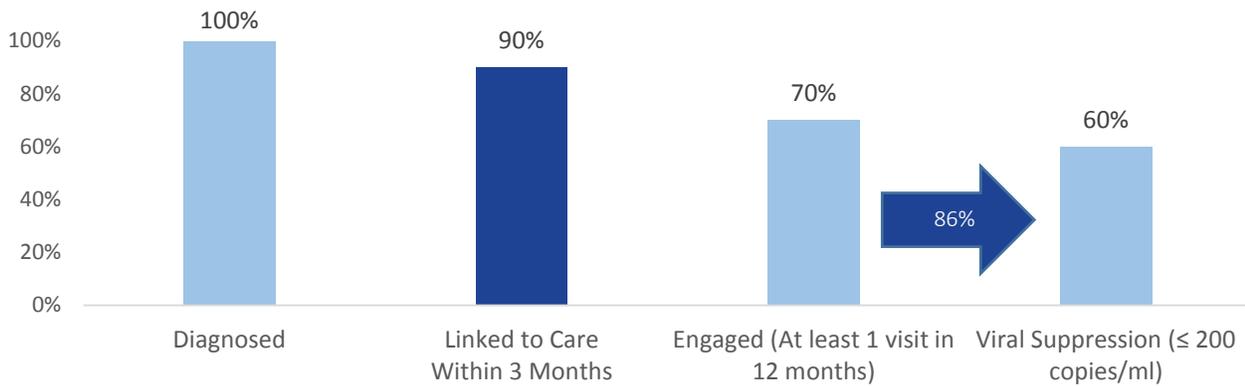
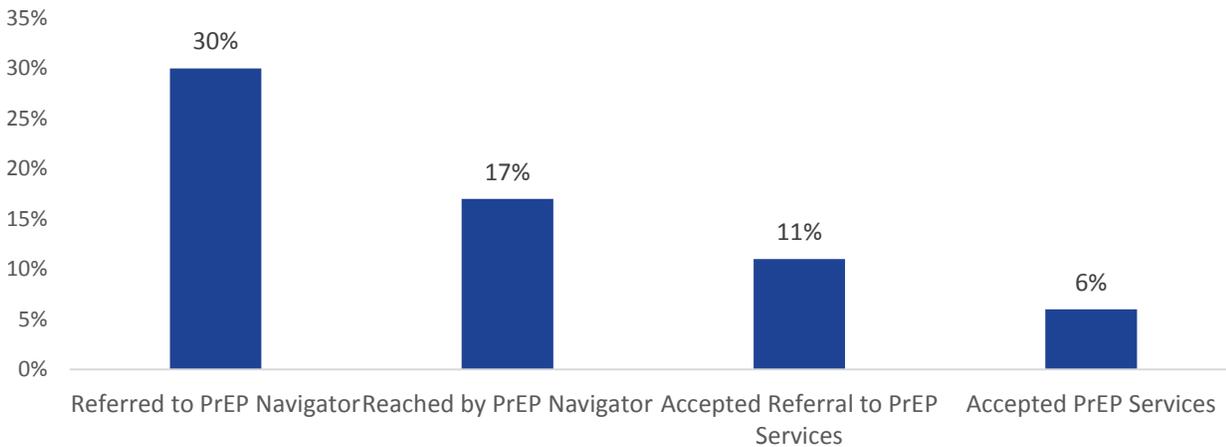


Figure 30. Connecticut's PrEP Candidate Referral Process, 2015-2016*



*Note: Seventy-one individuals were identified as candidates for PrEP (n=71).

Special Projects (3) – Evaluating Alternative Strategies to Prevent Overdose Deaths and New HIV Infections⁷

Connecticut faces a crisis of drug overdose deaths (see page 74 for more details); however, combining naloxone distribution and opioid replacement therapy and/or PrEP has favorable programmatic value. DPH and its partners compared five alternative strategies to combat the crisis:

1. No intervention
2. Naloxone distribution
3. Naloxone distribution + medical replacement therapy
4. Naloxone distribution + PrEP
5. Naloxone distribution + medical replacement therapy + PrEP

In modeling and comparing the outcomes and cost-effectiveness of these five strategies, DPH and its partners noted that while Naloxone distribution has favorable value compared to no intervention, combining it with methadone treatment is high value and even cost-saving compared to no intervention. They also identified that a strategy combining Naloxone distribution, PrEP, and methadone treatment has favorable value, with the potential to save 30 lives in Connecticut after five years (if applied to 3,000 Connecticut drug users).

CT DPH Initiative: Data to Care Strategies

Data to Care (D2C) is a public health strategy that aims to [use HIV surveillance data to identify HIV-diagnosed individuals not in care, and either link or reengage them in care and support the HIV Care Continuum](#) to improve health outcomes for PLWH. CT DPH has been working to initiate D2C activities throughout the TB, HIV, STD, and Viral Hepatitis Programs.

DPH requested Technical Assistance (TA) from the CDC to support D2C initiatives. The TA requested was in several areas, including but not limited to [Program Introduction and Goals, Operational Steps and Data Needs, Data Quality, Legal Considerations, and Community Engagement](#). TA will assist DPH in meeting its organization goals by 1) introducing DPH to the operational steps and data needs to successfully implement D2C; 2) identifying the person(s) who will lead implementation and coordination; 3) identifying the number of staff needed to successfully implement D2C; 4) helping select a D2C model that works best for Connecticut; 5) identifying necessary data quality standards; 6) selecting the person(s) with the correct skills, knowledge, and abilities for management; 7) identifying legal and ethical considerations in implementation.

DPH will also be participating in an [HIV Health Improvement Affinity Group](#). The HIV Health Improvement Affinity Group will bring together state public health and Medicaid and [Children’s Health Insurance Program \(CHIP\)](#) agencies to collaboratively improve health outcomes for Medicaid and CHIP enrollees living with HIV by identifying opportunities to strengthen the HIV care continuum among these populations. State programs will have an opportunity to learn about and share best and promising approaches with their state peers to improve viral load suppression among people living with HIV who are enrolled in Medicaid and CHIP. The Connecticut team will receive direct TA that 1) supports improved HIV-related outcomes among Medicaid and CHIP enrollees; and 2) builds stronger relationships among state Medicaid/CHIP programs, state public health departments, and other partners (e.g., primary care associations (PCAs); federally qualified health centers (FQHCs), local health departments, and other relevant public and private entities).

⁷ Team and partners include: R. Scott Braithwaite (PI); and Jennifer Uyei (N.Y.U. School of Medicine); Marianne Buchelli and Ramon Rodriguez-Santana (CT DPH); Faculty and Staff at the Center for Interdisciplinary Research on AIDS (CIRA) at Yale.

I. Statewide Coordinated Statement of Need / Needs Assessment
D. Data: Access, Sources, and Systems

Connections among DPH and other state programs will help improve HIV health outcomes, and will assist in the state's upcoming campaign to end AIDS by reaching the 90-90-90 goal outlined by the Joint United Nations Programme on HIV/AIDS (UNAIDS) (see page 76) that supports state collaborations between public health and Medicaid programs to improve the availability, accessibility, and quality of HIV prevention and care services delivered to HIV-infected Medicaid and CHIP enrollees. This technical assistance opportunity will provide ongoing conference calls with CDC, HRSA, and Centers for Medicare and Medicaid Services (CMS) subject matter experts and will include a face-to-face meeting in the future.

Disease Intervention Specialists (DIS)

DIS are highly skilled public health professionals who assist in protecting the health of HIV infected Connecticut residents by conducting routine public health activities, such as contacting individuals with a reportable infectious disease. Connecticut has the legal and statutory authority to collect information necessary to investigate, prevent and control diseases of public health significance.

Currently, DIS are responsible for locating, counseling and eliciting sexual contacts of persons with sexually transmitted diseases (STDs), including HIV. These investigations are generated through laboratory surveillance reports and referrals. In 2016, CT DPH secured funding to hire additional DIS workers: [HIV DIS \(H-DIS\)](#) and [Project Cooperative Re-Engagement Controlled Trial \(CoRECT\) DIS \(C-DIS\)](#) (see [Table 4](#) on page 38). All new DIS will shadow current, seasoned DIS for on the job training, both in the clinical and field settings. They will also receive an overview of the Connecticut Confidentiality Guidelines for HIV/STD/TB/Hepatitis Surveillance Programs 2016, which includes a signed agreement to adhere to all confidentiality procedures. DIS training will occur through a CDC-sponsored DIS Training Center; it will include several online Disease Concept Modules, Partner Services Core Skills Modules, classroom training and Training/Operations for Safety around Field Encounters interactive course. An abbreviated Anti-Retroviral Treatment (ART) and Access to Services training will also be provided to assist behavioral change interventions for clients resistant to returning to care.

All DIS will employ all available electronic state-based and clinic-based information to obtain current locating information on clients. These databases include, but may not be limited to, [eHARS](#), [HARMS](#), [STD*MIS/Maven](#) and [Lexis Nexis](#). The DIS will then attempt to locate clients until all available resources have been exhausted. Attempts to locate will be through phone calls, field visits and other mechanisms as available.

All attempts to locate clients will be documented, entered into a confidential database, and maintained in a confidential location. Once the client is located, a secure and confidential conversation will occur. The DIS will confirm the client's identify and verify medical information. Based on the client's need and willingness to return to care, DIS will take steps to secure an appointment and transportation, and schedule any other necessary screenings (e.g., STDs, TB). If the client is unwilling to return to care, DIS will take a different course of action which may include referring the client to an Early Intervention Specialist (EIS) for further ongoing intervention. The DIS will confirm the identity of the client through verification of date of birth, and verification of the person's medical information, including HIV status, last known provider and other pertinent medical information.

All of these D2C activities will poise DPH to be able to respond to an anticipated merging of HIV Prevention and HIV Surveillance grants by CDC in 2018.

Table 4. H-DIS versus C-DIS in Connecticut

HIV Disease Intervention Specialists (H-DIS)	Project Co-Rect Disease Intervention Specialists (C-DIS)
<p>Initially, H-DIS will be working with HIV-positive clients who have been in care and then are determined “out of care,” as well as HIV-positive clients who have never received care. They are assigned to the New Haven and Hartford Health Departments and cover assigned areas throughout the state. H-DIS will review the client’s care status on an annual basis. If a client who was re-engaged to care in the past falls out of care again, the H-DIS will again be assigned the case for appropriate follow up.</p> <p>H-DIS may also work with these clients to obtain information necessary to locate their sexual and needle sharing partners. Once located, the H-DIS will provide them with risk reduction, health and disease prevention resources and assure appropriate examination and treatment, as necessary. Any partners found to be negative for HIV will be informed of PrEP availability and referred to a PrEP navigator.</p>	<p>Project CoRECT is a 3-year initiative in collaboration with Yale School of Medicine, focusing on locating OOC clients and assuring they return to medical care. Eligible clients are those who have been in care (meaning one medical visit and viral load) for 12 months and then are found OOC (according to the Project CoRECT definition) during the next six months. The primary aim of this project is to evaluate the effectiveness and impact of the C-DIS intervention compared to the Standard of Care, as established by each participating clinic. C-DIS will work with assigned clinics in a predetermined area of the state. The C-DIS will meet regularly with designated clinic staff to review clients who are defined as OOC. Once the list is finalized, a randomization will take place. Those assigned for C-DIS follow-up will be downloaded into a confidential, encrypted tablet utilized by the C-DIS, with all complete locating, demographic and medical information provided.</p>

E. Assessing Needs, Gaps, and Barriers

Statewide Approach to Determining Gaps

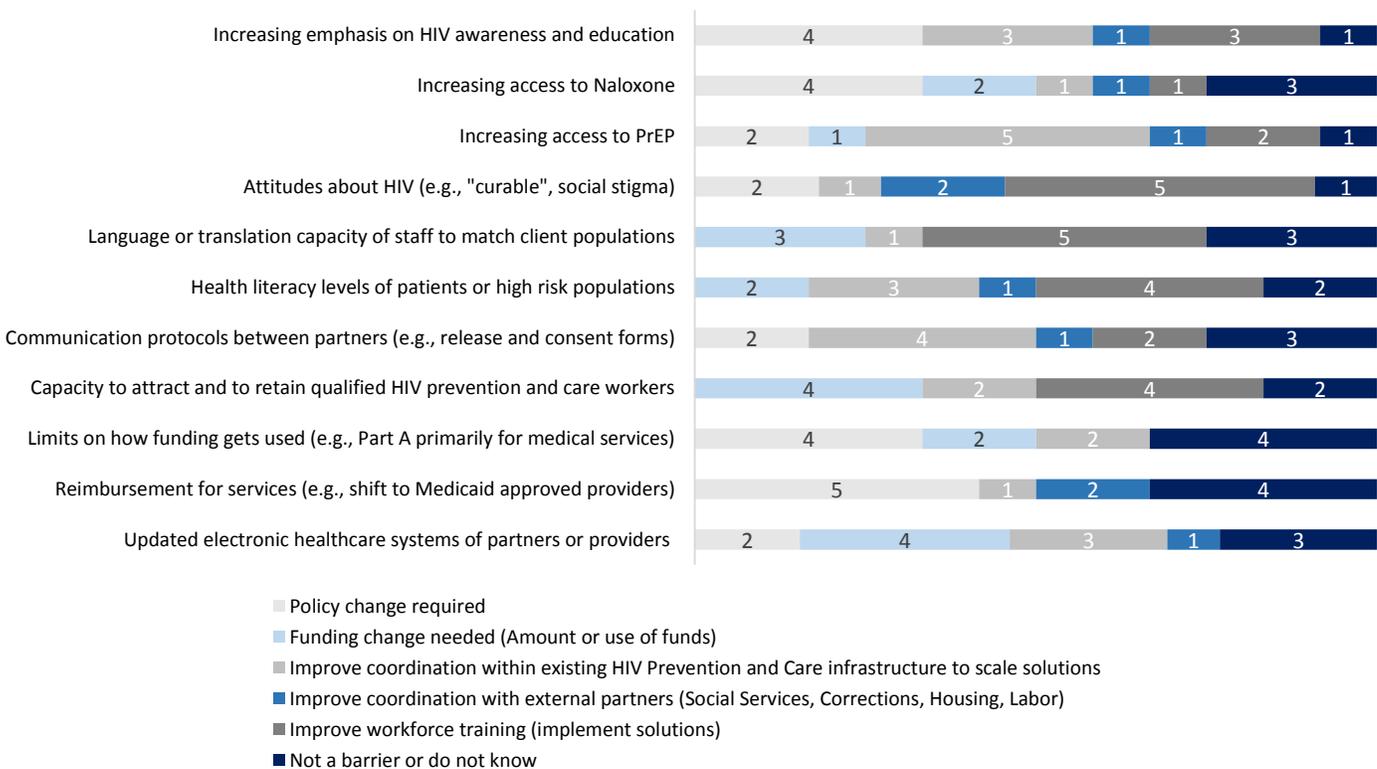
Connecticut’s planning process involved countless contributors, representing unique areas of expertise, geographic locations, and background experiences. Despite a wide range of input, the planning process remained clear and direct: **analyze data**, **identify gaps**, and **discuss solutions**. This simple data- and dialogue-driven approach ensures a focused path toward achieving Plan goals. Discussion around needs, gaps, and barriers occurred among different groups in 2015 and 2016, including a few key parties:

CT DPH sets the tone for all HIV planning processes with an emphasis on solving problems and meeting needs. DPH has participated in a range of projects and studies designed to bridge existing gaps, many of which are referenced in the Plan.

The CHPC is committed to ongoing quality improvement in every facet of the planning process. Thus, an emphasis on filling gaps is not only the norm, but the expectation. The Data and Assessment Committee monitors performance indicators, aids in needs assessment tool development, and discusses supportive resources such as housing and employment. The full CHPC also focuses on addressing needs: please see page 77 for information on the CHPC’s May 2016 PLWH Panel, which provided a platform to discuss high priority needs.

The HIV Funders Collaborative was convened by the DPH to bring several representatives of publicly funded HIV resources to the table. The Collaborative identified existing gaps through discussion, as well as through a Funders + Leaders Survey. Please see **Figure 31** for a glimpse at the funders’ perspectives, and visit the Appendix for a full survey summary. The Funders Collaborative will remain involved in Plan implementation activities, including providing input on a 2017 PLWH Needs Assessment.

Figure 31. Perspectives of HIV Funders



Process to Identify HIV Prevention & Care Service Needs of PLWH and Higher Risk Individuals

Connecticut uses several data sources to inform the planning process and to identify needs, gaps, and barriers within its current service delivery system. The state relies on a wide range of sources to support thorough and accurate data collection. Please see [Table 5](#) for more information.

Table 5. Resources Identifying HIV Prevention & Care Service Needs

Primary Quantitative Sources	Primary Qualitative Sources
<p>2016 Epidemiological Profile of HIV Connecticut’s Epi Profile uses data reported through 2014 to reveal current trends statewide and on local levels, and includes information on service delivery gaps for PLWH and people at higher risk for infection.</p>	<p>Connecticut HIV Planning Consortium Consisting of several PLWH and those working in the field, the CHPC boasts a range of perspectives; CHPC actively recruits from diverse regions to broaden the understanding of service gaps throughout the state.</p>
<p>National HIV/AIDS Data and Information Connecticut analyzes data on the national level to stay updated on trends and breakthroughs, provide basis for comparison, and gain wider perspective. Sources include NHAS, CDC, and U.S. DHHS data.</p>	<p>HIV Workforce Survey This survey asked Connecticut’s publicly funded HIV workforce to provide geographic, educational, and professional experience information. Please see the Appendix for survey summary results.</p>
<p>CHPC HIV Indicators The CHPC Quality and Performance Measures (QPM) Team of the Data and Assessment Committee (DAC) discusses, identifies, adjusts, and annually updates statewide performance indicators (page 7).</p>	<p>HIV Funders & Leaders Survey This survey asked Connecticut’s public funding representatives to provide input on HIV prevention and care service delivery needs. Please see the Appendix for survey summary results.</p>

In 2013, the CHPC conducted a [Needs Assessment](#) of more than 1,000 PLWH receiving HIV care services supported by federal funding (e.g., Part A, ADAP). The themes revealed continue to drive planning work:

- [Care services](#) identified as “needed and cannot get” include: a) assistance paying for housing; b) dental care; and c) assistance paying for healthcare costs.
- The [prevention services](#) identified as “needed and cannot get” include: a) education programs with information on HIV; b) services to help limit a partner’s risk; and c) help telling partners about possible exposure to HIV.

The CHPC plans to conduct a statewide Needs Assessment of PLWH in 2017, using recurring themes from statewide surveys and discussions to focus specifically on the state’s highest priorities.

Barriers to HIV Prevention and Care Services

HIV is highly concentrated in Connecticut cities linked to low income and low socioeconomic status; most significantly impacted cities include Hartford, New Haven, and Bridgeport. The 2013 PLWH Needs Assessment revealed the following high priority barriers to needed services (listed above):

- Fear that others will find out about HIV status
- Unable to afford services (e.g., co-pays)
- Incomes were too high to qualify for services (i.e., working poor)

The HIV Funders & Leaders survey revealed additional barriers, all of which are addressed in the Plan:

- Insufficient program funding

I. Statewide Coordinated Statement of Need / Needs Assessment
E. Assessing Needs, Gaps, and Barriers

- Shortage of prevention education initiatives
- Shortage of testing initiatives
- Existing policies / existing HIV prevention and care infrastructure
- Stigma

Meeting HIV Prevention & Care Service Needs of Persons at Risk for HIV

The scope of service needs for persons at risk for HIV and PLWH expands far beyond those of traditional healthcare. Connecticut receives funding from CDC and HRSA to provide prevention and care medical/support services to these populations. Eligible people living with HIV (PLWH) with income less than 100% of the Federal Poverty Level (FPL) can access these services at no cost.

Prevention initiatives include the following:

Outreach, Testing and Linkage (OTL) emphasizes outreach to the highest risk populations, rapid HIV testing, timely linkage to HIV care services, and referrals to prevention services as needed; Hepatitis C Virus (HCV) services have been integrated into OTL.

The **Expanded Testing Initiative (ETI)** relies on community health centers, emergency departments and outpatient clinics to conduct expanded and integrated opt-out HIV screening or routine testing. An ETI coordinator facilitates coordination of all HIV positive clients to first medical appointments within 90 days. The process includes screening for STDs, HCV, and TB as well as referrals to Partner Services and other prevention services.

Effective Behavioral Interventions

- **High Impact Prevention (HIP) Effective Behavioral Interventions (EBI)** use combinations of scientifically proven cost-effective, targeted and scalable interventions for maximum impact on the HIV epidemic. The strategies have been proven effective through research studies that showed positive behavioral and/or health outcomes. Interventions target priority populations such as PLWH, MSM, etc.
- **Syringe Services Programs (SSP)** provide a full array of Drug User Health services to people who inject drugs including but not limited to: access to clean syringes and works, drug treatment referrals, HIV and HCV testing, harm reduction education, overdose prevention training, and naloxone access.
- **CT Overdose Prevention Education and Naloxone (OPEN) Access CT** provides education and training on how to prevent opiate-related overdoses through Naloxone provision and administration. These services are provided through existing HIV Prevention Programs.
- **Partner Services (PS)** refer to a range of services offered to persons with HIV or other sexually transmitted diseases (STD) and their sexual or needle-sharing partners. PS can improve health on individual and community levels by identifying persons, confidentially notifying their partners of their possible exposure, and providing persons and their partners a range of medical, prevention, and psychosocial services. DPH Disease Intervention Specialists (DIS) provide assistance with delivering positive test results, notifying and testing partners and making linkages to other services.
- DPH implements **4th Generation HIV testing**. The DPH Laboratory began 4th Generation HIV testing on all HIV specimens submitted to the state lab beginning July 1, 2015. DPH HIV testing programs referred to as Outreach, Testing and Linkage (OTL) programs began 4th Generation rapid HIV testing in the field using the newly CLIA waived 4th Generation HIV rapid test, Alere Determine, in the fall of 2015. This new 4th Generation rapid HIV Test is the first Clinical Laboratory Improvement Amendments (CLIA) waived HIV screening tool that can detect p24 antigen in and HIV antibodies; this enables identification of acute HIV infections, at roughly 15 days after exposure, so that linkages to HIV care services will occur sooner.

I. Statewide Coordinated Statement of Need / Needs Assessment
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Care initiatives include the following:

The [Connecticut AIDS Drug Assistance Program \(CADAP\)](#) is a pharmaceutical assistance program that pays for medications approved by the U.S. Food and Drug Administration (FDA) on its formulary to treat HIV and HIV disease related conditions. The Connecticut Department of Social Services, in partnership with the Connecticut Department of Public Health, administers the program. CADAP provides assistance with health insurance payment through its Connecticut Insurance Premium Assistance (CIPA). The program requires verification of HIV/AIDS by a medical provider, proof of Connecticut residency, health insurance status, and income less than 400% of the FPL.

[Transitional Linkage into the Community \(Project TLC\)](#) assists PLWH ready for release from, or recently released from, Connecticut's correctional system with linkages and referrals to community services, including CADAP, core medical and support services, medical transportation, and referrals for individuals 30-60 days following release.

The statewide [HIV Medication Adherence Program \(MAP\)](#) helps PLWH adhere to their HIV medication and treatment regimens. Licensed staff provides bio-psychosocial assessments, individualized treatment plans, health education, as well as follow up and referral to support services. Adherence services help clients remain in care, obtain viral load suppression, and improve health outcomes. (See [Medication Adherence Program information.](#))

The [Statewide Medical Case Management \(MCM\)](#) programs assist PLWH with income levels of 300% FPL or less to enter and remain in medical care through bio-psychosocial assessments, individualized care plans, advocacy, and referrals for core and support services including health insurance.

[Medical Nutrition Therapy Programs](#) provides client nutritional health assessments, individualized nutritional plans, and nutritional counseling for PLWH. Licensed registered dietitians/nutritionists manage the programs. Clients can access nutritional supplements and nutritional food to maintain healthy weight, reduce side effects from certain medications, and improve their health outcomes.

The [Department of Mental Health and Addiction Services](#) offers [Infectious Disease Services](#) in the context of substance abuse treatment. Risk reduction plans get developed for high risk patients. Plans include HIV counseling and testing as well as services for Hepatitis C and tuberculosis; all HIV seropositive clients develop a treatment plan determining their HIV needs and priorities. Prevention/case management services and education are offered to clients as well as their families and significant others.

Connecticut receives approximately \$3 million in [Housing Opportunities for Persons with AIDS \(HOPWA\)](#) program funding (fiscal year 2015). HOPWA provides housing assistance and related support services for low-income persons with HIV/AIDS and their families. [CTHousingSearch.org](#) represents a free resource for finding and listing housing anywhere in Connecticut. Property providers across the state can post apartments and houses for rent at any time. A subdirectory shows resources specifically for persons with disabilities. Visit www.cthousingsearch.org for additional information.

[Access Health CT](#) is the state health insurance exchange administered by the State of Connecticut to meet the requirements of the federal Affordable Care Act. The exchange provides individuals, families and small businesses with a range of qualified, approved health plans from brand name carriers. Visit www.accesshealthct.com for additional information.

ONLINE SERVICE INFORMATION

For a listing of Statewide HIV/AIDS Services see [HIV Care, Prevention and Support Services by County](#). The Guide, available on the United Way of Connecticut's 2-1-1 website, provides comprehensive information about specific HIV/AIDS services in Connecticut.

For more information on supportive resources meeting the needs of PLWH and those at high risk, please see [Featured Resources & Initiatives](#) on pages 66-76.

Service Delivery Analysis

Analyzing needs helps statewide planners identify successes and challenges within the service delivery system. Connecticut's Plan optimizes its service delivery strengths, addresses its weaknesses, embraces and maximizes statewide opportunities, and remains cognizant of all potential threats. Please see [Table 6](#) on page 44 for a Strengths, Weaknesses, Opportunities, and Threats (SWOT) analysis of the current service delivery system.

I. Statewide Coordinated Statement of Need / Needs Assessment
 E. Assessing Needs, Gaps, and Barriers

Table 6. SWOT Analysis Summary

<p style="text-align: center;">STRENGTHS</p> <p>Connecticut HIV Planning Consortium (CHPC)</p> <ul style="list-style-type: none"> • Integrated prevention and care planning in 2008 • Commitment by DPH to convene diverse stakeholders including PLWH • CHPC national model for statewide HIV planning groups • Significant PLWH input/representation <p>Involvement of PLWH</p> <ul style="list-style-type: none"> • PLWH comprise 50% of CHPC members and serve as leaders • CHPC environment supports parity and equity • Plan places emphasis on peer models <p>Strong Implementation Infrastructure</p> <ul style="list-style-type: none"> • 169 local health departments • 13 community health centers at 35+ locations • Strong partners including state agencies, Ryan White Part A, B, C, D, F, HOPWAA and Center for Interdisciplinary Research on AIDS (Yale) experts <p>HIV Prevention and Care Services</p> <ul style="list-style-type: none"> • Openness to innovate in response to emerging needs (e.g., PrEP, Narcan, syringe exchange, partner services) • Ryan White funded programs produce outcomes at or above national standards • Robust ADAP program and drug formulary 	<p style="text-align: center;">WEAKNESSES</p> <p>Coordination and Communication</p> <ul style="list-style-type: none"> • No county government; must coordinate efforts across 169 towns • Uneven practices in data collection and data sharing across partners • Patchwork of online resources difficult to navigate • Use of social media in formative stages • Limited involvement of payers <p>HIV Prevention and Care Services</p> <ul style="list-style-type: none"> • Scaling effective models to engage PLWH who do not know status • Developing and scaling effective models that connect PLWH with housing and employment opportunities • Use of peer-driven or peer-supported strategies in formative stages; need mechanisms to support & scale • Limited investment on prevention including state and local education partners <p>HIV Workforce</p> <ul style="list-style-type: none"> • Limited training opportunities in core competencies and/or cultural sensitivity; no career pathways • Aging workforce • Workforce diversity (e.g., race, ethnicity, age, PLWH)
<p style="text-align: center;">OPPORTUNITIES</p> <p>Statewide Campaign to End HIV</p> <ul style="list-style-type: none"> • DPH Commissioner launched effort to develop campaign to end HIV • Use public health model and stakeholder engagement; CHPC will play a leading role <p>Data to Care Initiatives</p> <ul style="list-style-type: none"> • DPH continues to build analytic capacity to support data-driven planning at statewide, regional and town levels and to integrate databases • DPH supports special initiatives to locate PLWH who have fallen out of care and link them to appropriate services (using Disease Intervention Specialists who protect patient confidentiality/privacy in accordance with Connecticut laws) <p>Social and Digital Media</p> <ul style="list-style-type: none"> • Communications work group in formative stages • Pilot projects using social media <p>Workforce Training</p> <ul style="list-style-type: none"> • Emphasis on supporting peer-driven models • Emerging effort to include PLWH in quality improvement • Efforts underway to create career pathways that include stackable credentials for Community Health Workers and Substance Abuse Prevention Specialists <p>HIV Funders Collaborative</p> <ul style="list-style-type: none"> • HIV funders assemble to coordinate funding, data collection, data sharing and training, to inform policy development and to share and scale effective models 	<p style="text-align: center;">THREATS</p> <p>Access to Care</p> <ul style="list-style-type: none"> • 6% of Connecticut residents remain uninsured • Insurers exiting Health Exchange • Healthcare costs continue to increase • Healthcare provider consolidations • Funding reductions at federal, state and local levels <p>Poverty</p> <ul style="list-style-type: none"> • Almost 11% of Connecticut residents earn incomes below the poverty line • Disparities exist in poverty rates: 27.6% for Latinos; 24.0% for African Americans; 18.8% for Asian Americans and 8/1% for Whites • Income inequality ratio of 18.2 (share of income for top 20% of households v 20%) ranks near worst <p>Other</p> <ul style="list-style-type: none"> • Social stigma as a barrier to care and a hindrance to public conversation and education • High housing costs; limited affordable housing • Hunger and food insecurity • Aging population, including PLWH and workforce (clinical and front-line staff) • Turnover and lower earning potential within the HIV workforce, including leaders at community-based organizations

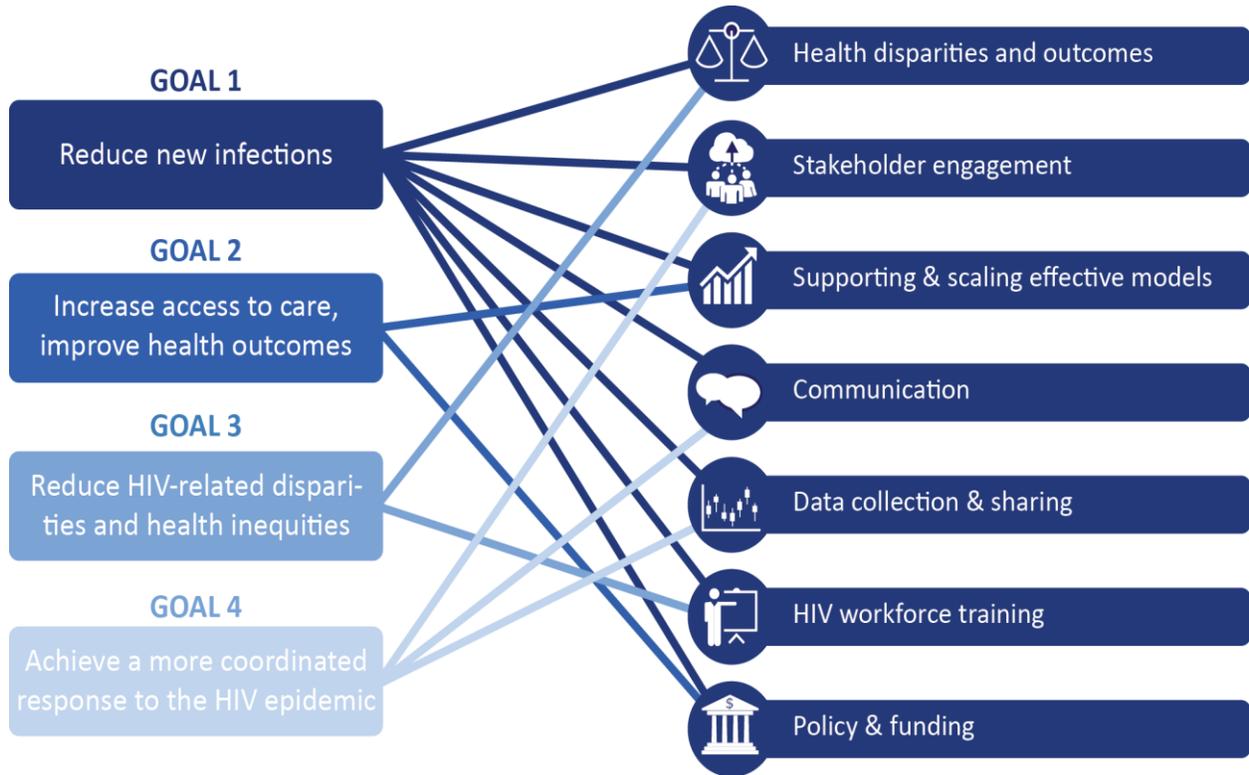
Acknowledging gaps enables Connecticut’s planners to target their efforts. Please see [Figure 32](#) on page 45 for remaining gap analysis, as identified by Connecticut’s HIV planners.

Figure 32. Current HIV Service Delivery System Gaps

<p>Health disparities and outcomes</p> <ul style="list-style-type: none"> • Black males were diagnosed at roughly 8 times the rate of white males in 2014 • Hispanic males were diagnosed at roughly 4 times the rate of white males in 2014 • Highest diagnosis rate in 20-29 year old males based on cases reported between 2010 and 2014 • Of all female diagnoses reported in 2014, 72% identified as Black or African American • Priority populations include Black/African American/Latino males and females, HCV co-infected, late testers, the aging population, among others (see page 22). 	<p>HIV Workforce training</p> <ul style="list-style-type: none"> • Job descriptions and hiring protocols vary widely and may not focus on core competencies • HIV core competencies training occurs inconsistently and primarily “on the job” • No “market place” or digital exchange that promotes and supports hiring in this field • Wide range of professional development practices and supports for workers in the field • Limited cultural sensitivity training <p>Absence of clearly articulated career path development (i.e., certifications and credentials)</p> 
<p>Stakeholder Engagement</p> <ul style="list-style-type: none"> • Insurance providers • Partners associated with social determinants of health (e.g., workforce, housing) • Partners associated with education and training 	<p>Communication</p> <ul style="list-style-type: none"> • No current statewide campaign to end HIV • Varied and informal communication networks • Limited capacity and funding to support digital initiatives • Limited training on and use of social media platforms 
<p>Data Collection and Sharing</p> <ul style="list-style-type: none"> • Inconsistent data collection practices • Limited capacity for data set analysis (agency, state levels) • Minimal data-driven planning at local levels (e.g., use care cascades to understand roles of partners in a community) • Data sharing protocols uneven or under-developed (e.g., consent and release forms) • Duplicative data entry across partners 	<p>Supporting and Scaling Effective Models</p> <ul style="list-style-type: none"> • Engaging PLWH who are unidentified • Pre-Exposure Prophylaxis (PrEP) • Peer-driven outreach strategies • Social media strategies • Quality improvement • Care coordination across support services • Addressing health literacy and language barriers 
<p>Policy and Funding</p> <ul style="list-style-type: none"> • n-PEP not available outside realm of sexual assault • Communication protocol between partners • No mandated sexual education in public school system health curriculums • Increasing funding support for prevention • Increasing funding for marketing and communications • Increasing funding for workforce training • Increase funding to build data collection, analytic capacity 	

Connecticut is highly equipped to implement the Plan over the next five years, and possesses a strong and capable healthcare infrastructure; however, remaining priority gaps are addressed several times within each of the Plan's four goals. **Figure 33** demonstrates the relationship between the Plan goals and system gaps.

Figure 33. HIV Plan Response to Service Delivery System Gaps





SECTION II.

INTEGRATED HIV PREVENTION AND CARE PLAN

How were goals determined?

- ◆ *Connecticut's four goals align with those of the National HIV/AIDS Strategy (NHAS).*

How were measurable objectives selected?

- ◆ *Objectives represent statewide indicators and HIV indicators from Connecticut's Statewide Health Improvement Plan (SHIP) to ensure consistent priority measures across the state.*
- ◆ *Objectives were discussed by DPH staff, CHPC co-chairs, the HIV Funders Collaborative, and the full CHPC.*

How were activities categorized?

- ◆ *The Integrated Plan's activities are categorized into thematic groups, including, but not limited to the following:*
 - *Marketing & Communications*
 - *Outreach, Engagement & Training*
 - *Policy Development & Sustainability*

Specific Plan highlights?

- ◆ *The Plan focuses on data- and dialogue-driven solutions, peer-to-peer outreach models, and unprecedented statewide initiatives such as standardized workforce trainings, among other plans.*

II. Integrated HIV Prevention and Care Plan
A. Goals, Objectives, Strategies, Activities, and Resources

Goal 1. Reduce new infections.

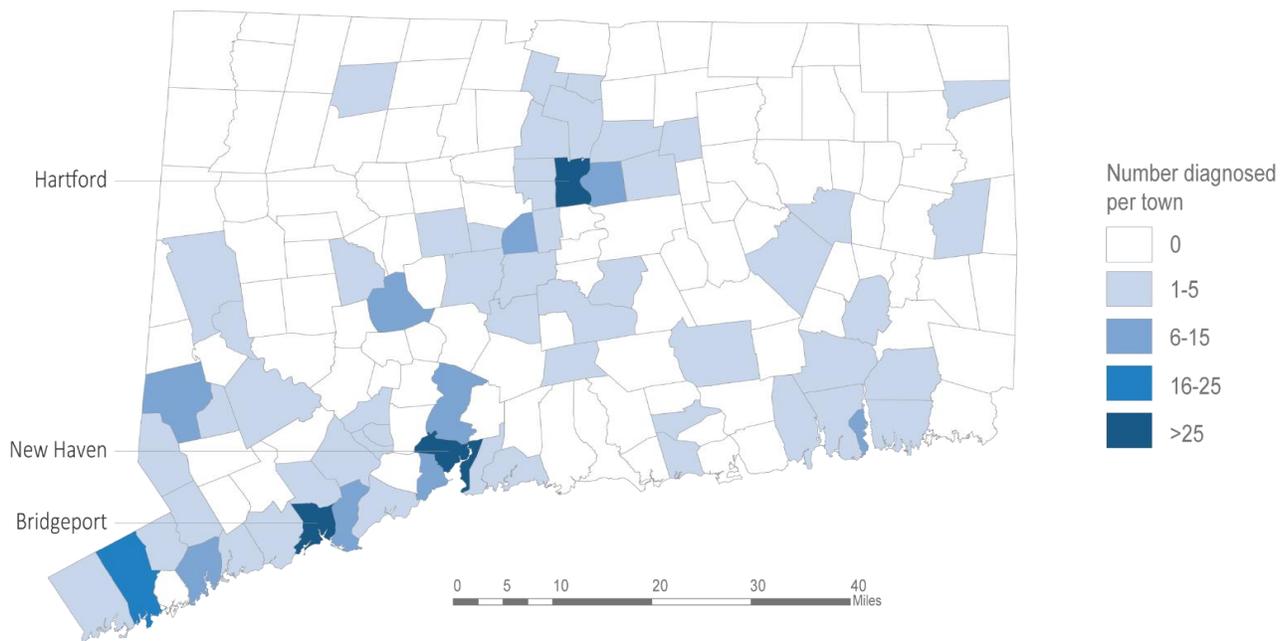
Objective 1.1. Decrease the number of new infections by 25%, from 291 in 2014 to 218 in 2021.

Objective 1.2. Increase number of people being tested through CT funded initiatives (Routine testing, Outreach Testing & Linkage or OTL) from 13,579 in 2014 to 15,000 in 2021.

See pages 49 and 50 for Goal 1 focus areas, activities, and other details.

In 2014, 291 HIV cases were diagnosed in Connecticut at an overall rate of 8.1 per 100,000 people. Of those cases, black males were diagnosed at a rate of approximately 8 times that of white males and Hispanic males were diagnosed at a rate of approximately 4 times that of white males. Of the 79 females diagnosed in 2014, 72% classified as Black or African American. Between 2010 and 2014, most frequent diagnoses were among 20-29 year old males.⁸

Figure 34. Newly Diagnosed HIV Infection Cases (N=291), Connecticut, 2014 (as of 2015)



Implementation partners include:

CT DPH, all Ryan White Parts, Positive Prevention CT, and DMHAS.

⁸ See appendices for full Epidemiological Profile.

II. Integrated HIV Prevention and Care Plan
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Goal 1. Reduce New Infections			
Objective 1.1 Decrease the number of new infections by 25%, from 291 in 2014 to 218 in 2021.			
Focus Area	Priority Activities	Outcomes	Implementers
A. Strengthen statewide communication platform to deliver prevention and health promotion messaging	<p>Marketing & Communications</p> <ul style="list-style-type: none"> ○ Position www.positivepreventionct.org as a primary gateway for information to the HIV community & the general public ○ Refresh content regularly on www.positivepreventionct.org ○ Use social media channels and marketing campaigns to reach priority populations & into geographic hotspots; integrate with statewide campaign (see goal 3.1); infuse other topics such as HCV <p>Outreach, Engagement & Training</p> <ul style="list-style-type: none"> ○ Train and deploy PLWH and peers on social media and outreach to engage priority populations in focus groups, community listening sessions; message development; and social marketing campaigns ○ Provide tools and coordinate digital event calendars (e.g., speakers lists, communication templates) for prevention and risk reduction events (e.g., HIV Awareness Day, testing days) ○ Increase involvement of prevention stakeholders with the CHPC committees and statewide plan (e.g., engage local health departments and partners using evidence-based strategies such as “Making Proud Choices” that promotes safe sex) <p>Policy Development & Sustainability</p> <ul style="list-style-type: none"> ○ Promote mandatory sexual education as part of the health education curriculum (partner with GLSEN and True Colors) 	<ul style="list-style-type: none"> ● Website traffic ● Social marketing analytics (e.g., # likes) ● Attendance at events ● # social marketing campaigns in geographic hot spots ● # peers trained ● # listening sessions ● # venues engaged (e.g., schools, churches, summer programs) ● # programs that integrate HCV 	<ul style="list-style-type: none"> ● CT DPH ● All Ryan White Parts ● Positive Prevention CT <p>Other partners may include: local Health Departments; True Colors, Connecticut State Department of Education; AIDS Life Campaign; Area Health Education Centers (AHECs); Hartford Youth HIV Identification and Linkage to Care (HYHIL); churches; Department of Corrections (re-entry population); Department of Mental Health & Addiction Services; school-based health clinics; Department of Children & Families; GLSEN; True Colors</p>
B. Increase access to PrEP and n-PEP	<p>Marketing & Communications</p> <ul style="list-style-type: none"> ○ Use marketing and social media campaigns to increase awareness of PrEP, benefits of PrEP and how to access PrEP ○ Publish a digital resource inventory of PrEP providers & resources <p>Outreach, Engagement & Training</p> <ul style="list-style-type: none"> ○ Train HIV program staff, other peers and staff – including PLWH (e.g., community health workers, substance use, syringe exchange, healthcare system navigators, and clinical staff about PrEP, potential PrEP candidates, and PrEP services and supports <p>Service Delivery Improvements</p> <ul style="list-style-type: none"> ○ Review and refine clinical delivery systems to offer and deliver PrEP; start with priority populations (e.g., MSM, transgender) ○ Identify opportunities to apply non-clinical support services for individuals on PrEP to improve risk reduction, facilitate medication adherence and retain in care (<i>*care models in prevention services</i>). ○ Expand access to n-PEP beyond sexual assault 	<ul style="list-style-type: none"> ● Digital resource inventory ● Marketing content ● # social media campaigns ● # peers and staff trained to conduct outreach; # trained to administer & support PrEP ● # programs offering PrEP ● Risk reduction protocols and plan (standards) 	<ul style="list-style-type: none"> ● DPH ● All Ryan White Parts <p>Other partners may include: community health centers; local health departments; Positive Prevention CT; Community Based Organizations; Connecticut HIV/AIDS Information & Referral Task Force (CHAIR); True Colors; AHECs; HYHILC</p>
C. Promote “Treatment as Prevention”	<p>Marketing & Communications</p> <ul style="list-style-type: none"> ○ Develop “treatment as prevention” messages and content for www.positivepreventionct.org ○ Use social media channels and marketing campaigns to reach priority populations and geographic hotspots; See Goal 1; Objective 1.1 “prevention and health promotion messaging” ○ Integrate “treatment as prevention” into statewide campaign; see goal 3.1. <p>Outreach, Engagement & Training</p> <ul style="list-style-type: none"> ○ Train service delivery staff (& peers) on Treatments as Prevention ○ See Goal 2 activities that increase access into healthcare; linkage to HIV services & medication; and promote viral suppression 	<ul style="list-style-type: none"> ● See outcomes for Objective 1.1.A (communications platform) ● See outcomes for Goal 2 ● See outcomes for Goal 3.1 	<ul style="list-style-type: none"> ● CT DPH ● All Ryan White Parts ● Positive Prevention CT <p>Other partners shown in Goals 1.1.A; 2; and 3.1</p>

II. Integrated HIV Prevention and Care Plan
A. Goals, Objectives, Strategies, Activities, and Resources

Goal 1. Reduce New Infections			
Objective 1.2 Increase number of people being tested through CT funded initiatives (Routine testing, Outreach Testing & Linkage or OTL) from 13,579 in 2014 to 15,000 in 2021.			
Focus Area	Priority Activities	Outcomes	Implementers
A. Improve evidence-based HIV outreach, testing and linkage services	<p>Marketing & Communications / Outreach and Engagement</p> <ul style="list-style-type: none"> ○ See activities under Objective 1.1, Focus Area A <p>Service Delivery Improvements</p> <ul style="list-style-type: none"> ○ Implement most recent HIV testing technology; provide training as warranted ○ Refine OTL services to reach high risk populations; increase capacity of these models to include peer-driven approaches ○ Implement Couples HIV Testing and Counseling ○ Implement Social Networks Strategy and connect to Goal 1.1A. ○ Link to Treatment Adherence services (Goal 2.2.B; 2.2.C) ○ Expand and integrate routine testing and OTL with Hepatitis C Virus (HCV) education and screening activities 	<ul style="list-style-type: none"> ● # staff trained on latest generation of testing ● # OTL service use reflect high risk populations ● # couples receive HIV testing and counseling ● # events with combined HCV/HIV testing ● # tested for HCV ● # tested for HIV/HCV coinfection ● See Goal 1.1.A. ● See Goal 2.2.B. ● See Goal 2.2.C. 	<ul style="list-style-type: none"> ● CT DPH <p>Other partners may include: Local health departments, community health centers, private practices, hospitals; Department of Corrections, Department of Mental Health & Addictions Services; substance abuse treatment providers; insurance companies; Department of Social Services (Medicaid/Medicare)</p>
B. Increase access to clean needles and syringe exchange services	<p>Marketing & Communications</p> <ul style="list-style-type: none"> ○ Conduct awareness and education campaigns to broaden access to clean syringes (and naloxone distribution) <p>Outreach, Engagement & Training</p> <ul style="list-style-type: none"> ○ Conduct training and/or informational workshops for and with relevant partners such as DMHAS, CT Health Exchange, CT law enforcement <p>Service Delivery Improvement</p> <ul style="list-style-type: none"> ○ Conduct analysis of syringe exchange services model and improve all aspects of program (e.g., best practices, surveillance, evaluation) ○ Enhance and Scale the DPH Pharmacy Initiative for syringe access and naloxone distribution and community distribution <p>Policy Development & Sustainability</p> <ul style="list-style-type: none"> ○ Conduct policy work to increase access to syringe services, harm reduction information and overdose prevention 	<ul style="list-style-type: none"> ● See also Goal 1.1.A. ● Pharmacy resource packet ● Policy change(s) 	<ul style="list-style-type: none"> ● CT DPH ● DMHAS <p>Other partners may include: pharmacies; Local health departments; community health centers, private practices; hospitals; Department of Corrections; substance abuse treatment providers</p>

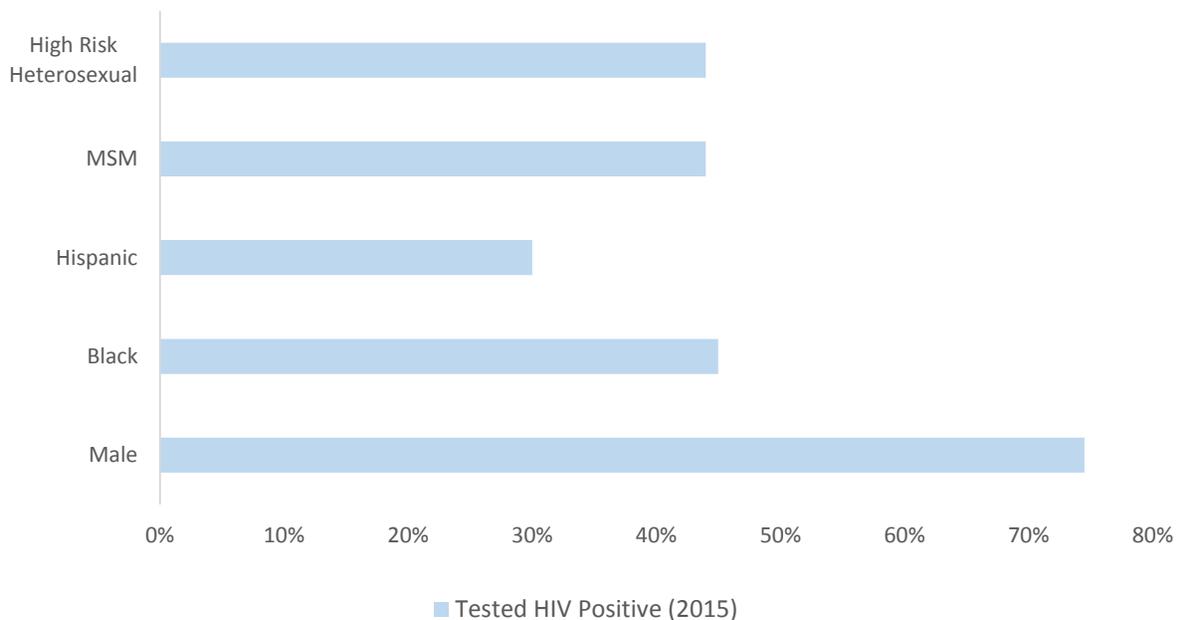
II. Integrated HIV Prevention and Care Plan
A. Goals, Objectives, Strategies, Activities, and Resources

Goal 2.	Increase access to care and improve health outcomes for PLWH.
Objective 2.1.	Increase linkage to HIV care in newly diagnosed persons (aged 13+) from 91% in 2014 to 95% in 2021.
Objective 2.2.	Increase viral load suppression among persons in HIV medical care from 86% (2014) to 90% (2021).
	See pages 52 and 53 for Goal 2 focus areas, activities, and other details.

In 2015, 58,423 HIV tests were conducted in Connecticut. Despite the virus’s disproportionate impact on males, only 48% of all those tested in 2015 were male. Most of these individuals identified their risk factor as high risk heterosexual. When asked to identify their race/ethnicity, roughly 31% of those tested identified as white, 29% identified as Black, and 29% identified as Hispanic.

Of the tests conducted throughout the state in 2015, 94 confirmed newly diagnosed individuals (representing 0.16% of those tested) with HIV. Of the newly diagnosed cases, 74.5% were male. Please see Figure 35 for more demographic information on individuals diagnosed with HIV in 2015.

Figure 35. Demographic Summary of Individuals Tested HIV Positive in Connecticut, 2015



Implementation partners include:

CT DPH, all Ryan White Parts, Positive Prevention CT, DSS, DOC, CADAP, CIRA, the CHPC, the CT TCQ Team, and DMHAS.

II. Integrated HIV Prevention and Care Plan
A. Goals, Objectives, Strategies, Activities, and Resources

Goal 2. Increase access to care and improve health outcomes for PLWH			
Objective 2.1. Increase linkage to HIV care in newly diagnosed persons (aged 13+) from 91% (2014) to 95% (2021).			
Focus Area	Priority Activities	Outcomes	Implementers
<p>A. Promote and facilitate access to healthcare (high risk populations & PLWH)</p>	<p>Marketing & Communications</p> <ul style="list-style-type: none"> ○ Deliver prevention and health promotion messages including importance of accessing care (See Goal 1.1.A) ○ Promote statewide health exchange: Access Health CT using communications platform (Goal 1.1.A) ○ Promote CIPA Program for PLWH (income 138-400% Federal Poverty Level) <p>Outreach, Engagement & Training</p> <ul style="list-style-type: none"> ○ Train HIV prevention and care staff as well as PLWH and peer groups about Access Health CT, healthcare navigators (for enrollment), and other programs such as Connecticut Insurance Premium Assistance (CIPA) (See Goal 3.1.C) <p>Service Delivery Improvements</p> <ul style="list-style-type: none"> ○ Improve Outreach, Testing & Linkage models (See Goal 1.2.A) ○ Refine positioning of CIPA program to promote impact <p>Collaboration & Partnerships</p> <ul style="list-style-type: none"> ○ Support efforts that address barriers to care (e.g., medical transportation; innovative delivery methods for rural populations such as telehealth) 	<ul style="list-style-type: none"> ● # staff and peers trained ● # individuals enrolled in CIPA ● # clients accessing support services (e.g., RW Part A and Part B) ● Increase number of clients with viral load suppression from 84% to 90% in 2021 ● 95% of newly diagnosed adult and adolescent clients with Linkage to HIV Medical Care ● See Goal 1.1.A. 	<ul style="list-style-type: none"> ● CT DPH ● All Ryan White Parts ● Positive Prevention CT <p>Other partners may include: Local health departments, community health centers, private practices, hospitals; Department of Corrections, Department of Mental Health & Addictions Service; substance abuse treatment providers; insurance companies; Department of Social Services (Medicaid/Medicare)</p>
<p>B. Strengthen access to care initiatives, including re-engagement in care, for PLWH and priority populations</p>	<p>Marketing & Communications</p> <ul style="list-style-type: none"> ○ Promote access to care initiatives using statewide communications platform (See Goal 1.1.A) <p>Outreach, Engagement & Training</p> <ul style="list-style-type: none"> ○ Infuse peer-driven components into evidence-based models <p>Service Delivery Improvements</p> <ul style="list-style-type: none"> ○ Strengthen emphasis on late testers data collection to drive future access to care initiatives; See Outreach Testing & Linkage objectives (Goal 1.2.A) ○ Strengthen Transitional Linkage into the Community Project for PLWH transitioning from the corrections system ○ Field test innovative models such as the Urgent Care Outreach Program or the Data to Care initiatives such as Project CoRECT and State DIS which uses HIV surveillance data to identify PLWH not in care and re-engage them (<i>*includes private insurance and RW patients</i>) <p>Collaboration & Partnerships</p> <ul style="list-style-type: none"> ○ Increase level of CHPC partnership with partners that target high risk populations such as Department of Social Services and Department of Mental Health and Addiction Services as well as Part C providers ○ Strengthen program collaboration services integration model (PCSI) (see Goal 4.2.A) such as implementing more robust HIV and HCV co-infection surveillance and data mining methods and/or DSS Medicaid Affinity Forums ○ Promote PCSI model with other service delivery agencies such as Strengthen DMHAS Infectious Disease Services in substance abuse treatment programs; integrate with HCV testing and care to address co-infection (<i>*includes service delivery & provider training/education</i>) 	<ul style="list-style-type: none"> ● Improvement in % late testers who are diagnosed with AIDS ● # individuals re-engaged in care via Data to Care initiatives ● # PCSI models within DPH and across other state agencies and local health departments ● # HIV programs that adapt PCSI models, and which component (STD, TB, hepatitis) ● # of RW eligible clients with completed referral to Medical Case Managers (85%) ● See Goal 1.1.A. ● See Goal 1.2.A. 	<ul style="list-style-type: none"> ● CT DPH ● Part C ● DSS ● DMHAS ● DOC <p>Other partners may include: Local health departments, community health centers, private practices, hospitals; substance abuse treatment providers; insurance companies</p>

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Goal 2. Increase access to care and improve health outcomes for PLWH			
Objective 2.2 Increase viral load suppression among persons in HIV medical care from 86% (2014) to 90% (2021).			
Focus Area	Priority Activities	Outcomes	Implementers
<p>A. Optimize and Increase Resources Available to Impact PLWH</p>	<p>Marketing & Communications</p> <ul style="list-style-type: none"> Promote and encourage participation in Implementation Research via New England Implementation Science Network and CIRA (Yale) or special studies related to reducing viral loads or use of Peer Health Advocates; apply lessons learned into funding practices and training <p>Service Delivery Improvement</p> <ul style="list-style-type: none"> Strengthen the Statewide Medical Case Management (MCM) programs (PLWH < 300% FPL) Facilitate care coordination models (e.g., Medical case management, medication adherence) that improve housing stability, participation in employment and training, and improved health outcomes (See Goal 3.1.B.; Goal 3.2.B; and Goal 3.2.C) Field test data integration and sharing partnerships that benefit PLWH (and providers) such as Part A Hartford (Careware) and HOPWA (HMIS system) <p>Collaboration & Partnerships</p> <ul style="list-style-type: none"> Partner in service detailing projects that lead to improve service coordination across agencies and funders (<i>*includes private insurance providers, hospitals, health departments</i>) Share program outcomes and use data to inform funding discussions, support applications for additional funding, and to support statewide campaign (See Goal 3.2.A) <p>Policy Development & Sustainability</p> <ul style="list-style-type: none"> Conduct annual assessment of HIV funding in CT 	<ul style="list-style-type: none"> # partners in special studies # reports or white papers that promote service optimization and improvements in health outcomes Amount and type of funding for HIV prevention and services in CT See Goal 1.1.A. See Goal 3.1.B. See Goal 3.2.B. See Goal 3.2.C. 	<ul style="list-style-type: none"> CT DPH CADAP All Ryan White Parts CIRA CHPC <p>Other partners may include: Local health departments, community health centers, private practices, hospitals; Department of Corrections, Department of Mental Health & Addictions Service; substance abuse treatment providers; insurance companies; Department of Social Services (Medicaid/Medicare)</p>
<p>B. Strengthen Connecticut AIDS Drug Assistance Program</p>	<p>Service Delivery Improvements</p> <ol style="list-style-type: none"> Refine ADAP program administration to assure compliance with federal funders and standards Strengthen the statewide HIV Treatment Adherence Program Examine list of authorized medications (e.g., consider removal of older medications that might be toxic) Assess the extent to which ADAP program and medication adherence programs can support PrEP models (prevention and care integration) 	<ul style="list-style-type: none"> ADAP formulary updates Utilization reports on services and costs Advisory group Recommendations related to PrEP or other medications 	<ul style="list-style-type: none"> CT DPH Ryan White Part B <p>Other partners may include: private insurance companies, DSS, community health centers, private practices, hospitals; Department of Corrections, Department of Mental Health & Addictions Service; HRSA; CDC</p>
<p>C. Strengthen capacity to implement quality improvement initiatives (related to PLWH in-care and to increase retention in care)</p>	<p>Service Delivery Improvements</p> <ul style="list-style-type: none"> Improve site monitoring & compliance visits to encourage data quality and meaningful use of data by contractors Implement Cross Part Collaborative clinical data monitoring to improve health outcomes for PLWH Conduct regular reviews of program data and statewide indicators; refine and position evidence-based strategies to increase impact (See Goal 3.1.B) <p>Collaboration & Partnership</p> <ul style="list-style-type: none"> Strengthen program collaboration services integration model (PCSI) (see Goal 4.2.A) such as implementing more robust HIV and HCV co-infection surveillance and data mining methods (e.g., building community care cascades) Integrate lessons learned into technical assistance, workforce training, and capacity building efforts – including peer-driven components (See also Goal 3.2.C; See Goal 4.2.A.) <p>Policy Development & Sustainability</p> <ul style="list-style-type: none"> Work with stakeholders to assess the feasibility of increasing Part B eligibility to 400% matching CADAP so that people accessing medications have unfettered access to core medical and supportive services needed for medication adherence 	<ul style="list-style-type: none"> Statewide indicators (e.g., viral suppression) Contract performance (statewide and RW programs) Alignment of training and technical assistance with site reporting / monitoring Impact of CHPC quality improvement focus areas 	<ul style="list-style-type: none"> CT DPH All Ryan White Parts CHPC CT TCQ Team <p>Other partners may include: Local health departments, community health centers, private practices, hospitals; Department of Corrections, Department of Mental Health & Addictions Service;; substance abuse treatment providers; insurance companies; Department of Social Services (Medicaid/Medicare)</p>

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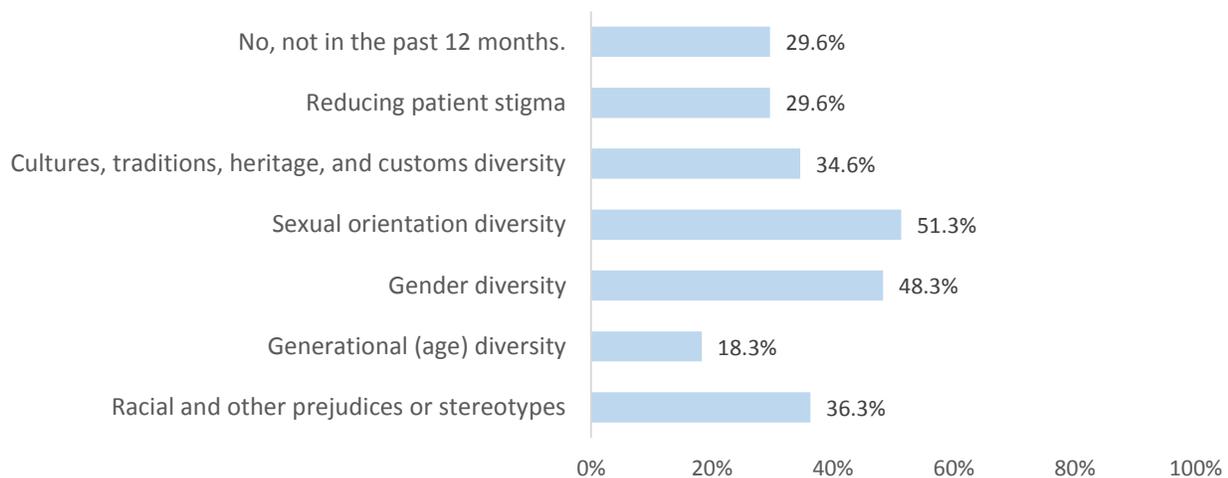
Goal 3.	Reduce HIV-related health disparities and health inequities.
Objective 3.1.	Reduce new HIV diagnoses by 15% by 2021 in the following groups: men who have sex with men (MSM), and Black/African-American/Latino men and women.
Objective 3.2.	Increase involvement in social justice initiatives and partnerships that reduce viral loads to the point of suppression (objective 2.2.) and reduce health disparities in new diagnoses (objective 3.1).

See pages 55 and 56 for Goal 3 focus areas, activities, and other details.

Connecticut has pledged its commitment to addressing health disparities disproportionately targeted by HIV in a number of ways, including identifying a list of [high priority populations](#) (page 22), targeted outreach including [peer-to-peer model](#) implementation, and an emphasis on [HIV workforce cultural competency](#).

On Connecticut’s 2016 HIV Workforce Survey, almost one third of respondents revealed that they had not received any cultural sensitivity training within the past year. Please see [Figure 36](#) for more information, and see the Appendix for full summary survey results.

Figure 36. Publicly Funded HIV Workforce: Self-Reported Cultural Sensitivity Training in Past 12 Months



Implementation partners include:

CT DPH, HIV Funders Collaborative, all Ryan White Parts, the CHPC and its QPM Committee, Connecticut AHEC, the New England AIDS Education and Training Center (NEATC - RP), the statewide campaign taskforce, and CHAIR.

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Goal 3. Reduce HIV-related disparities and health inequities			
Objective 3.1. Reduce new HIV diagnoses by 15% by 2021 in the following groups: men who have sex with men (MSM), and Black/African-American/Latino men and women.			
Focus Area	Priority Activities	Outcomes	Implementers
A. Analyze data sets by income, race/ethnicity and factors relevant to social determinants of health	<p>Marketing & Communication / Education & Awareness</p> <ul style="list-style-type: none"> ○ Sponsor or partner in conversations that increase knowledge and promote the relevance of health equity <p>Improve Data Analytics & Meaningful Use</p> <ul style="list-style-type: none"> ○ Update HIV epidemiological profiles and care cascades; display data in meaningful ways that inform issues on health equity ○ Increase capacity to collect and analyze health equity data and implement PSCI (see also Goal 4.2.A) ○ Use data to identify priority prevention and care populations including low income, MSM, LGBTQ, African-American and Latino females and males, HCV co-infected, youth, and aging PLWH, among others as part of service detailing; quality improvement or service integration / innovation 	<ul style="list-style-type: none"> ● Annual updates ● Special analysis or white papers related to health equity ● Improve capacity of data systems (DPH) ● Workshops or events on health equity 	<ul style="list-style-type: none"> ● CT DPH ● HIV Funders Collaborative ● All Ryan White Parts ● CHPC <p>Other partners may include: ALL stakeholders; Data Haven (statewide health survey)</p>
B. Introduce and scale effective Evidence Based Strategies to reach high priority populations	<p>Outreach, Engagement & Training</p> <ul style="list-style-type: none"> ○ See Goal 3.1.C increase HIV workforce competencies <p>Service Delivery Improvements</p> <ul style="list-style-type: none"> ○ Strengthen impact of Women, Infant, Children and youth HIV Services Consortia of Connecticut (WICY-HSCC) and Children, Youth and Family AIDS Network of Connecticut (CYFAN) ○ Strengthen impact of Early Intervention Services (Ryan White Part C); increase the cohesion of this network and integration with other healthcare system partners <p>Collaboration & Partnership</p> <ul style="list-style-type: none"> ○ Establish a CHPC evidence-based strategies stakeholder group to provide input into selecting strategies (e.g., interventions, priorities; peer-led components; culturally & linguistically relevant), supporting implementation (e.g., quality improvement), and assessing impact <i>(*Adjust approaches based on National Alliance of State & Territorial AIDS Directors (NASTAD) data)</i> ○ See Goal 3.2.B & 3.2.C innovation and special initiatives that promote health equity and social justice <p>Policy Development & Sustainability</p> <ul style="list-style-type: none"> ○ See Goal 2.2.A increase optimization of funding 	<ul style="list-style-type: none"> ● Statewide indicators ● Program data ● CHPC evidence-based strategies process ● Recommended evidence-based strategies (for HIV funders in CT) ● See Goal 2.2.A ● See Goal 3.1.C ● See Goal 3.2.B & 3.2.C 	<ul style="list-style-type: none"> ● CHPC ● DPH ● HIV Funders Collaborative <p>Other partners may include: DMHAS, DSS, DCF, DOC, SDE, health departments, hospitals, insurers, private practices, community health centers, school based health centers</p>
C. Increase HIV workforce competencies and cultural and linguistic capacity to serve priority populations	<p>Improve Data Analytics & Meaningful Use</p> <ul style="list-style-type: none"> ○ Conduct regular HIV workforce assessments to understand workforce demographics and mastery of prevention and care competencies; expand into other healthcare workers as relevant (e.g., community health workers / navigators) <p>Workforce Training</p> <ul style="list-style-type: none"> ○ Develop competency-based career pathways (include PLWH-driven models) that adhere to CLAS standards; coordinate competencies with other healthcare and health promotion initiatives (e.g., community health workers, DMHAS prevention) ○ Maintain employment-related resources such as job descriptions, competency-based interviewing, into a (digital) resource library <p>Service Delivery Improvements</p> <ul style="list-style-type: none"> ○ Increase the use of PLWH-driven service delivery models (all goals) <p>Collaboration & Partnerships</p> <ul style="list-style-type: none"> ○ Establish workforce and training stakeholder group to provide input into workforce assessments, training content (in person, online) and training delivery (used by HIV funders to improve statewide coordination & AETC activities) ○ Partner and/or co-sponsor events and/or activities that promote the development of HIV prevention and care competencies 	<ul style="list-style-type: none"> ● Baseline diversity assessment ● Build training content on HIV core competencies & cultural diversity ● # individuals complete HIV trainings ● HIV workforce competency assessment ● Digital resource library supports workforce ● Career pathways mapped 	<ul style="list-style-type: none"> ● CT DPH ● HIV Funders Collaborative ● DMHAS ● Connecticut Area Health Education Center (AHEC) ● CHPC QPM Committee ● New England AIDS Education Training Center Regional Program (NEATC-RP) <p>Other partners may include: ALL stakeholders – includes institutions of higher education and workforce investment boards</p>

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Goal 3. Reduce HIV-related disparities and health inequities			
Objective 3.2. Increase involvement in social justice initiatives and partnerships that reduce viral loads to the point of suppression (objective 2.2.) and reduce health disparities in new diagnoses (objective 3.1).			
Focus Area	Priority Activities	Outcomes	Implementers
A. Partner in a statewide campaign to end HIV	<p>Collaboration & Partnerships</p> <ul style="list-style-type: none"> ○ DPH Commissioner initiates statewide Task Force process; leverages DPH and CHPC stakeholders ○ Integrate CHPC members and CHPC stakeholders into campaign leadership positions and work groups <p>Marketing & Communications / Education & Awareness</p> <ul style="list-style-type: none"> ○ Share information and coordinate communications via CHPC platforms (Goal 1.1.A) <p>Outreach, Engagement & Training</p> <ul style="list-style-type: none"> ○ Coordinate and support implementation through listening sessions (peer-supported) special events at the statewide, regional and local levels (Goal 1.1.A) ○ Use training capacity to develop leaders and champions statewide (Goal 3.1.C) 	<ul style="list-style-type: none"> ● Campaign platform ● CHPC stakeholders on leadership and implementation teams ● # champions ● # events ● See Goal 1.1.A. ● See Goal 3.1.C. 	<ul style="list-style-type: none"> ● Task Force ● CT DPH ● Local Health Departments <p style="font-size: small;">Other partners may include: ALL stakeholders</p>
B. Partner in core medical / healthcare service delivery initiatives that impacts health equity	<p>Marketing & Communications</p> <ul style="list-style-type: none"> ○ See Goal 2.1.A Access to healthcare <p>Service Delivery Improvements</p> <ul style="list-style-type: none"> ○ Encourage and promote innovations and pilot projects that adapt successful outreach, engagement and care coordination models for PLWH to address other healthcare priorities (e.g., chronic disease priorities, healthcare literacy, CIRA & New England research efforts) <p>Collaboration & Partnerships</p> <ul style="list-style-type: none"> ○ Engage healthcare leaders into the CHPC process and infuse HIV leaders into statewide healthcare improvement policy, planning and implementation processes (e.g., Medicaid Statewide Innovation Model; Statewide Health Improvement Plan) to leverage knowledge and system capacity to serve high risk populations with multiple health issues (See Goal 4.1.A) <p>Improve Data Analytics & Meaningful Use</p> <ul style="list-style-type: none"> ○ See Goal 3.1.A (data) and 3.1.B. (evidence-based strategies) <p>Policy Development & Sustainability</p> <ul style="list-style-type: none"> ○ See Goal 2.2.A optimize and increase resources to impact PLWH ○ See Goal 4.2.A PSCI Model 	<ul style="list-style-type: none"> ● See Goal 2.1.A. ● See Goal 2.2.A. ● See Goal 3.1.A. ● See Goal 3.1.B. ● See Goal 4.1.A ● See Goal 4.2.A 	<ul style="list-style-type: none"> ● HIV Funders Collaborative ● CHPC ● CHAIR ● CT DPH <p style="font-size: small;">Other partners may include: ALL stakeholders</p>
C. Partner in supportive service initiatives that impact health equity	<p>Collaboration & Partnership</p> <ul style="list-style-type: none"> ○ Develop partner network map that shows cross-pollination of CHPC stakeholders and HIV funders / leaders within priority supportive service initiatives (e.g., housing, employment, mental health, aging, substance abuse treatment, dental, domestic violence) ○ Develop action agendas to promote integration and collaboration (See also Goal 3.1.A and Goal 3.2.A) (<i>*this may include opportunities to cross train other agency staff in HIV competencies (Goal 3.1.C)</i>) ○ Leverage the CHPC as a mechanism to provide input into the action agendas and/or to accelerate one or more priority collaborations that result in field testing a model, cross-training staff, improved data sharing, and/or another mutually agreeable outcome (e.g., regional events that promote community partnerships) (<i>*See also Goal 4.1.A. CHPC stakeholders; Goal 4.2.A PSCI</i>) <p>Policy Development & Sustainability</p> <ol style="list-style-type: none"> a. See Goal 2.2.A. optimize and increase resources available to impact PLWH (e.g., service detailing across collaborations) 	<ul style="list-style-type: none"> ● Partner network map ● Priority action agenda areas (tie in with Plan priorities and statewide campaign) ● See Goal 1.1.A. ● See Goal 2.2.A. ● See Goal 3.1.A. ● See Goal 3.1.C. ● See Goal 3.2.A. ● See Goal 4.1.A. ● See Goal 4.2.A. 	<ul style="list-style-type: none"> ● HIV Funders Collaborative ● CHPC ● All Parts <p style="font-size: small;">Other partners may include: ALL stakeholders</p>

II. Integrated HIV Prevention and Care Plan
A. Goals, Objectives, Strategies, Activities, and Resources

Goal 4. Achieve a more coordinated statewide response to the HIV epidemic.

Objective 4.1. Build capacity of Connecticut HIV Planning Consortium to develop and advance statewide planning efforts as well as to diffuse and sustain effective models.

Objective 4.2. Increase capacity of HIV stakeholders and partners to implement the Statewide HIV Plan.

See pages 58 and 59 for Goal 4 focus areas, activities, and other details.

Connecticut’s planners highlighted statewide [communication](#) and [collaboration](#) as vital factors in achieving a more coordinated response to the HIV epidemic in Connecticut. The Plan recognizes the fact that several partners and stakeholders must work in conjunction to effectively reduce new cases and connect PLWH to appropriate care. These stakeholders include [PLWH](#), whose voices and experiences are vital to the process. [Figure 37](#) provides a visual associated with Connecticut’s planning process. Improving the lives of PLWH and ending the spread of HIV infection are statewide coordinated efforts. Connecticut is proud to boast a wide range of diverse planners who are determined to end the epidemic.

Figure 37. Connecticut’s Commitment to Coordinated Planning



Implementation partners include:

CT DPH, the CHPC, Positive Prevention CT, all Ryan White Parts, and the HIV Funders Collaborative.

II. Integrated HIV Prevention and Care Plan
A. Goals, Objectives, Strategies, Activities, and Resources

Goal 4. Achieve a more coordinated statewide response to the HIV epidemic			
Objective 4.1. Build capacity of Connecticut HIV Planning Consortium to develop and advance statewide planning efforts as well as to diffuse and sustain effective models.			
Focus Area	Priority Activities	Outcomes	Implementers
A. Increase organizational effectiveness of CHPC to conduct planning, coordination and stakeholder engagement	<p>Marketing & Communications</p> <ul style="list-style-type: none"> ○ Strengthen communications platform to support statewide Plan (See Goal 4.1.B; see also Goal 1.1.A) <p>Collaboration & Partnership</p> <ul style="list-style-type: none"> ○ Convene least eight public CHPC business meetings each year including committees ○ Update committee structure to support priority planning activities (e.g., workforce, evidence-based work groups, communications) ○ Position CHPC members and leaders across other leadership groups at the statewide and regional/local levels; encourage collaboration on critical initiatives including the statewide campaign to end HIV <p>Outreach, Engagement & Training</p> <ul style="list-style-type: none"> ○ Conduct regular CHPC orientation, leadership training and mentor support program for CHPC members (<i>*lunch and learn sessions open to public</i>) ○ Refresh membership and maintain diverse stakeholders reflective of the epidemic and relevant to statewide HIV Plan (e.g., peer-driven emphasis; prevention and healthcare collaborations; support services; sustainability) <p>Improve Data Analytics & Meaningful Use</p> <ul style="list-style-type: none"> ○ Implement meeting dashboard / scorecard to assess process and progress in implementing work plan ○ Annually review progress on statewide indicators and relevant to participation in other partner initiatives & adjust Plan 	<ul style="list-style-type: none"> • Diversity chart • # additional partners • # persons trained • # distribution • # publications • Size of audience • Feedback • # and type of CHPC members serving on other entities (e.g., CHAIR) • Bylaws • See Goal 1.1.A. • See Goal 4.1.B. 	<ul style="list-style-type: none"> • CHPC • CT DPH <p>Other partners may include: ALL stakeholders</p>
B. Enhance communications and information sharing across CHPC stakeholders	<p>Marketing & Communications</p> <ul style="list-style-type: none"> ○ Develop communication plan – including any external stakeholders (e.g., newsletter, websites such as www.positiveprevention.org, statewide campaign) ○ Maintain a digital resource library for meeting notes, best practices, workforce tools and relevant studies ○ Increase use of social media to support evidence-based strategies (e.g., social media training); connect to Goal 1.1.A. <p>Outreach, Engagement & Training</p> <ul style="list-style-type: none"> ○ Conduct and coordinate community outreach and engagement activities to support involvement of PLWH and implementation of evidence-based strategies as well as statewide campaign to end HIV (e.g., listening sessions) 	<ul style="list-style-type: none"> • Communications plan (2017) • Website capacity and digital resource library (ongoing) • # community events • # PLWH and CHPC members trained to champion HIV efforts and campaign 	<ul style="list-style-type: none"> • CT DPH • Positive Prevention CT • CHPC <p>Other partners may include: ALL stakeholders</p>

II. Integrated HIV Prevention and Care Plan
A. Goals, Objectives, Strategies, Activities, and Resources

Goal 4. Achieve a more coordinated statewide response to the HIV epidemic

Objective 4.2. Increase capacity of HIV stakeholders and partners to implement the Statewide HIV Plan.

Focus Area	Priority Activities	Outcomes	Implementers
A. Improve integration of program collaboration services integration model (PCSI)	<p>Marketing & Communications</p> <ul style="list-style-type: none"> ○ Engage and update local health department leaders about HIV prevention and care initiatives <p>Service Delivery Improvements</p> <ul style="list-style-type: none"> ○ Integrate prevention and care service delivery models ○ Strengthen program collaboration among HIV, STD, TB and Viral Hepatitis programs <p>Improve Data Analytics & Meaningful Use</p> <ul style="list-style-type: none"> ○ Increase capacity to support data-driven planning, monitoring and evaluation <p>Collaboration & Partnerships</p> <ul style="list-style-type: none"> ○ Coordinate and build capacity to support training and implementation of evidence-based models <p>Policy Development & Sustainability</p> <ul style="list-style-type: none"> ○ Conduct annual policy review of policy and legislation regarding HIV, HCV and STD initiatives; submit recommendations 	<ul style="list-style-type: none"> ● Additional capacity for surveillance and data-driven planning ● Stakeholders engaged in public health model ● Policy changes ● Program and contract changes to optimize impact of available resources 	<ul style="list-style-type: none"> ● CT DPH ● All Ryan White Parts <p style="font-size: small; margin-top: 10px;">Other partners may include: state agencies; local health departments; contractors involved in service delivery (e.g., community health centers; school-based health centers)</p>
B. Establish HIV Funders Leadership Group	<p>Marketing & Communications</p> <ul style="list-style-type: none"> ○ Support statewide campaign to end HIV (See Goal 3.1.A) <p>Collaboration & Partnerships</p> <ul style="list-style-type: none"> ○ Formalize HIV resource and policy partnership model (e.g., meeting frequency, roles & responsibilities, measures of success) ○ Expand partners as warranted (e.g., increase engagement of Part C; insurance providers / DSS; Medicaid ASOs) ○ Develop annual work plan, roles & responsibilities; take leadership role in workforce development area (See Goal 3.1.C) ○ Identify protocols for information sharing (e.g., data collection, best practices, training opportunities, funding opportunities) (See Goal 4.2.A) <p>Policy Development & Sustainability</p> <ul style="list-style-type: none"> ○ Secure additional resources for prevention and care directly or through stakeholder partnerships (See Goals 2.2.A; Goal 3.2.B; Goal 3.2.C; Goal 4.1.A.; Goal 4.2.A) 	<ul style="list-style-type: none"> ● Participation ● Meeting feedback ● # completed activities ● Policy, funding, practice ● See Goal 2.2.A. ● See Goal 3.1.A. ● See Goal 3.1.C. ● See Goal 3.2.B. ● See Goal 3.2.C. ● See Goal 4.1.A. ● See Goal 4.2.A. 	<ul style="list-style-type: none"> ● CT DPH ● HIV Funders Collaborative
C. Review and monitor progress of Plan	<p>Improve Data Analytics & Meaningful Use</p> <ul style="list-style-type: none"> ○ Refresh and update epidemiological data and CHPC indicators ○ Review program level data (e.g., evidence-based strategies, syringe exchange) ○ Review CHPC meeting feedback across all levels and groups ○ Review CHPC membership composition and participation on other HIV implementation and stakeholder groups ○ Identify emerging needs and issues that influence annual update to Plan 	<ul style="list-style-type: none"> ● Update submitted to CDC and HRSA ● See Goal 4.1.A. 	<ul style="list-style-type: none"> ● CHPC ● CT DPH

Table 7 on page 60 shows a crosswalk of Connecticut’s Plan Focus Areas by priority planning populations. The Plan’s goals, objectives, and focus areas are carefully designed to address the needs of identified priority populations in Connecticut. For instance, Goal 1, Objective 1.2, Focus Area B is aimed specifically at assisting the injection drug user priority population.

Table 8 on page 61 shows a crosswalk of Connecticut’s goals, objectives, and focus areas by the type of strategy employed to accomplish them. Connecticut’s 2017-2021 Plan includes a myriad strategies used in conjunction to achieve Plan goals. For instance, under Goal 1, Objective 1.1, Focus Area A, several strategies are required to strengthen the statewide platform to deliver prevention and health promotion messaging, including: collaboration, communication, organizational development, technology enhancement, and workforce training.

II. Integrated HIV Prevention and Care Plan
A. Goals, Objectives, Strategies, Activities, and Resources

Table 7. Crosswalk of Plan Focus Areas by Priority Planning Populations

Focus Areas of Objectives		Priority Planning Populations (See Section I.A.d.)											
		African American (AA) MSM	HCV co-infected	Heterosexual AA Men & Women	Heterosexual Latinas	Injection Drug Users	Latino MSM	LGBT	PLWH above age 50	PLWH (retain in care)	Youth up to age 24 (prevention)	Un- or under-insured	Late Testers
Goal 1. Reduce New Infections													
Obj. 1.1	A. Strengthen statewide platform to deliver prevention and health promotion messaging	●	●	●	●	●	●	●	●	●	●	●	●
	B. Increase access to PrEP and n-PEP	●		●	●	●	●	●		●	●		●
	C. Promote "Treatment as Prevention"	●	●	●	●	●	●	●	●	●	●	●	●
Obj. 1.2	A. Improve evidence-based HIV outreach, testing and linkage services	●		●	●	●	●				●	●	●
	B. Increase access to clean needles and syringe exchange services					●					●		
Goal 2. Increase access to care and improve health outcomes for PLWH.													
Obj. 2.1	A. Promote and facilitate access to healthcare	●	●	●	●	●	●	●	●	●	●	●	●
	B. Strengthen access to care initiatives for PLWH		●						●	●		●	●
Obj. 2.2	A. Optimize/increase resources that impact PLWH		●						●	●		●	●
	B. Strengthen Connecticut ADAP		●						●	●		●	
	C. Increase capacity to implement quality improvement initiatives		●						●	●		●	
Goal 3. Reduce HIV-related disparities and health inequities													
Obj. 3.1	A. Analyze data sets by income, race/ethnicity and factors relevant to social determinants of health	●	●	●	●	●	●	●	●	●	●	●	●
	B. Introduce and scale effective Evidence Based strategies to reach high priority populations	●	●	●	●	●	●	●	●	●	●	●	●
	C. Increase HIV workforce competencies & cultural / linguistic capacity to serve priority populations	●	●	●	●	●	●	●	●	●	●	●	●
Obj. 3.2	A. Partner in a statewide campaign to end HIV	●	●	●	●	●	●	●	●	●	●	●	●
	B. Partner in core medical / healthcare service delivery initiatives that impact health equity	●	●	●	●	●	●	●	●	●	●	●	●
	C. Partner in supportive service initiatives that impact health equity	●	●	●	●	●	●	●	●	●	●	●	●
Goal 4. Achieve a more coordinated statewide response to the HIV epidemic													
Obj. 4.1	A. Increase organizational effectiveness (planning, coordination and stakeholder engagement)												
	B. Enhance communications and information sharing across CHPC stakeholders	●	●	●	●	●	●	●	●	●	●	●	●
Obj. 4.2	A. Improve integration of program collaboration services integration model (PCSI)	●	●	●	●	●	●	●	●	●	●	●	●
	B. Establish HIV Funder Leadership Group												
	C. Review and monitor progress of Plan												

II. Integrated HIV Prevention and Care Plan
A. Goals, Objectives, Strategies, Activities, and Resources

Table 8. Crosswalk of Plan Focus Areas by Type of Strategy

Focus Areas of Objectives		Type of Strategy								
		Collaboration	Communication	Data Systems	Organizational Development	Policy Development	Service Delivery	Technology Enhancement	Workforce Training	Sustainability
Goal 1. Reduce New Infections										
Obj. 1.1	A. Strengthen statewide platform to deliver prevention and health promotion messaging	X	X		X			X	X	
	B. Increase access to PrEP and n-PEP		X			X	X		X	X
	C. Promote “Treatment as Prevention”		X		X			X	X	
Obj. 1.2	A. Improve evidence-based HIV outreach, testing and linkage services	X		X			X		X	X
	B. Increase access to clean needles and syringe exchange services	X	X			X	X			X
Goal 2. Increase access to care and improve health outcomes for PLWH										
Obj. 2.1	A. Promote and facilitate access to healthcare	X	X			X			X	
	B. Strengthen access to care initiatives for PLWH	X	X				X		X	
Obj. 2.2	A. Optimize & increase resources that impact PLWH				X	X	X			X
	B. Strengthen Connecticut ADAP	X					X			X
	C. Increase capacity to implement quality improvement initiatives	X			X		X	X		
Goal 3. Reduce HIV-related disparities and health inequities										
Obj. 3.1	A. Analyze data sets by income, race/ethnicity and factors relevant to social determinants of health	X		X	X					
	B. Introduce and scale effective Evidence Based strategies to reach high priority populations	X	X				X	X	X	
	C. Increase HIV workforce competencies and cultural / linguistic capacity to serve priority populations	X	X			X	X		X	
Obj. 3.2	A. Partner in a statewide campaign to end HIV	X	X		X	X	X			X
	B. Partner in core medical / healthcare service delivery initiatives that impact health equity	X	X		X	X	X	X		X
	C. Partner in supportive service initiatives that impact health equity	X	X		X	X	X	X		X
Goal 4. Achieve a more coordinated statewide response to the HIV epidemic										
Obj. 4.1	A. Increase organizational effectiveness to conduct planning, coordination and stakeholder engagement	X	X	X	X	X	X	X	X	X
	B. Enhance communications and information sharing across CHPC stakeholders	X	X					X		
Obj. 4.2	A. Improve integration of program collaboration services integration model (PCSI)	X	X	X	X	X	X	X	X	X
	B. Establish HIV Funder Leadership Group	X		X		X	X	X		X
	C. Review and monitor progress of Plan	X								X

B. Collaborations, Partnerships, and Stakeholder Involvement

HIV Prevention and Care Ecosystem

Connecticut’s HIV prevention and care ecosystem contains numerous statewide, regional and local networks and hundreds of institutions and organizations delivering services. The Connecticut Department of Public Health staff members participate within and across these networks and position the CHPC as a nexus for statewide HIV prevention and care planning. All of these stakeholder groups, and many more not described – particularly those at the local levels such as the Mayor’s Task Forces on AIDS – play a critical role in statewide HIV planning and implementation.

Connecticut HIV Planning Consortium (CHPC)

The CHPC exists to create a coordinated statewide prevention and care system in which the rate of new infections is reduced, and those living with and affected by HIV can access appropriate services. The CHPC represents the forum for statewide HIV planning using a public health model that engages diverse stakeholders including PLWH. Pages 8-12 describe the CHPC. The majority of CHPC members participate on several other statewide, regional or local collaborative efforts within the HIV prevention and care ecosystem.



The Department of Public Health (DPH)

The Connecticut Department of Public Health (DPH) serves as the lead agency in the state for coordination of HIV care and prevention services addressing the HIV/AIDS epidemic, as well as the control, monitoring and prevention of sexually transmitted diseases (STD), tuberculosis (TB), and viral Hepatitis C. Six programs within the TB, HIV, STD and Viral Hepatitis Section fall under the direct supervision of the TB, HIV, STD and Viral Hepatitis Section Chief. DPH places a priority on training and analytic services that build capacity of statewide, regional and local partners to perform more effectively and achieve their goals and objectives to reduce the transmission and negative impact of HIV/AIDS.

The DPH:

- Plays a critical role in activating the involvement of local public health departments and districts throughout the state on topics related to outreach, testing and linkage to care.
- Supports statewide messaging and communication work including Positive Prevention CT (see description below).
- Organizes and encourages collaboration among partners within geographic regions and provides training and analytic support (e.g., epidemiological profiles, surveillance data, program evaluation results).
- Facilitates policy development discussions across stakeholders on topics such as the inclusion of sex education in health education curriculum.

II. Integrated HIV Prevention and Care Plan

B. Collaborations, Partnerships, and Stakeholder Involvement

The Cross Part Collaborative (CPC)

Originally a free-standing group of Ryan White partners, the Cross Part Collaborative (CPC) conducted Plan-Do-Study-Act (PDSA) cycles on care indicators, identifying best practices among providers. The CPC and CHPC assessed the extent to which the CHPC could provide a more robust environment to support the quality assurance work – and even to begin applying the principles to prevention work. In January 2016, the CHPC integrated the CPC work into the Quality Performance Measures team, including conducting PDSA cycles during the fall of 2016.

Connecticut HIV/AIDS Identification and Referral (CHAIR)

The Connecticut HIV/AIDS Identification and Referral (CHAIR) Task Force creates a venue to discuss implementation issues associated with outreach, testing and linkage (OTL) models and services and applies approaches such as community mapping, social networking, social media targeting, workforce training, and evidence-based strategies for OTL. Partners include: DPH HIV Prevention Program staff; The Connecticut HIV/AIDS Identification and Referral (CHAIR) Task Force; The Connecticut HIV Planning Consortium (CHPC) Data and Assessment Committee (DAC); HIV Prevention Services Funded Agencies; Consumers & Clients; CIRA; CT DPH STD program; Disease Intervention Specialists (DIS); CT DPH HIV Surveillance Program; and Healthcare and Support Services.



AIDS LIFE Campaign (ALC)

The AIDS Legislative Initiative and Funding Effort (LIFE) Campaign, a program of AIDS Connecticut, convened in 1992, has been Connecticut's leading statewide group that focuses on all of the policy-related issues impacting people living with and at high risk for HIV/AIDS – including prevention and education, such as syringe services programs; supportive services; health care, such as Medicaid and CADAP; and promoting housing as a structural intervention in HIV prevention and care. A strong cross-over membership exists between CHPC and ALC.

OPEN Access CT

The DPH Overdose Prevention Education and Naloxone (OPEN) Access campaign exists to address drug user health and provide access to harm reduction services for injection drugs users. The program provides overdose education, training, and access to naloxone for clients who utilize HIV prevention services in CT, including syringe access services. The programs collaborating with DPH on this initiative are doing so with support in terms of supplies but without specific funding for the services.

Connecticut Governor Malloy Speaks at AIDS Awareness Day Events



II. Integrated HIV Prevention and Care Plan

B. Collaborations, Partnerships, and Stakeholder Involvement

PrEP Provider Network

DPH maintains a list of clinical providers offering PrEP services. The list can be accessed at http://www.ct.gov/dph/lib/dph/aids_and_chronic/prevention/pdf/prep_services.pdf, and is searchable by zip code through Emory University's newly launched <https://prelocator.org/>. DPH offers support to this network of providers through "PrEP mobilization" and PrEP Workgroup meetings, and by offering a "Putting PrEP into Practice" lunch-and-learn for primary care providers. Further capacity building activities will follow in 2017. The PrEP Provider Network and the PrEP Workgroup are examples of successful collaboration and engagement around an important HIV Prevention tool, without funding to develop or sustain efforts.

Positive Prevention CT

Positive Prevention CT represents a group of HIV prevention providers and consumers funded by the CT Department of Public Health to create social marketing / health communication strategies targeting men who have sex with men (MSM) in Connecticut. The group's mission involves informing, educating and empowering the MSM population in Connecticut through these campaign strategies. Positive Prevention CT provides a potential platform for the Plan goals involving communication. It also offers resources related to PCSI, STDs, and HCV, among other topics. Visit www.positivepreventionct.org for more information about Positive Prevention CT.

Areas to Improve Stakeholder Engagement

The planning process revealed several areas in which the CHPC must improve stakeholder engagement, particularly to increase the likelihood of accomplishing goals related to health equity and services that reach beyond core HIV prevention and care yet hold significant impact on HIV health outcomes such as: employment, housing, mental health and substance abuse treatment, and workforce development. Priority stakeholders include:

- Local departments and districts of public health (Goals 1, 2, 3)
- Connecticut State Department of Education (Goal 1, prevention; Goal 3, statewide campaign)
- Department of Housing (Goal 3, partner initiatives)
- Department of Social Services - Medicaid (Goal 2, access to care + dental; Goal 3, health equity analysis)
- Area Health Education Centers (Goal 3, workforce development)
- Department of Corrections and Alternative to Incarceration Initiatives (Goal 1, OTL; Goal 2, access to care; Goal 3, reduce disparities)
- Department of Labor / Workforce Investment Boards (Goal 3, workforce development and partner initiatives for employment)
- Institutions of Higher Education Professional Programs (Goal 2, access to care – including dental)
- Ryan White Part C Federally Qualified Community Health Centers to improve overall coordination and facilitate quality improvement (Goals 1, 2, 3)
- Community leaders including faith community, student groups and PLWH (Goal 1, communication, prevention & testing; Goal 3, statewide campaign)

Positive Prevention CT Offers Online Resources Relevant to HIV Prevention and Care



[Click here to find a testing site near you.](#)

II. Integrated HIV Prevention and Care Plan
B. Collaborations, Partnerships, and Stakeholder Involvement

Methods of Engagement, Partnership & Collaboration

The CHPC model offers a range of methods to engage partners depending upon the level of interest and availability of time and resources. For example:

- CHPC holds public meetings in publicly accessible places.
- CHPC meeting processes encourage everyone (members and non-members) to participate in discussions, particularly at the committee level.
- CHPC reviews membership diversity quarterly and recruits new members to reflect the epidemic and to represent diverse stakeholder groups and geographic areas.
- CHPC invites partners to deliver presentations at CHPC meetings. These presentations increase awareness and strengthen networks, creating a foundation for higher levels of collaboration in the future.
- CHPC members provide mentoring and receive leadership training. CHPC encourages members to join other statewide, regional and local stakeholder groups in the HIV prevention and care ecosystem.
- DPH staff members, CHPC members and CHPC support staff reach out and engage partners and expert resources to complete critical planning and communication tasks.
- CHPC coordinates specific outreach opportunities in areas where the CHPC would like to increase participation or learn more about the current circumstances affecting PLWH.

2016 Presentations by CHPC Partners

- Positive Prevention CT
- Cultural Sensitivity Training & Discussion
- Department of Mental Health and Addiction Services (DMHAS) Employability Resources
- Connecticut State Health Improvement Plan (SHIP) 2020 Dashboard

The Plan places an emphasis on increasing partnerships and improving communication across stakeholders. The emerging statewide campaign activities will lead to more “listening sessions” at the community level and will create opportunities for partnership improvement.

The CHPC places great emphasis on its relationships with several federally funded HIV/AIDS service organizations. The [featured resources and initiatives](#) on pages 66 – 76 represent a variety of partners and projects linked to the CHPC and vital to the overall planning process and implementation. Please note that these pages provide merely a “glimpse” of the resources and groups in supportive of, and in partnership with, the CHPC.

C. Featured Resources & Initiatives

Ryan White: Part A

Part A funds primarily medical care and essential support services in the **New Haven Eligible Metropolitan Area** (2 counties) and the **Hartford Transitional Grant Area** (3 counties), cities with very high rates of PLWH and those at high risk. Ninety-one percent of PLWH in Connecticut reside in one of the two Ryan White Part A areas. Of Connecticut’s 5 cities with the highest rate of PLWH, 4 are located in one of the Ryan White Part A areas (see **Figure 39**).

% PLWH by race	Hartford TGA	New Haven EMA
Black	29.1%	37.8%
Hispanic	39.2%	30.0%
White	30.3%	30.2%

Figure 38. HIV Continuum of Care, Hartford TGA, New Haven EMA, 2014

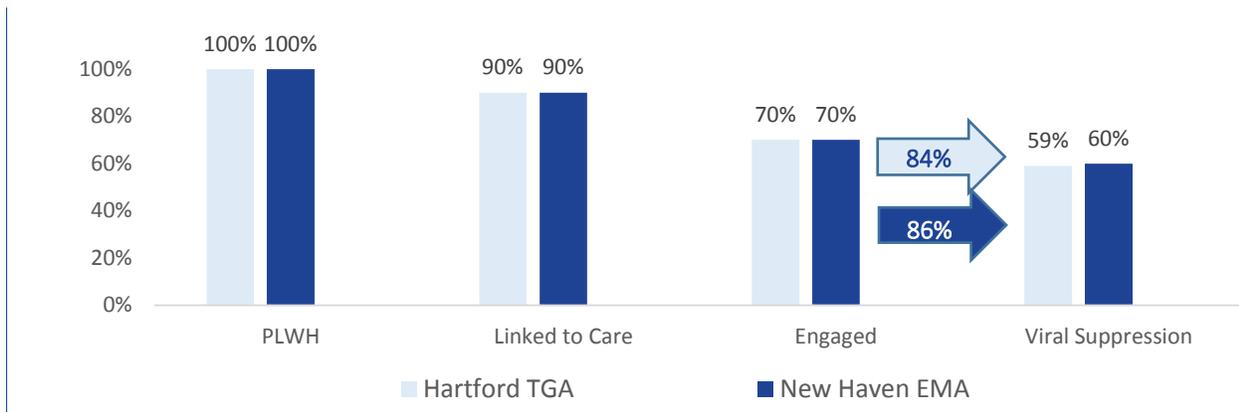


Figure 39. Social Determinants of Health in 4 Ryan White Part A Cities with Highest Number of PLWH

	PLWH*	Below Poverty**	High school graduate or higher**	Bachelor’s degree or higher**
Bridgeport	903.0	23.6%	74.4%	16.5%
Hartford	1,495.5	34.4%	70.3%	15.0%
New Haven	1,114.5	26.4%	82.3%	33.6%
Waterbury	671.5	24.2%	79.5%	16.0%
Connecticut	298.2	10.5%	89.5%	37.0%

* = Prevalence rate per 100,000 people based on 2014 census estimates

** = Source: 2014 American Community Survey 5-year estimates

Note: see 2014 American Community Survey 5 year estimates tables: S1501, S1701 for margin of errors

Ryan White: Part B

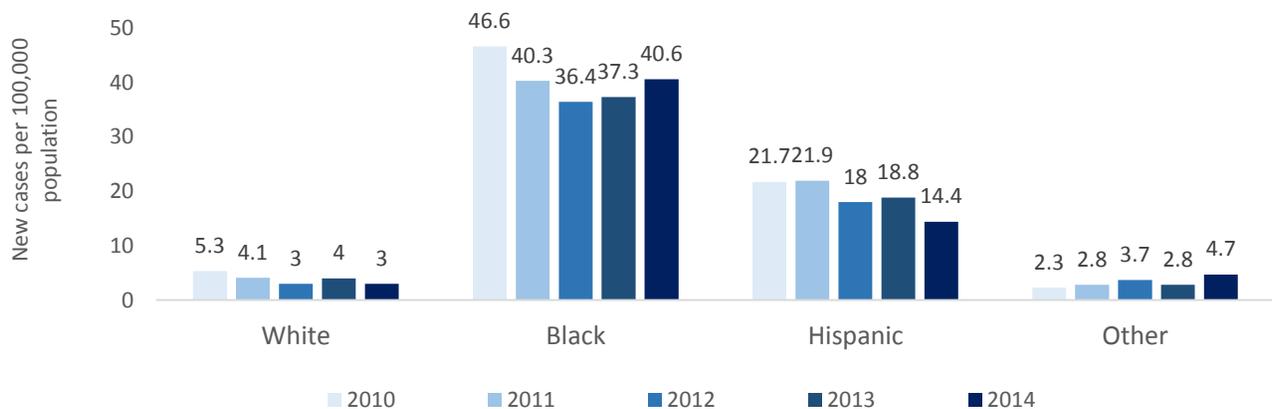
Ryan White Part B funds services including, but not limited to, the following:

Outpatient/Ambulatory Health Services	Medication Adherence Programs
Early Intervention Services	Medical Nutritional Therapy
Health Insurance Continuation	Housing
Assistance with Medical Visits	Psychosocial Support Services

The [Connecticut AIDS Drug Assistance Program \(CADAP\)](#) is a pharmaceutical assistance program available through Ryan White Part B that pays for medications approved by the U.S. Food and Drug Administration (FDA) on its formulary to treat HIV and HIV disease related conditions. The CT Department of Social Services (DSS), in partnership with the CT DPH, administers the program. CADAP provides assistance with health insurance assistance payment through its [Connecticut Insurance Premium Assistance \(CIPA\)](#). The program requires verification of HIV/AIDS by a medical provider, proof of Connecticut residency, health insurance status, and income less than 400% of the Federal Poverty Level.

Part B implemented the [Minority AIDS Initiative \(MAI\)](#), which targeted [low income Black and Hispanic individuals](#) (see [Figure 40](#) for the diagnosis rate within these populations) who were [unaware](#), [out-of-care](#), and [HIV positive](#). The project provided these individuals with outreach and educational services. A challenge for Part B: Most of these individuals qualified for Medicaid, and not CADAP (as payer of last resort).

Figure 40. Rate of newly diagnosed HIV cases by race/ethnicity, Connecticut, 2010-2014



The Part B program focuses on expanding and integrating Ryan White services in geographic areas not covered by Part A programs.

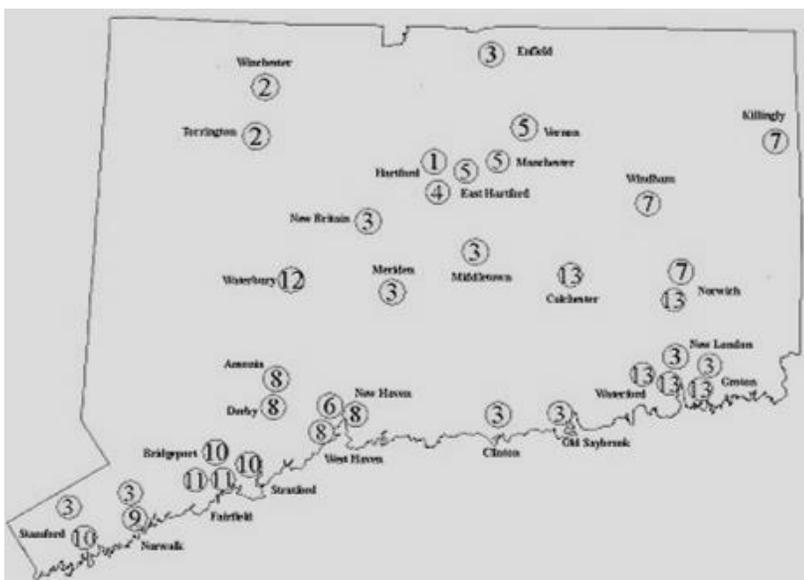
Part B [Medical Nutrition Therapy Programs](#) have provided quality services including comprehensive nutritional assessments, individualized nutritional plans, health education, and supplement distribution to Ryan White clients.

Ryan White: Part C

Ryan White Part C funds **Early Intervention Services (EIS)** to support the delivery of comprehensive primary health care in an outpatient center for PLWH at 13 Community Health Centers. **Early Intervention Services** refer to specific activities designed to identify individuals who are HIV+ and not currently receiving care, and get them into care as quickly as possible.

Outpatient/Ambulatory Services	Behavioral Health Outpatient Care
Early Intervention Services	Substance Abuse Outpatient Care
Prevention Outreach	Medical Case Management
Mental Health Services	Treatment Adherence
Early Intervention Services	Prevention Outreach

Figure 41. Community Health Centers in Connecticut



1. Charter Oak Health Center
2. Community Health & Wellness Center of Greater Torrington
3. Community Health Center, Inc.
4. Community Health Services, Inc.
5. East Hartford Community HealthCare, Inc.
6. Fair Haven Community Health Center
7. Generations Family Health Center
8. Cornell Scott-Hill Health Center
9. Norwalk Community Health Center
10. Optimus Health Care
11. Southwest Community Health Center
12. StayWell Health Care, Inc.
13. United Community & Family Services

Featured Health Center:

Southwest Community Health Center is located in Bridgeport, Connecticut. In January 2017, three Southwest employees will be members of the CHPC. Services include primary medical care/OB-GYN, medical case management, HIV testing and counseling services, and others.



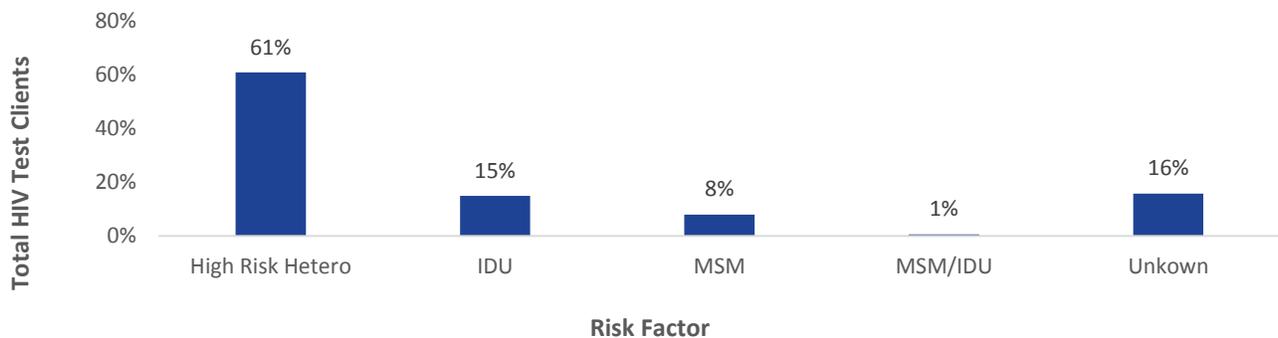
Ryan White: Part D

Ryan White Part D funding supports the 1) Women, Infant, Children and Youth HIV Services Consortia of Connecticut (WICY-HSCC) and 2) Children, Youth and Family AIDS Network of Connecticut (CYFAN). Connecticut has participating CYFAN agencies in Bridgeport, Hartford, New Haven, Willimantic, and Torrington. Ryan White Part D grantees provide family-centered primary medical care, including the following services:

Outpatient/Ambulatory Health Services	Treatment Adherence Services
Early Intervention Services	Outreach, Testing and Linkage to Care
Medical Nutrition Therapy	Non-Medical Case Management
Mental Health Services	Health Education/Risk Reduction
Medical Case Management	Medical Transportation Services

Many of the patients tested for HIV are those who are living with HIV and unaware of their status, or those who are not yet infected but at high risk based on behavioral or demographic factors. In 2015, Outreach, Testing and Linkage (OTL) clients were tested and their risk factors were recorded. See [Figure 42](#) below to see the most common risk factors represented in OTL HIV Test clients.

Figure 42. OTL Clients HIV Test by Risk Factor, 2015



The Community Health Centers Association of Connecticut (CHCACT) offers HIV/AIDS primary care services, coordination of the Perinatal HIV Transmission Project, medical case management services (intensive child and youth centered), mental health services, outreach services, and a range of support groups targeted toward infected and affected children, youth, and their families. Please [click here](#) to visit the CHCACT Website.



Ryan White: Part F - AIDS Education & Training Center (AETC)

Connecticut has two AETC Programs funded by Ryan White Part F: [University of Connecticut](#) and [Yale University](#), and is part of a nationwide network of eight regional education centers (established in 1987). Connecticut’s programs are part of the New England AETC, University of Massachusetts.

AETC Program goal: to provide education and clinical training opportunities for health care providers addressing effective counselling, diagnosis, treatment, care management of individuals living with HIV/AIDS, and to assist in prevention efforts.

AETC Program offerings include:

Adherence	HIV and Nutrition
Pre-Exposure Prophylaxis (PrEP)	Cultural Competency
Post-Exposure Prophylaxis (PEP)	Opportunistic Infections
Reproductive Health	HIV Home Test Training
Antiretroviral Treatment	Clinical HIV Manifestations

The [AETC Program](#) is administered by the [Health Resources and Services Administration \(HRSA\)](#) with Ryan White Part F funding. The project serves CT, ME, MA, NH, RI, and VT.



Practice Transformation Project 2015 – 2019

Practice Transformation refers to a process of change in the organization and delivery of primary care to advance quality improvement, patient-centered care, and characteristics of high performing primary care. [The AETC Practice Transformation Project](#), running until 2019, will implement projects to support and facilitate practice transformation in selected clinics in order to improve patient outcomes along the HIV care continuum by integrating principles of the patient-centered medical home model and integrated HIV care and behavioral health services.

The Connecticut AETC has been on the forefront of providing trainings on Ebola (2014), PrEP (2012), and Zika (2016), among others.

Center for Interdisciplinary Research on AIDS (CIRA)

Established in 1997, the Center for Interdisciplinary Research on AIDS (CIRA) is New England's only National Institute of Mental Health (NIMH) funded research center. CIRA supports innovative, interdisciplinary research that combines behavioral, social and biomedical approaches, focused on the implementation of HIV prevention and treatment and the elimination of HIV disparities.⁹ CIRA scientists and affiliated staff provide expert assistance to partners across the HIV prevention and care ecosystem. Several CHPC members and DPH staff members participate directly in CIRA processes, such as:

The **New England HIV Implementation Science Network** aims to improve HIV prevention and treatment in small urban areas with a high prevalence of HIV. Stakeholders learn of innovations and best practices and also receive support in assessing the validity of these models. Several partners play significant roles in implementation research and/or the implementation of federal grants that address high priority populations.

The **Community Advisory Board (CAB)** includes persons living with and affected by HIV/AIDS, representatives from the private sector, local and state health departments, community-based organizations (CBOs), AIDS service organizations, educational institutions, and others working or volunteering in the HIV/AIDS field. CAB serves as one of four advisory bodies to the Center, providing community perspectives on its activities.

Members of the New England HIV Implementation Science Network discuss strategies to slow the spread of HIV/AIDS at an annual symposium June 2, 2016. (Source: CIRA)



CIRA-affiliated projects include:

- Implementing PrEP in a Family Planning Setting
- Intervention to encourage HIV Testing and Counseling among Adolescents
- HIV Prevention Needs Among Unstably Housed Youth in Small Urban Areas
- Examining Multilevel System Dynamics Affecting HIV Community Viral Load

⁹ The Center for Interdisciplinary Research on AIDS (CIRA) was established in 1997 and is currently New England's only National Institute of Mental Health (NIMH) funded AIDS research center. CIRA brings together scientists from 25 different disciplines and three institutions including Yale University, The Institute for Community Research and the Center for Health, Intervention, and Prevention. At Yale, faculty from five different schools participate in CIRA, including the Yale School of Public Health, Yale School of Medicine, Yale Law School, Yale Graduate School of Arts & Sciences, and Yale School of Nursing.

Connecticut's Local Health Departments

Connecticut's existing healthcare infrastructure is strong. Approximately 95% of the state population is served by a full time local health agency. Connecticut residents can obtain information about their local health department by [visiting the CT DPH website](#).

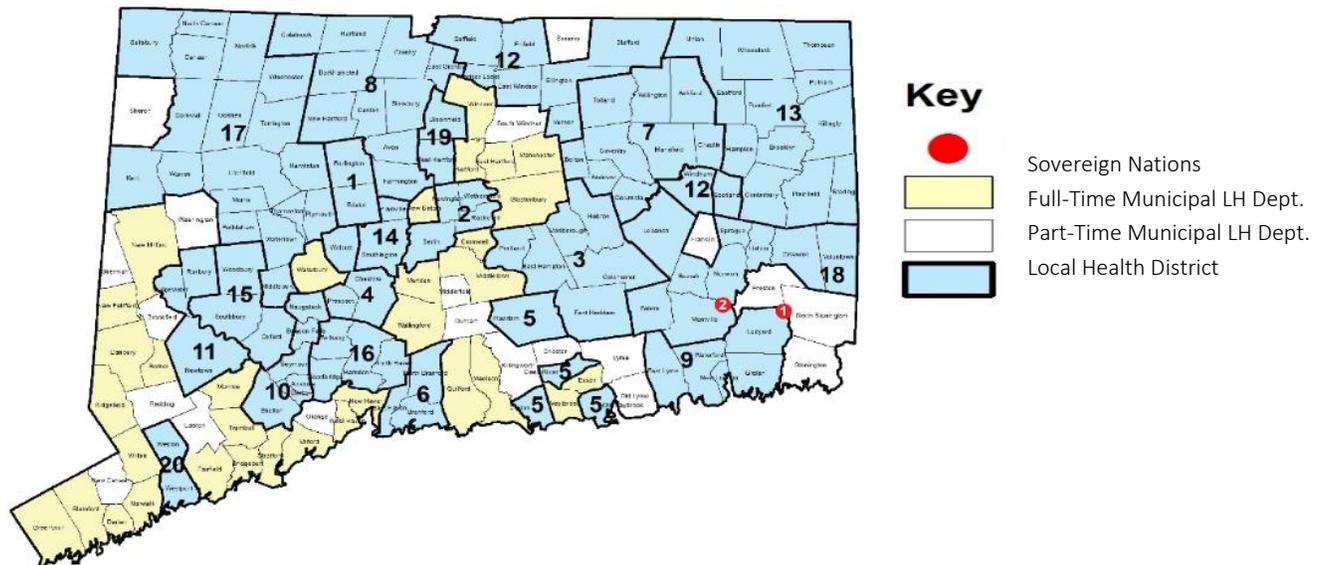
Figure 43. Connecticut's Local Health Departments, 2016

Connecticut's Local Health Departments*	# of Towns	Population (2014 Estimates)	Percentage
Full Time	149	3,416,785	95%
Municipal	33	1,745,141	48%
Districts (20)	116	1,671,644	47%
Part Time	20	179,892	5%
Total	169	3,596,677	100%

*July 2016 data

- Connecticut's local public health infrastructure encompasses a mixture of [municipal health departments](#) and [regional health districts](#) (i.e., local health agencies).
- Connecticut has a [decentralized](#) local public health system: local health agencies are autonomous and under the jurisdiction of the towns/municipality or health district served.
- Currently, Connecticut has [73 local health agencies](#) serving Connecticut's population.
- Of these agencies, [53](#) employ a [full time director of health](#), and [20](#) employ a [part-time director of health](#).

Figure 44. Local Health Departments and Districts, July 2016



Connecticut's HIV Funders Collaborative

In August 2016, Funders Collaborative members agreed to continue meeting in the future to aid the CHPC in planning as well as support continued Plan implementation. Currently a data source convened by and in conjunction with DPH, the Funders Collaborative role will be discussed by the CHPC ad hoc Charter Committee in 2017 and considered for possible CHPC partnership.

The Funders Collaborative identified itself as Lead Implementer in the following Integrated Plan focus areas:

Objective 3.1: Reduce new HIV diagnoses by 25% by 2021 in the following groups: MSM and Black/African-American men and women. [Focus Areas A, B, and C](#)

Objective 3.2: Increase involvement in social justice initiatives and partnerships that reduce viral loads to the point of suppression (obj. 2.2) and reduce health disparities in new diagnoses (obj. 3.1). [Focus Areas B, C](#)

Objective 4.2: Increase capacity of HIV stakeholders and partners to implement the Statewide HIV Plan. [Focus Area B](#)

Figure 45. HIV Funders Collaborative Meetings, 2015-2016

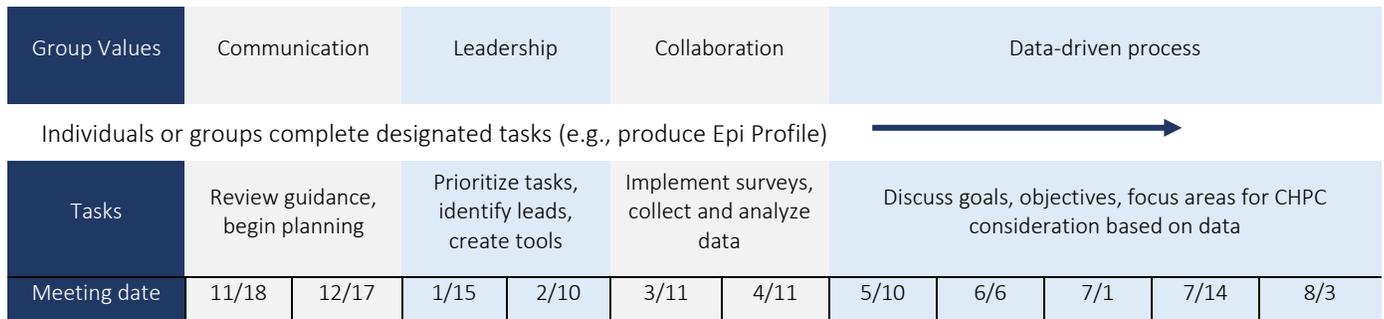
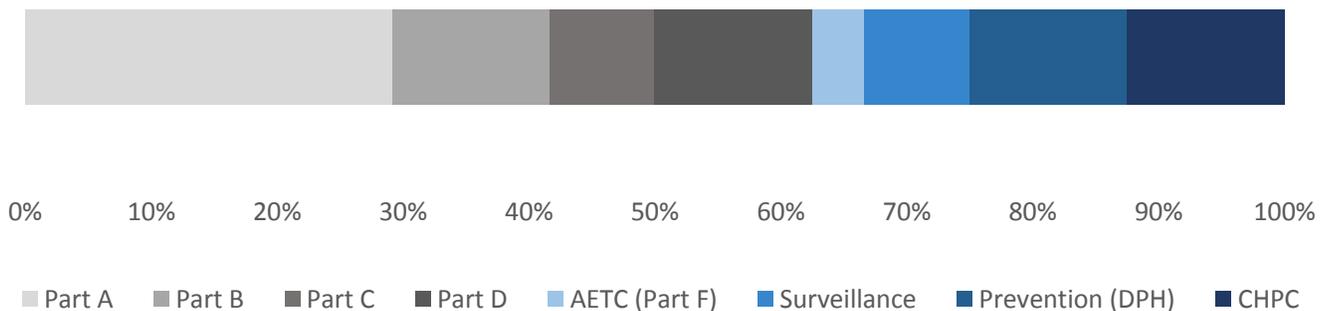


Figure 46. HIV Funders Collaborative Representation, 2015-2016

Note: some individuals represent multiple stakeholders.



CT DPH: Overdose Prevention

Connecticut continues to experience a significant increase in opioid-related deaths (due to both prescription drug misuse and heroin use). Overdose (OD) deaths from opioid drugs have nearly **doubled** in Connecticut from 248 in 2011 to 485 in 2014, according to a 2015 report from Yale’s Center for Interdisciplinary Research on AIDS (CIRA) and AIDS CT. In 2015, opioid overdoses caused **700 deaths** in Connecticut.

DPH – and more specifically, the HIV Prevention Program – is uniquely poised to address the crisis due to its long and successful history of providing service to individuals who inject drugs.

In June 2016, the City of New Haven declared a public health emergency after **15 overdoses** throughout the city were linked to a batch of heroin. **DPH sent 700 doses of Narcan**, a medicine used to reverse overdose effects, to the City to replenish supplies.



Governor Malloy announced the creation of a strategic planning process to guide a response to the opioid crisis. This plan, led by partners at Yale, will be completed in October 2016 and will be presenting during a DPH-sponsored Overdose Prevention Conference.

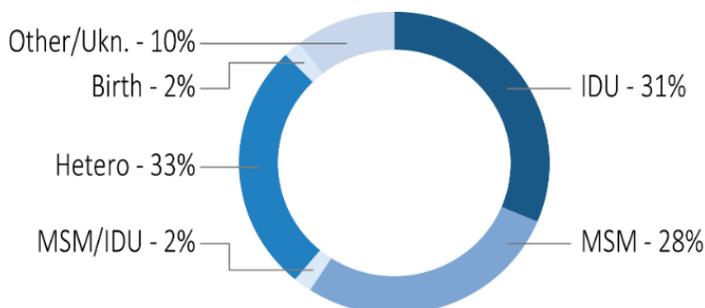
Senator Blumenthal help roundtable discussions across the state with law enforcement officials, first responders, addiction specialists, elected officials and several other related parties. He produced a report called *Opioid Addiction: A Call to Action* which includes a range of recommendations to help solve the crisis.

DPH Drug User Health Program

This program seeks to reduce morbidity and mortality associated with HIV, viral hepatitis, and other blood borne infections contracted via injection drug use. Components include:

- **Syringe Services Programs (SSPs)**, which include provision of clean syringes, Harm Reduction Education, HIV and Hepatitis C testing/screening, and referrals to drug treatment, STD screening, and other ancillary services. Operate in Bridgeport, Hartford, New Haven, and Willimantic.
- **CT Overdose Prevention Education and Naloxone (OPEN) Access CT**, developed to educate and train residents on how to prevent opiate-related overdoses through Naloxone provision and administration. DPH has distributed over 9,000 overdose prevention kits and reversed 60 overdoses since 2014.
- A **Pharmacy Initiative** has expanded access to syringes in the state. DPH implemented an assessment tool and conducted interviews on pharmacy staff knowledge and practice around syringe exchange purchase and possession and OD prevention laws. Almost 800 Pharmacy packets were mailed out in 2015.

Figure 47. HIV Prevalence in Connecticut, Transmission Mode



“[OPEN Access CT] is an important part of the multifaceted response to improve opioid prescribing practices to prevent addiction, expand access to effective treatment for those who are addicted, increase use of naloxone to reverse overdoses.”

- Marianne Buchelli, MPH, MBA, CHES

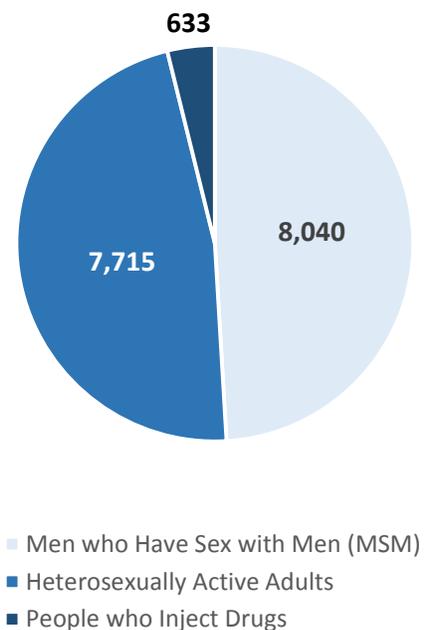
CT DPH: PRE-EXPOSURE PROPHYLAXIS (PrEP)

Pre-Exposure Prophylaxis, also known as PrEP, is a new HIV prevention tool in which people who do not have HIV infection take a [daily pill containing medication](#) to reduce their risk of HIV infection. PrEP has been proven safe and effective in preventing sexual acquisition of HIV (including men who have sex with men (MSM) and heterosexually active men and women). The Centers for Disease Control and Prevention (CDC) is evaluating PrEP's effectiveness in preventing HIV infection among individuals exposed to HIV through drug injection.

While PrEP is a promising and much-needed supplementary prevention method, it is not for everyone. PrEP is an [intensive approach](#) requiring [strict adherence](#) to medication and regular HIV testing, meant to be used in combination with other proven HIV prevention methods. DPH is currently exploring how the characteristics of PrEP users in Connecticut compare to the population at highest risk for HIV infection, or the "PrEP-eligible" population. A sample of clinical PrEP sites are providing DPH with feedback on current PrEP clients. Estimates suggest that Connecticut has as many as 16,388 "candidates" who may be eligible for PrEP based on high risk behaviors ([Figure 48](#)). Please see below for more information on some of Connecticut's statewide PrEP efforts and initiatives.

- CT DPH piloted a program with an intern/PrEP consultant to 1) assess strategies for expanded PrEP uptake and 2) develop DPH capacity to fund/manage PrEP-supportive services.
- DPH hosts a PrEP workgroup, which includes clinical providers, community partners, and PLWH from a range of regions, including areas of the state with no previous PrEP providers (e.g., Torrington, Connecticut).
- PrEP services are now included in all of the Category B funded sites statewide.
- DPH offers a "Putting PrEP into Practice" training module to clinical providers as needed or wanted.
- At the end of the most recent reporting period, 257 patients were enrolled in PrEP programs that report to the state, a number that will increase with PrEP provider expansion.
- The DPH HIV Prevention Program plans to pilot funded PrEP Navigation services at select sites, amending existing contracts for 2017.
- DPH coordinated a day-long overview of "PrEP Navigation" as an intervention to support PrEP initiation and maintenance to funded agencies and has a 3-day workshop scheduled for October 2016.

Figure 48. Estimated Number of PrEP "Candidates" in Connecticut



For more information and a list of local medical PrEP services in Connecticut, [please click here](#).

CT DPH: Planning a Campaign to End HIV

In 2016, CT DPH Commissioner Dr. Raul Pino launched an effort to develop a [statewide campaign to end HIV in Connecticut](#). The CDC has declared HIV a winnable battle. Thanks to advances in research, a range of highly effective strategies exist to achieve such a victory. [Treatment as Prevention \(TasP\)](#) and [Pre-exposure prophylaxis \(PrEP\)](#) are just two tools that, when implemented within comprehensive HIV care and prevention programs, significantly reduce new HIV infections and improve health outcomes for PLWH and partners.

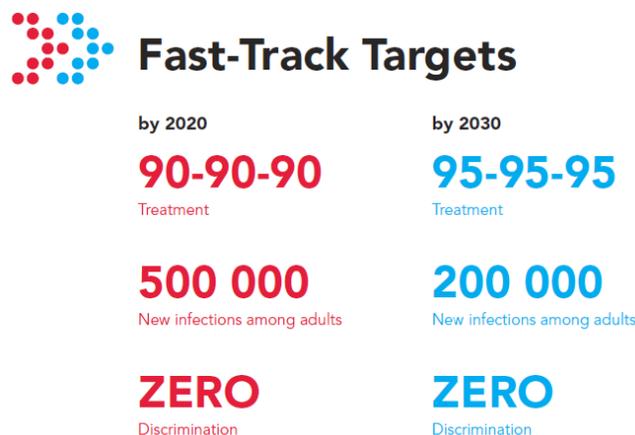
The Connecticut Department of Public Health (DPH) is on the fast track to identifying a Taskforce responsible for developing a Statewide Plan to End HIV by 2030. State and local health department heads have begun discussing future plans which include engaging diverse stakeholder participation, including PLWH, in a targeted Taskforce to launch the initiative. Key to this endeavor are mobilization of community partners and active participation.

The Taskforce will be charged to develop a Plan to End HIV in Connecticut which directly supports statewide attainment of the 90-90-90 Joint United Nations Programme on HIV/AIDS (UNAIDS) [Fast-Track strategy](#) to end the AIDS epidemic by 2030. The UNAIDS Programme was called on in December 2013 to support country- and region-led efforts to establish new targets for HIV treatment scale-up beyond 2015. In response, stakeholder consultations on new targets have been held around the world. At the global level, stakeholders assembled in a variety of thematic consultations focused on civil society, laboratory medicine, pediatric HIV treatment, adolescents and other key issues. Powerful momentum is now building towards a new narrative on HIV treatment and a new, final, ambitious, but achievable target:

- [By 2020, 90% of all PLWH will know their status.](#)
- [By 2020, 90% of all people diagnosed with HIV infection will receive sustained antiretroviral therapy \(ART\).](#)
- [By 2020, 90% of all people receiving ART will have achieved viral suppression.](#)

In addition to CT state and local leaders, the Connecticut HIV/AIDS Information and Referral Task Force (CHAIR), the full CHPC, and the Quality and Performance Measures (QPM) Team of the CHPC Data and Assessment Committee (DAC) have begun discussions around this initiative. The campaign will use the public health model framework and rely on stakeholder engagement. Please see [Figure 49](#) for the UNAIDS campaign’s “big picture,” serving as a guideline and inspiration for Connecticut.

Figure 49. UNAIDS Fast Track Targets¹⁰



¹⁰ UNAIDS Fast-track strategy to end the AIDS epidemic by 2030

D. People Living with HIV (PLWH) and Community Development

CHPC membership composition represents the HIV epidemic in Connecticut; please refer to page 9 or the Appendix for more details. By engaging the voices of PLWH, the CHPC maintains clear sight on the group's charge: to create a coordinated system reducing the rate of new infections, and connecting PLWH to appropriate services. The CHPC values PLWH input at full meetings and on the committee level as an indispensable planning resource.

At the May 18, 2016 meeting, the CHPC hosted a "Persons Living with HIV Panel" (see [Figure 50](#)) and three individuals shared their experiences in certain priority areas: 1) [Aging with HIV](#), 2) [Stable Housing](#), and 3) [Employment](#). These topics were selected intentionally to gain more insight into priorities for the Plan. The panelists shared their stories and participated in a question-and-answer session with the audience.

Figure 50. CHPC Hosts a PLWH Panel on Employment, Housing & Aging with HIV



The CHPC offers a [mentoring program](#) and provides training opportunities for CHPC members on a multitude of topics. Past examples include topics such as gender identification and leadership development. CHPC members actively participate on committees and contribute significantly on critical tasks such as developing content for the newsletter. Increasingly, more opportunities for PLWH to engage in training emerge as a result of HIV funders' commitment to more actively involve consumers.

Training of Consumers on Quality Plus Team

Greetings everyone, Peta-Gaye Nembhard, André L. McGuire and Alice Ferguson Connecticut Training of Consumers on Quality Plus Team (CT TCQ Plus Team) attended a National Quality Center (NQC) Training in June. This training was meant to assist PLWHA to more fully participate in the Quality Improvement programs of our states planning bodies. As part of this commitment, we are inviting you to attend a one day training scheduled for September 28, 2016 in which we seek to increase the number of PLWHA that actively participate in local quality management committees or regional quality improvement activities.

Excerpt from invitation letter dated August 1, 2016 authored by the CT TCQ Plus Team members*
(*one of whom serves as CHPC co-chair)

The Plan calls for a commitment to implement [evidence-based strategies that involve a peer-driven component](#) or [involve peer-driven staff](#) as well as to [develop a career pathway](#) that allows PLWH to build [workforce competencies](#) and to increase the diversity and cultural and linguistic capacity of the HIV prevention and care workforce.



SECTION III

MONITORING AND IMPROVEMENT

Who is involved in monitoring processes?

- ◆ *DPH, CHPC Committees, and CHPC co-chairs, among other parties*

What components are monitored annually?

- ◆ *Measurable objectives (CHPC performance indicators, Statewide Health Improvement Plan HIV indicators)*
- ◆ *Plan content (e.g., service descriptions, resources, initiatives)*
- ◆ *Epidemiological data*

How does DPH monitor planning and aspects of Plan implementation?

- ◆ *DPH is the lead agency for coordination of HIV prevention and care resources*
- ◆ *Six (6) programs within the TB, HIV, STD and Viral Hepatitis Section fall under the direct supervision of the TB, HIV, STD and Viral Hepatitis Section Chief.*

SECTION III. MONITORING AND IMPROVEMENT

A. Process to Update Planning Bodies and Stakeholders

The DPH and CHPC review and update the Plan on an annual basis. The SMART objectives, indicators and other program measures create a platform to assess progress (see section B on page 80).

Committees review data sets and coordinate any additional studies. For example, the Quality and Performance Measures Team will focus on quality improvement processes and the Needs Assessment Projects Team will continue to pursue more in-depth studies related to PLWH out-of-care or more specifically, those out-of-care who are not virally suppressed.

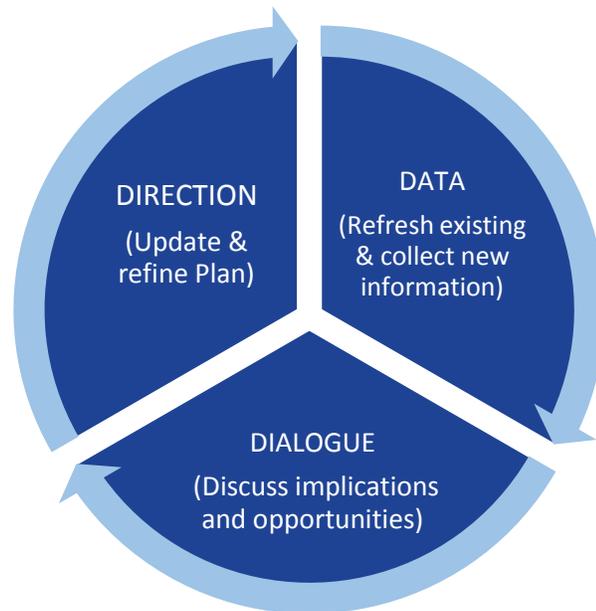
The CHPC will review and refine its structure during 2017 to support Plan implementation with an emphasis on areas related to communication and supporting evidenced-based practices (including peer-driven strategies).

The HIV Funders Collaborative will assist in ongoing data collection to better understand HIV prevention and care workforce competencies.

The CHPC leadership team will develop and update a tracking tool specific to monitoring Plan implementation. The CHPC will review progress and refine the Plan annually.

In its commitment to transparency, parity, and communication, the CHPC emphasizes sharing data – both existing data in support of this document as well as those collected and refreshed in future years – with its diverse community stakeholders. Community-level sharing is a vital component to Connecticut’s statewide planning process.

Figure 51. CHPC Annual Process to Review & Update Plan



B. Plan to Monitor and Evaluate Plan Implementation

Each objective was selected by Connecticut’s planning leaders from either the [existing CHPC indicators](#) or the [existing DPH Statewide Health Improvement Plan \(SHIP\) 2020 HIV indicators](#) to ensure statewide alignment on priority measures. All indicators representing Plan objectives are tracked consistently and refreshed annually.

The [Epidemiological Profile](#) data serves as a comprehensive resource with DPH epidemiologists refreshing the data annually and posting the data tables online.

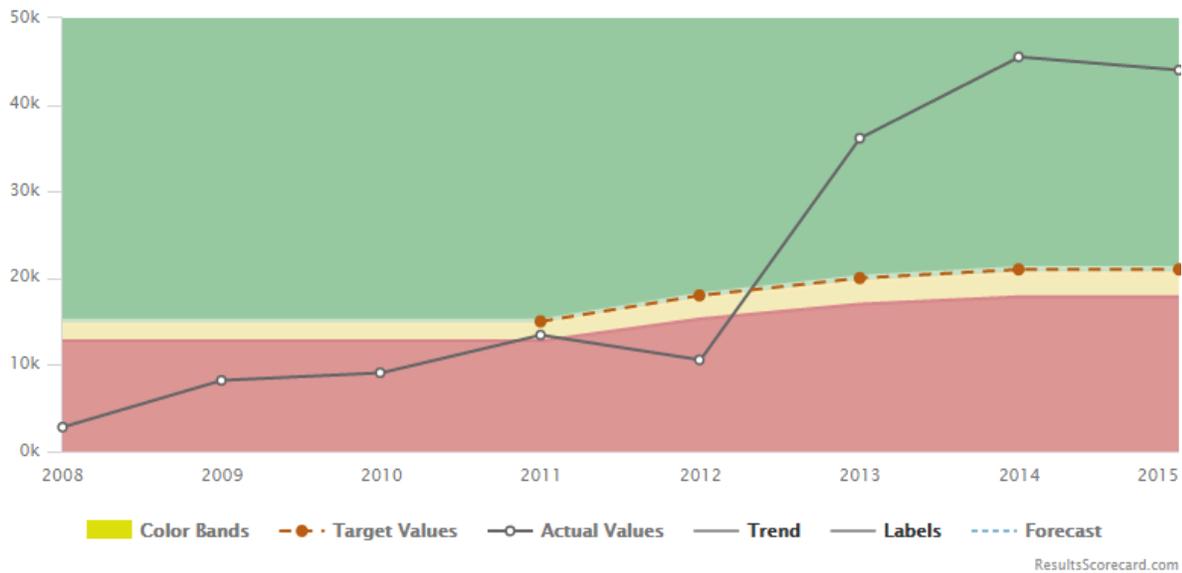
The CHPC and DPH have [identified 11 performance indicators](#) (page 7) to measure progress towards Plan goals. The appendix contains a description of each indicator and the measurements. The CHPC Quality and Performance Measures Team developed these indicators over a three-year period and continues to revise and update them annually. The group will continue to develop indicators relevant to prevention work.

Several Plan objectives reference the [State Health Innovation Plan \(SHIP\) HIV indicators](#), monitored by DPH. The CHPC and other relevant groups will receive updates on all Plan indicators throughout the monitoring process. These indicators can be [viewed online](#) via the “Healthy Connecticut 2020 Performance Dashboard.”

The CHPC will rely on these data sets, as well as information from the HIV Funders Collaborative and other stakeholders, to assess the Plan’s implementation status.

Figure 52. Number of HIV Testing Events in Connecticut: Funded Expanding Testing Initiative (ETI) Programs.

Source: Healthy Connecticut 2020 Performance Dashboard



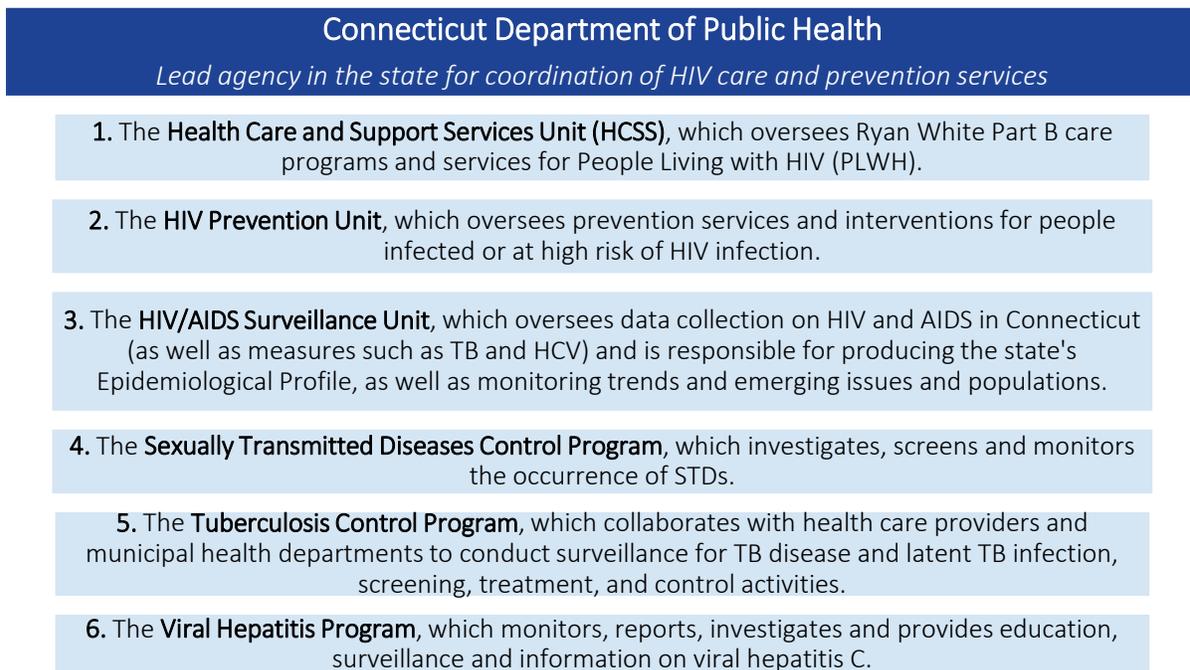
Story Behind the Curve

Between 2008 and 2015, a total of 169,683 HIV tests have been conducted by CT DPH HIV Prevention Program’s funded agencies conducting routine HIV testing in healthcare settings. From 2012 to 2014, a quantum leap occurred in the number of HIV tests conducted due to ETI interventions’ coordinators successfully increasing the number of HIV testing sites within their organizations.

C. Strategy to Utilize Surveillance / Program Data to Assess Health Outcomes

The Connecticut Department of Public Health serves as the lead agency in the state for coordination of HIV care and prevention services addressing the HIV/AIDS epidemic, as well as the control, monitoring and prevention of sexually transmitted diseases (STD), tuberculosis (TB), and viral Hepatitis (B and C). Six programs within the TB, HIV, STD and Viral Hepatitis Section fall under the direct supervision of the TB, HIV, STD and Viral Hepatitis Section Chief.

Figure 53. Relationship to the Connecticut Department of Public Health



This new coordination and linkage of programs positions the Department of Public Health to advance Program Collaboration Service Integration (PCSI), specifically TB, HIV, STD and Hepatitis Programs. The PCSI model addresses interrelated health issues through the development and implementation of integrated planning, service delivery, results-based accountability, quality improvement, and communications, among other factors that facilitate comprehensive delivery of services, promote healthy lifestyles, and improve quality of life and health outcomes. DPH places a priority on training and analytic services that build capacity of statewide, regional and local partners to perform more effectively and achieve their goals and objectives to reduce the transmission and negative impact of HIV/AIDS.

HIV surveillance/ program data will be utilized to identify HIV-positive clients who have been in care (defined as one documented viral load) for 12 months, and then determined to be out of care for longer than the following 12 months. The information is then provided to an EIS or HIV-Disease Intervention Specialist (H-DIS) to identify and work with clients who have fallen out of care. The databases include, but may not be limited to, [eHARS](#), [HARMS< STD*MIS/MAVEN](#) and [Lexis Nexis](#).

HIV surveillance data will also be utilized to identify HIV-positive clients who have not received care 12 months after initial diagnosis. The information is shared with either an EIS or H-DIS. Program data will also be utilized to determine community viral load suppression of HIV clients who are recipients of Ryan White core medical and support services including coordination of services to ensure retention in care. MCMs will review caseloads at least every 3 months to identify potential clients who may be at risk of falling out of care, and will pass this information to the EIS or H-DIS for appropriate follow up.



SECTION IV

SUBMISSION AND REVIEW PROCESS

When did planning occur?

- ◆ *The 2016 planning year formally began in January 2016, but the Plan incorporates work from the past five (5) years.*
- ◆ *Planning meetings occurred throughout the year among DPH staff, CHPC members and leaders, the HIV Funders Collaborative, and others.*

How did the vote occur?

- ◆ *Twenty-four (24) CHPC members voted at their August 17, 2016 business meeting after a review and discussion.*
- ◆ *The Plan was unanimously approved by concurrence.*

What was the approval process?

- ◆ *CHPC leaders implemented a “snapshot view” planning process in which they revealed planning progress to the full CHPC on a monthly basis, thus ensuring familiarity with Plan content.*

SECTION IV. SUBMISSION AND REVIEW PROCESS

The Plan builds upon the foundation of more than five years of integrated prevention and care planning tasks conducted under the auspices of the CHPC, chief among which include the development of statewide performance indicators.

CHPC members and diverse stakeholders including PLWH participated in the 2017 to 2021 Plan development process that began in September 2015 with the review of the National HIV/AIDS Strategy. DPH convened an HIV Funders Collaborative and the group agreed to develop and submit one Integrated HIV Prevention and Care Plan on behalf of several jurisdictions using the CHPC as forum for statewide HIV prevention and care planning. The HIV Funders Collaborative members provided input on several planning parameters (e.g., the type of HIV Care Continuum, scope of the initial workforce survey).

The CHPC and its committees met monthly January through August 2016 with the primary focus on activities related to Plan development. The HIV Funders Collaborative met monthly as well to facilitate access to data and to assist in shaping the focus areas and objectives and aligning activities with resources. The CHPC members began discussing objectives and activities in April 2016; the June meeting included break-out sessions to discuss content relevant to each Goal.



In July 2016, the CHPC members received a full presentation and review of the data relevant to the Plan and a working copy of the Plan goals, objectives, focus areas and priority activities. CHPC members received revisions to the Plan goals and objectives as soon as the document was finalized in early August. CHPC members received a full copy of the Plan to review prior to the CHPC meeting on August 17, 2016.

The CHPC members reviewed and discussed the Plan document at the August 17, 2016 meeting and clarified any outstanding issues. The CHPC held a written vote to approve the Plan with CHPC members able to identify (in writing) any remaining reservations with the Plan. Of 24 total votes, 24 CHPC members voted to approve the Plan, 0 voted to not approve and 0 voted to abstain.

Of the members who voted to approve, [the following concerns or reservations were identified](#):

1. *“Goal 1, Objective 1.2. The number of people being tested should not be 15,000 in 2021 but much higher.”*
2. *“Would like to see socio-economic + social determinants PLWHA. Would like to see available resources + private + public funding. Concerned that the ‘Funders Group’ does not adhere to CT State Statutes (FOI) + Denver Principles + is making decisions that affect the lives of PLWHA. Concerned at disparity between RW Parts.”*

The CHPC co-chairs committed to addressing the reservations. DPH and CHPC staff members completed a final review and copy edit of the Plan, not altering any goals or objectives. The DPH submitted the document and a full set of attachments to federal funders on or before [September 30, 2016](#), including a letter from the CHPC co-chairs and confirmation by the required partners.

LETTER OF CONCURRENCE FROM CHPC CO-CHAIRS

September 30, 2016

Theresa McDarmont, Public Health Advisor
Centers for Disease Control and Prevention
Prevention Program Branch/ Division of HIV/AIDS Prevention
National Center for HIV/AIDS, Viral Hepatitis, STD and TB Prevention

Dear Ms. McDarmont:

Connecticut's HIV prevention and care stakeholders chose the option of preparing and submitting one Integrated HIV Prevention and Care Plan on behalf of several jurisdictions (e.g., the State, the Part A jurisdictions of the State, CDC funded jurisdictions in the State). This letter confirms:

- The inclusion of each HRSA and CDC-funded jurisdiction in the development and submission of this Plan.
- The unanimous approval for *Connecticut's 2017-2021 Integrated HIV Prevention and Care Plan* ("Plan") by the members of the Connecticut HIV Planning Consortium (CHPC).

The Plan aligns with and conforms to the Ryan White HIV/AIDS Program (RWHAP) Comprehensive Plan/SCSN; uses the National HIV/AIDS Strategy (NHAS) 2020 as an organizational framework for goals and objectives; and meets or exceeds the recommendations from the Division of HIV/AIDS Prevention of the Centers for Disease Control and Prevention (CDC) and the HIV/AIDS Bureau of the Health Resources and Services Administration (HRSA) Jurisdictional Plan guidance for years 2017-2021.

The Connecticut HIV Planning Consortium (CHPC) represents Connecticut's statewide integrated prevention and care planning body with a mission to reduce HIV transmission in Connecticut. The CHPC members represent persons living with HIV and AIDS (PLWHA) as well as community-based healthcare, human services and HIV service organizations; administrators from Ryan White Parts A, B, C, D, and F; and government agencies, among others. The CHPC, in partnership with the Connecticut Department of Public Health (DPH), develops (and updates) the Plan, and uses the planning process to facilitate collaboration and coordination across diverse stakeholders – including PLWHA.¹¹

The CHPC's integrated prevention and care planning process features three (3) CHPC committees each containing a core group of CHPC members, stakeholders, resource partners, and staff (including those from the Connecticut Department of Public Health TB, HIV, STD & Viral Hepatitis Program). These committees host discussions by inviting a range of perspectives and experiences to the table. The full CHPC conducts presentations and discussions on other topics related to the epidemic on state and national levels, thus identifying priorities and driving plan development through dialogue.

Connecticut's Integrated HIV Prevention and Care Plan 2017-2021 was driven by quantitative data, including epidemiological data through 2015, statewide indicator data, and survey results; and qualitative data, including dialogue on local and state levels, written survey responses, and PLWHA input. The goals, objectives, and activities were established with the intent to: a) align the Plan with the NHAS 2020; and b) best address people at all stages of the HIV/AIDS care continuum (diagnosis, linkage to care, and viral suppression) as well as those at high risk for HIV infection. The Plan includes a statewide coordinated statement of need/needs assessment; the integrated prevention

¹¹ CHPC encourages public participation. Public participants of the CHPC do not vote on plans or plan updates. Public participants represent a range of diverse stakeholders with invaluable impact on the process.

IV. Submission and Review Process

and care plan including goals, objectives, and activities; the monitoring and improvement process; and the submission and review process.

The CHPC members voted on the document via written ballot at their August 17, 2016 business meeting. Of the twenty-four (24) members in attendance, twenty-two (22) members voted for concurrence without reservations and two (2) members voted for concurrence with reservations. The reservations called for additional discussion and potential refinement of the plan in the following areas:

“Goal 1, Objective 1.2. The number of people being tested should not be 15,000 in 2021 but much higher.”

“Would like to see socio-economic + social determinants PLWHA.”

“Would like to see available resources + private + public funding. Concerned that the ‘Fundors Group’ does not adhere to CT State Statutes (FOI) + Denver Principles + is making decisions that affect the lives of PLWHA. Concerned at disparity between RW Parts.”

CHPC co-chairs acknowledge these reservations and confirm that each of these will be addressed during plan implementation. For example, the Plan calls for a higher level of engagement and data from non-public partners (e.g., insurance companies). A higher level of stakeholder engagement from non-public funding partners represent critical first steps to addressing the first two reservations. The CHPC will review its organizational structure during the first part of the 2017 planning year and make adjustments necessary to support implementation. This will include clarifying the roles and responsibilities of the advisory group of funders convened by DPH to facilitate data sharing and systems level discussions relevant to the planning process.

The CHPC concurrence vote results confirmed that the Plan accurately described: a) the Consortium’s integrated HIV prevention and care planning process; and b) the goals, objectives, and activities established to reduce the impact for Connecticut residents infected with or affected by HIV, as well as to address those at high risk for HIV infection. The unanimous approval reflects the involvement and investment of CHPC members and stakeholders in the plan development process, the transparency and inclusiveness of the plan development process, the effective use of qualitative and quantitative data sets to drive planning, and the Plan review and discussion process (including committee meetings, planning body discussions, and mentoring sessions to assist new CHPC members).

The CHPC and its stakeholders will continue to update the plan in several ways including refreshing data sets, sharing emerging information about activities, and adjusting measures as the HIV service delivery system evolves. The CHPC emphasizes reader accessibility through straightforward language and clear infographics, and will remain committed to this format per each update. Plan updates will occur on an annual basis.

Please contact us directly to answer any questions about the Plan document or Connecticut’s statewide integrated HIV prevention and care planning process. We look forward to your feedback on Connecticut’s 2017-2021 Integrated HIV Prevention and Care Plan, and to continuing to update, refine, and improve the plan over the next five (5) years.

Sincerely,



Aurelio Lopez
CHPC Co-Chair
860-547-1771
Alopez@aids-ct.org



Andre McGuire
CHPC Co-Chair
860-305-8580
AndreLMcGuire@aol.com



Gina D'Angelo
CHPC Co-Chair (DPH Liaison)
860-509-8104
Gina.dangelo@ct.gov